

Lookin' Body120

User's Manual

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Visit our website <http://www.e-inbody.com> to view and download further information about the functions of Lookin'Body120, the explanation of results and more. Biospace Co., Ltd reserves the right to modify the appearance, specifications, and etc. of Lookin'Body120 to improve the quality of the product, without prior notice for reasons of performance improvement.

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Lookin'Body120

User's Manual Contents

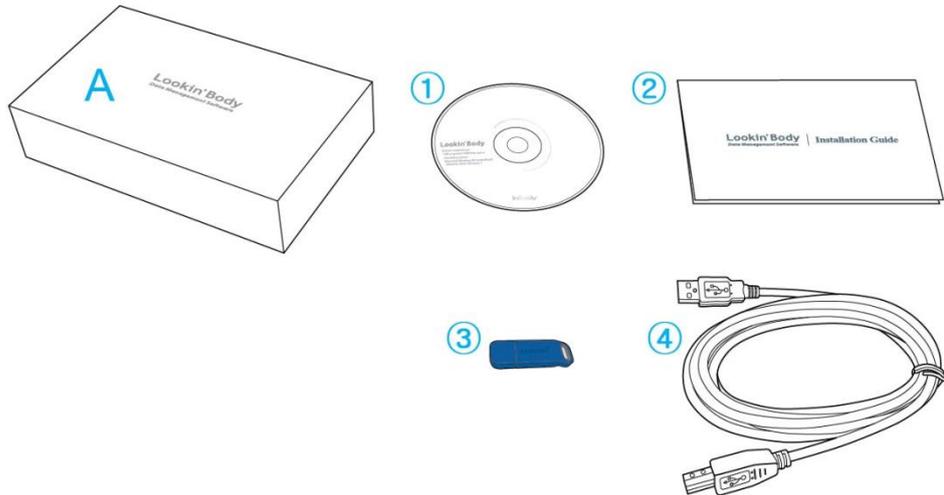
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I. Installation

A. Product Components

Lookin'Body120 consists of the following components. Please make sure all of the following components are present.

* Please inspect each component of Lookin'Body120 for defects prior to installation.



* Lookin'Body120 Box Package (A)

- ① Lookin'Body120 Program Install CD 1 EA
- ② Lookin'Body120 Installation Manual 1 EA
- ③ Hardlock Key 1 EA
- ④ USB cable 1 EA

B. System Requirements

- Operating System: Microsoft Windows XP SP3/ Windows Vista SP1/ Windows 7 (32bit/64bit) / Windows 8 (32bit/64bit)
- Processor: 1.7GHz or faster processor recommended
- Hard Disk: 1GB or greater HDD free space
- Memory: 1GB RAM or greater
- Resolution: 1024 x 768

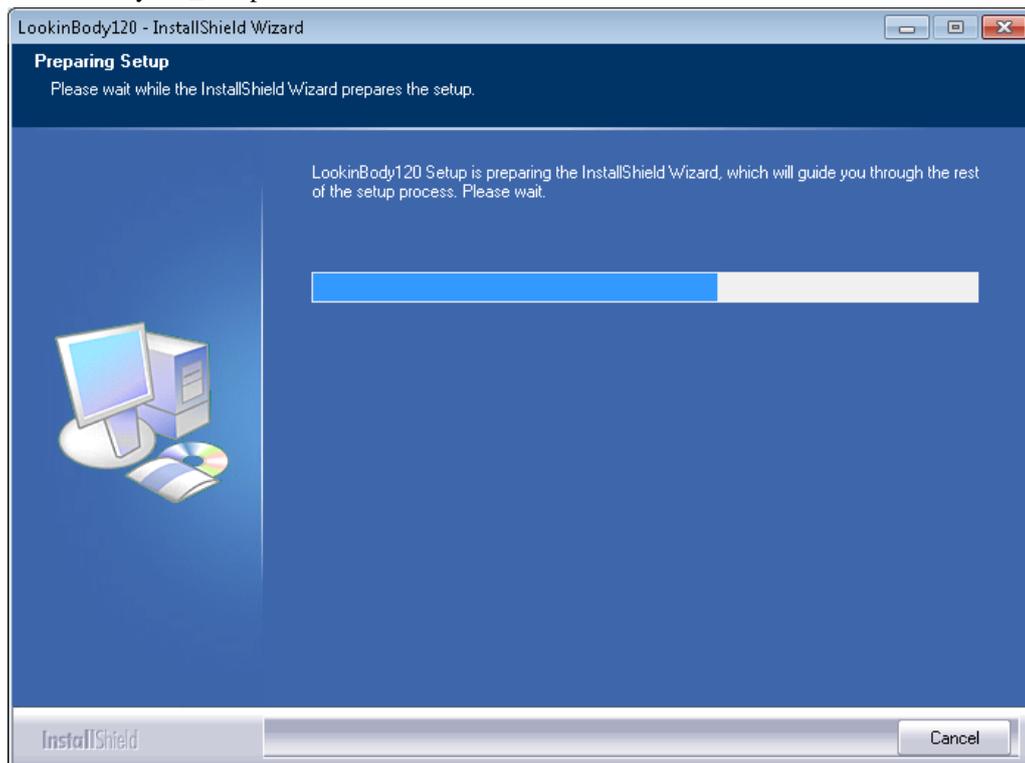
C. Installation Instructions

* The following instructions are based on the Windows 7 operating system. Your screen may look different, depending on which operating system you're using.

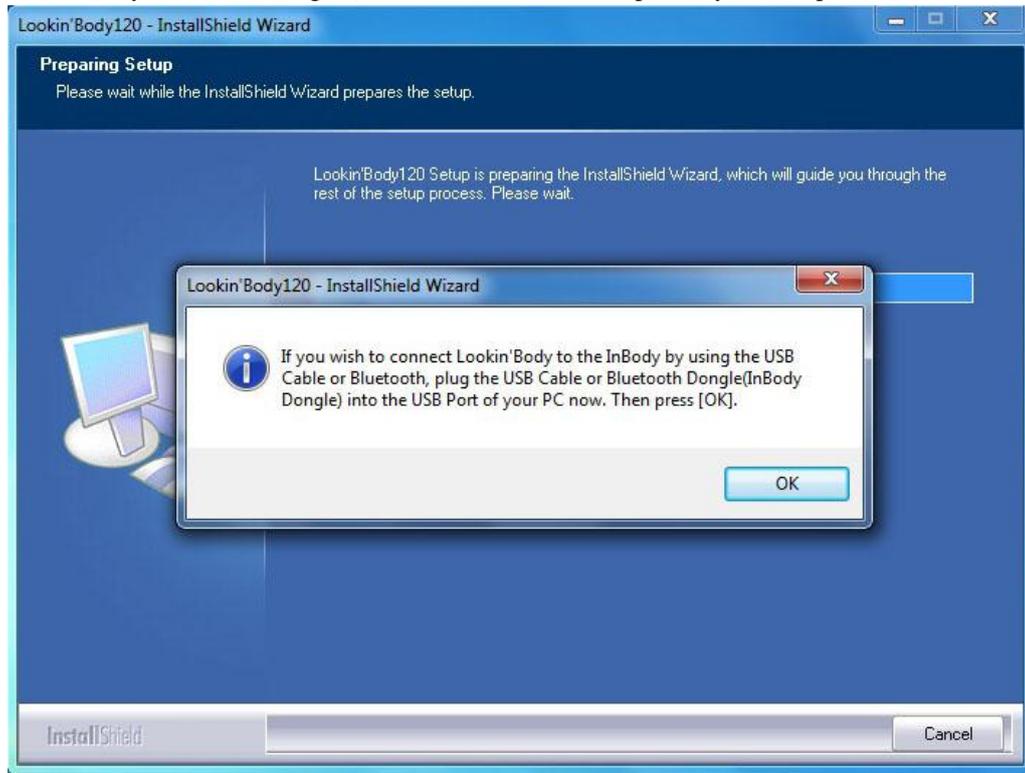
1. Installing Lookin'Body

1) Insert the Lookin'Body120 Install CD(②) and wait for the InstallShield Wizard to begin.

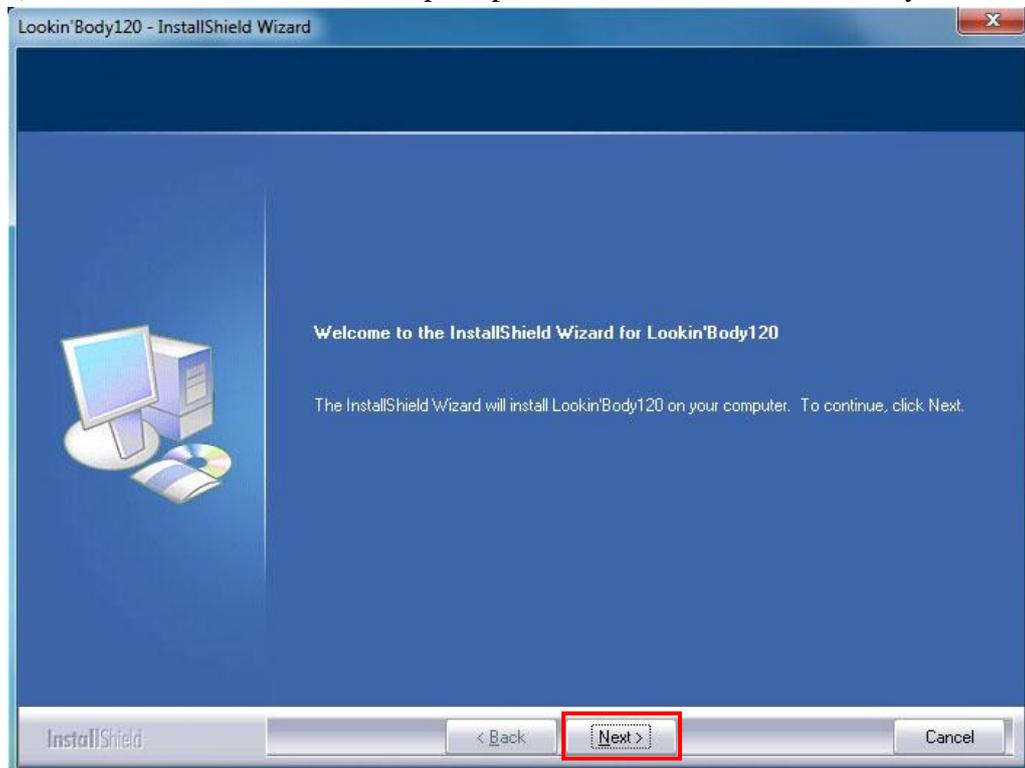
*If the screen below does not appear automatically, click My Computer > CD Drive and run 'Lookin'Body120_Setup.exe' file.



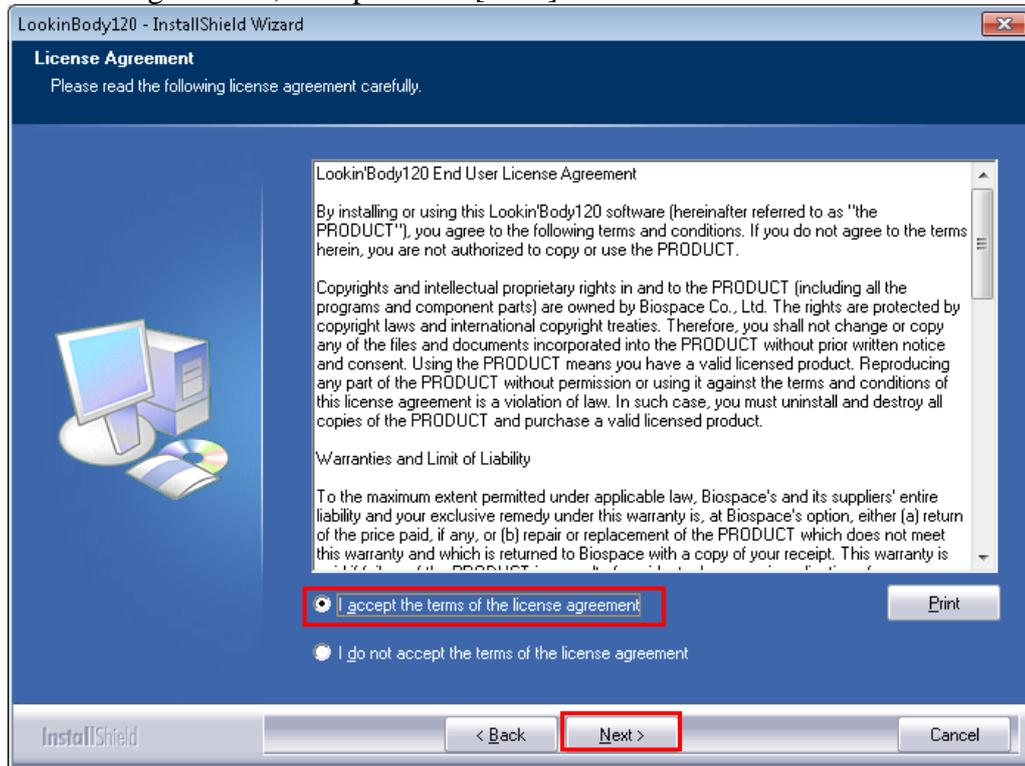
* When connecting Lookin'Body to the InBody via USB cable or Bluetooth, plug the USB cable or Lookin'Body Bluetooth Dongle (InBT-USB) into the USB port of your computer.



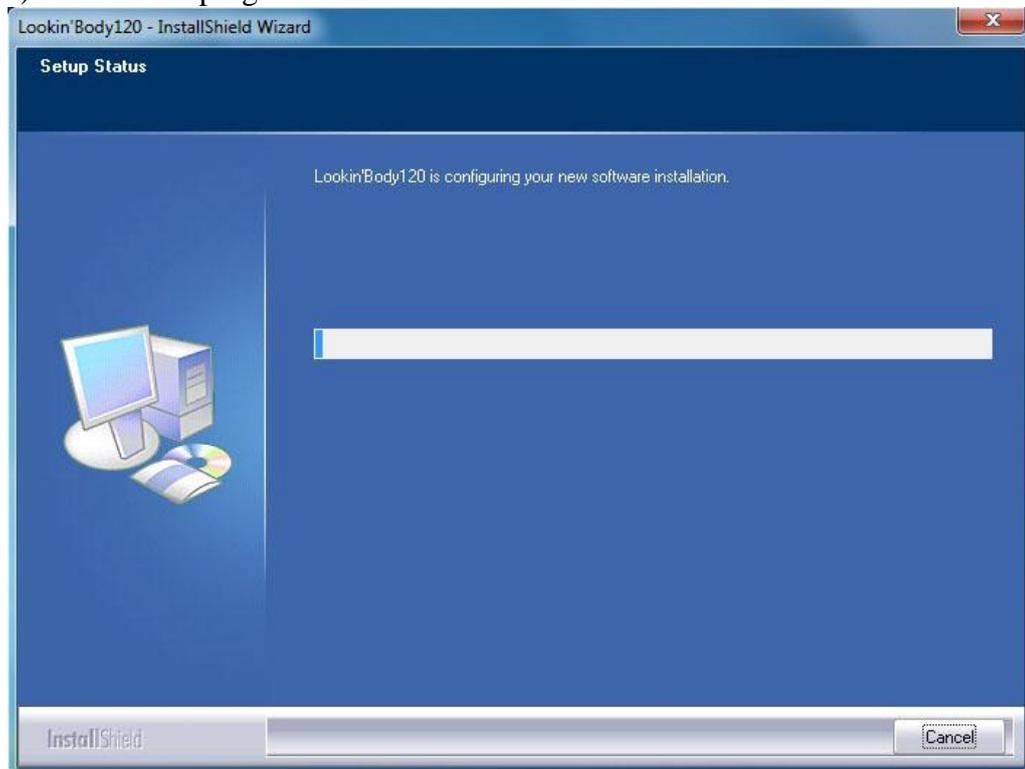
2) Press the [Next] button when prompted. Installation of Lookin'Body120 will begin.



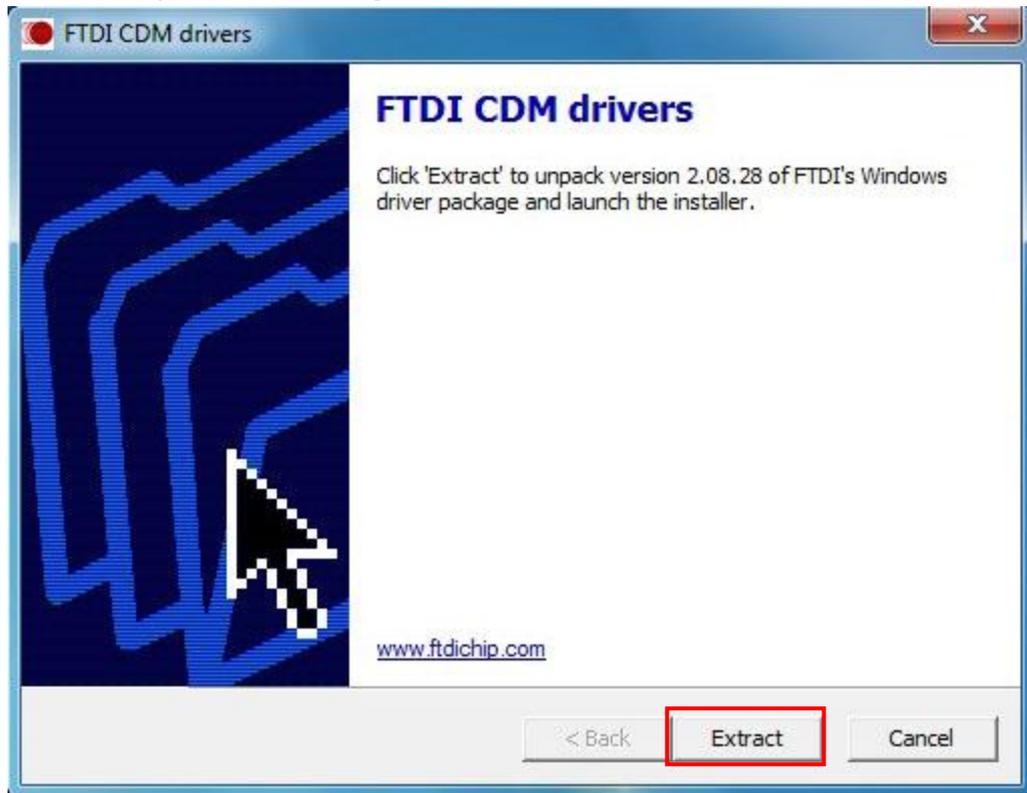
3) After reading and reviewing the license agreement, select 'I accept the terms of the license agreement', then press the [Next] button.



4) Wait for the program to install.



5) When the screen below appears, press the [Extract] button to extract the Lookin'Body Bluetooth Dongle (InBT-USB) installation files.



6) After the installation files are extracted, press the [Next] button to continue with installation.

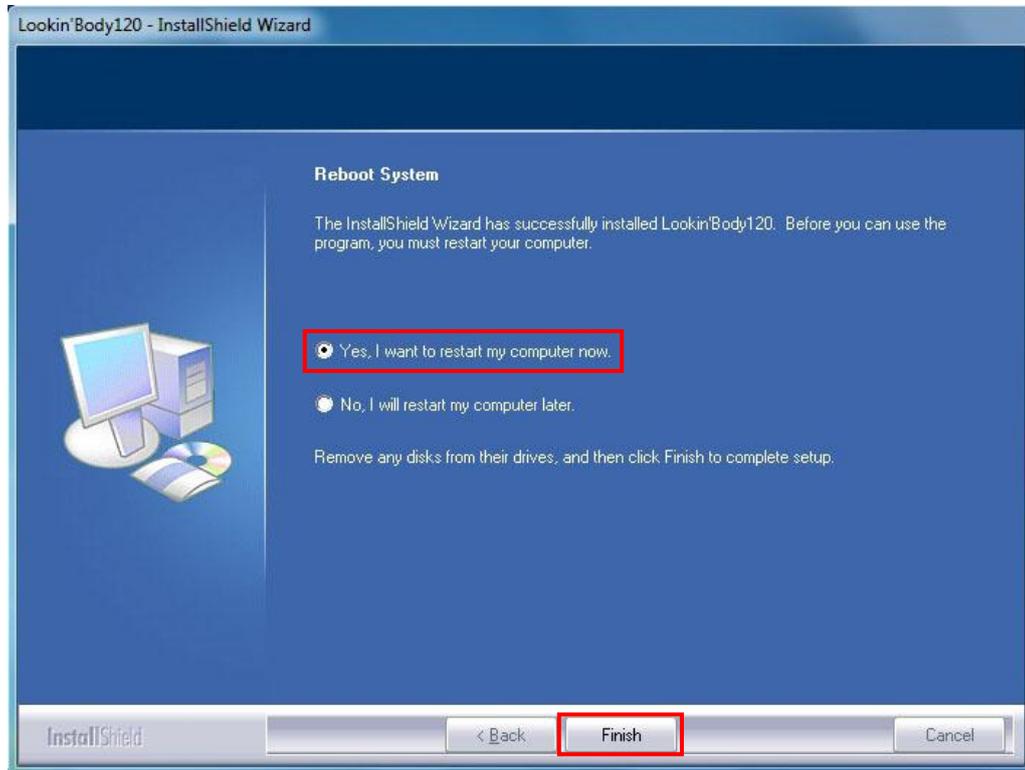


7) Press the [Finish] button to continue.



8) After you install Lookin'Body you will be prompted to restart your computer. Restart your computer to run Lookin'Body properly. Press [Finish] to exit the InstallShield Wizard.

*If you select 'No, I will restart my computer later.', Lookin'Body120 may not run properly.

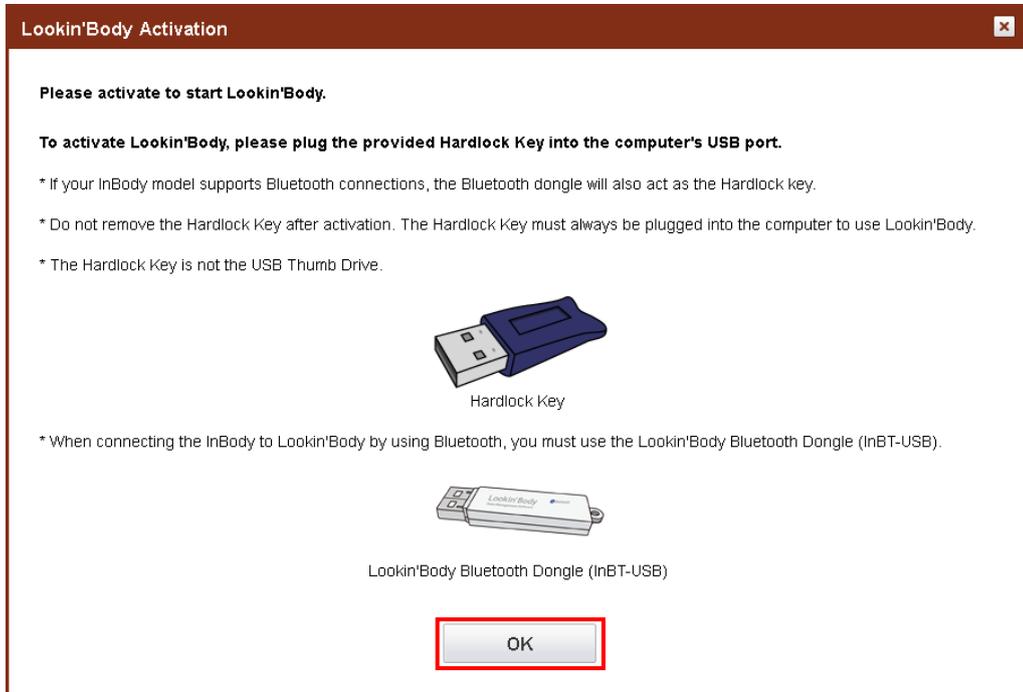


9) After restarting your computer, double click the Lookin'Body120 icon on your Desktop to start Lookin'Body120.

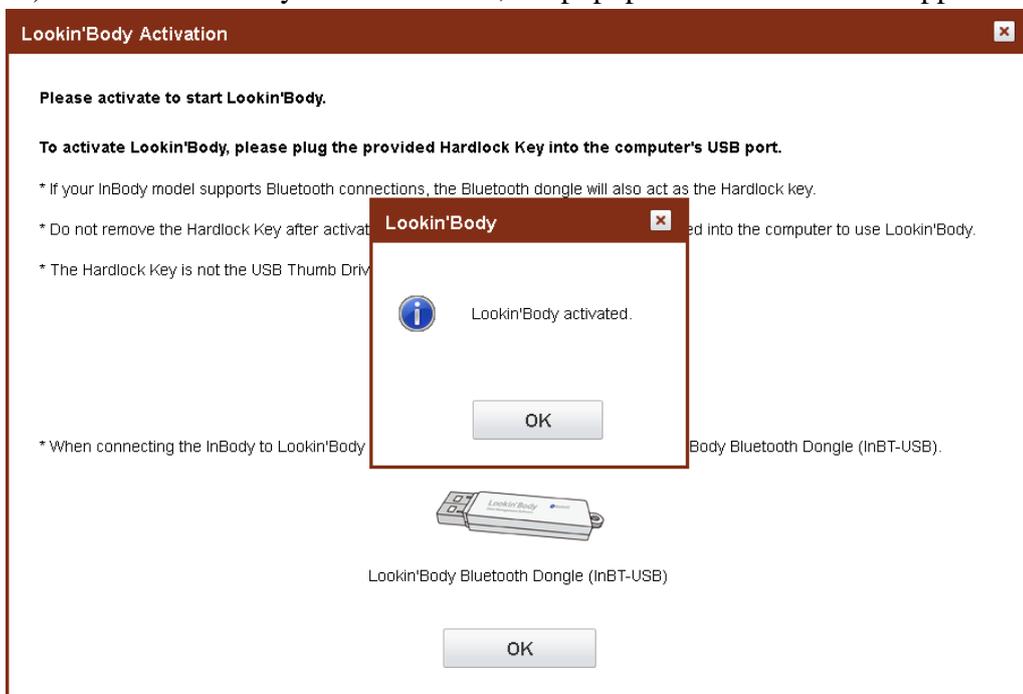


10) When prompted, plug the Hardlock Key(③) from the Lookin'Body120 Box into a USB port on your computer. Then press the [OK] button.

*If your InBody model supports Bluetooth connections, the supplied Bluetooth dongle will also act as the Hardlock key.



11) Once Lookin'Body120 is activated, the popup window below will appear.



12) After activating Lookin'Body120, select country, language, unit, and date format, then press the [OK] button.

Welcome

Welcome

Before starting, select the following.

Select country.

UK

Select language.

English

Select unit.

kg/cm lbs/ft.in.

Select date format.

Year.Month.Day. Month.Day.Year. Day.Month.Year.

OK

13) Select the InBody model to connect to Lookin'Body120.

Connect to the InBody

Connect to the InBody and administer the InBody Test through Lookin'Body.

1. Select the InBody model.

Select

Previous Next

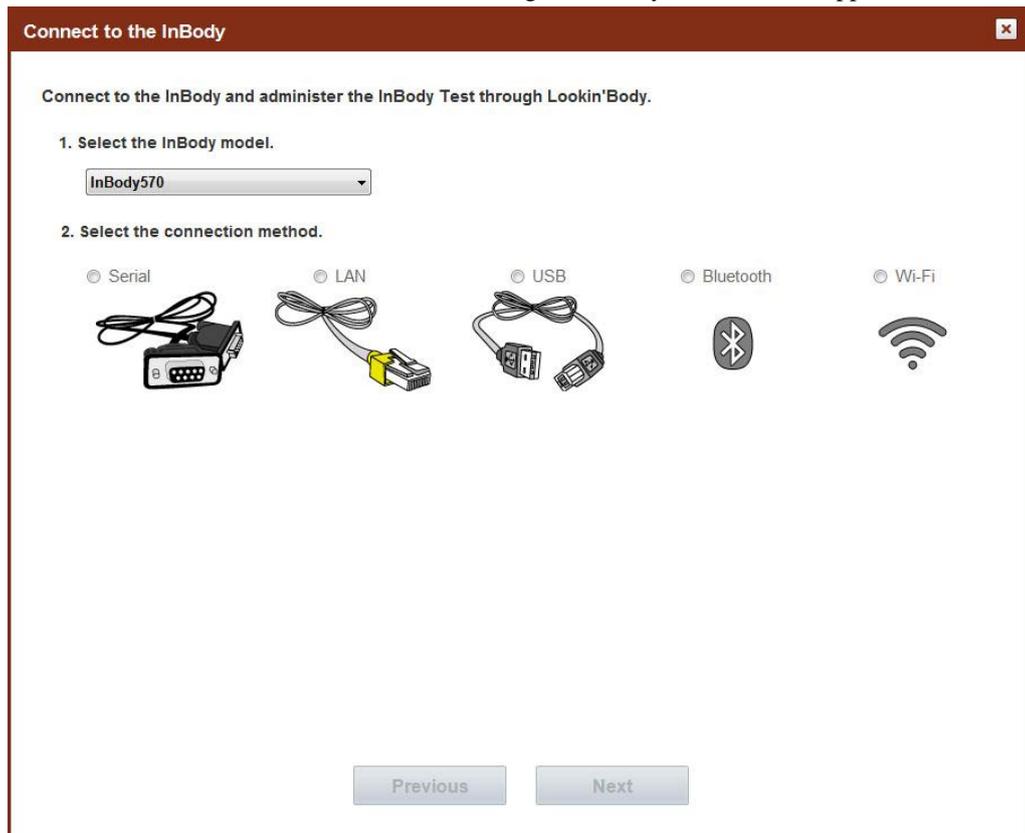
2. Connecting to an InBody

* The following instructions are based on the USB cable connection method. Your screen may look different, depending on which connection method you're using.

1) Connection methods vary according to the selected InBody model. Select a connection method to continue.

*To use Lookin'Body120 without connecting it to the InBody, press the [X] button on the top right corner.

* For more detailed information about connecting the InBody, check the 'V. Appendix' of this manual.



2) Check the list under the instruction #3, then press the [Next] button.

Connect to the InBody ✕

Connect to the InBody and administer the InBody Test through Lookin'Body.

1. Select the InBody model.

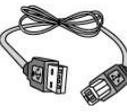
2. Select the connection method.

Serial LAN USB Bluetooth Wi-Fi

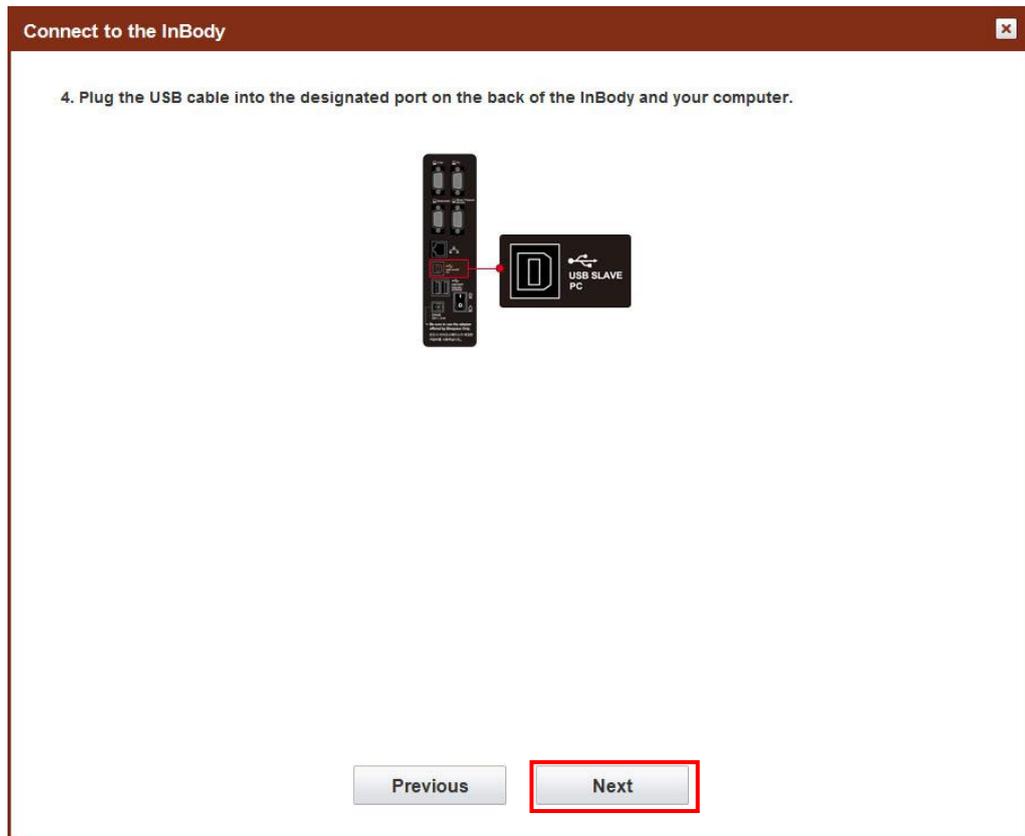
3. Check the following to connect to the InBody using an USB.

- Turn on the InBody.

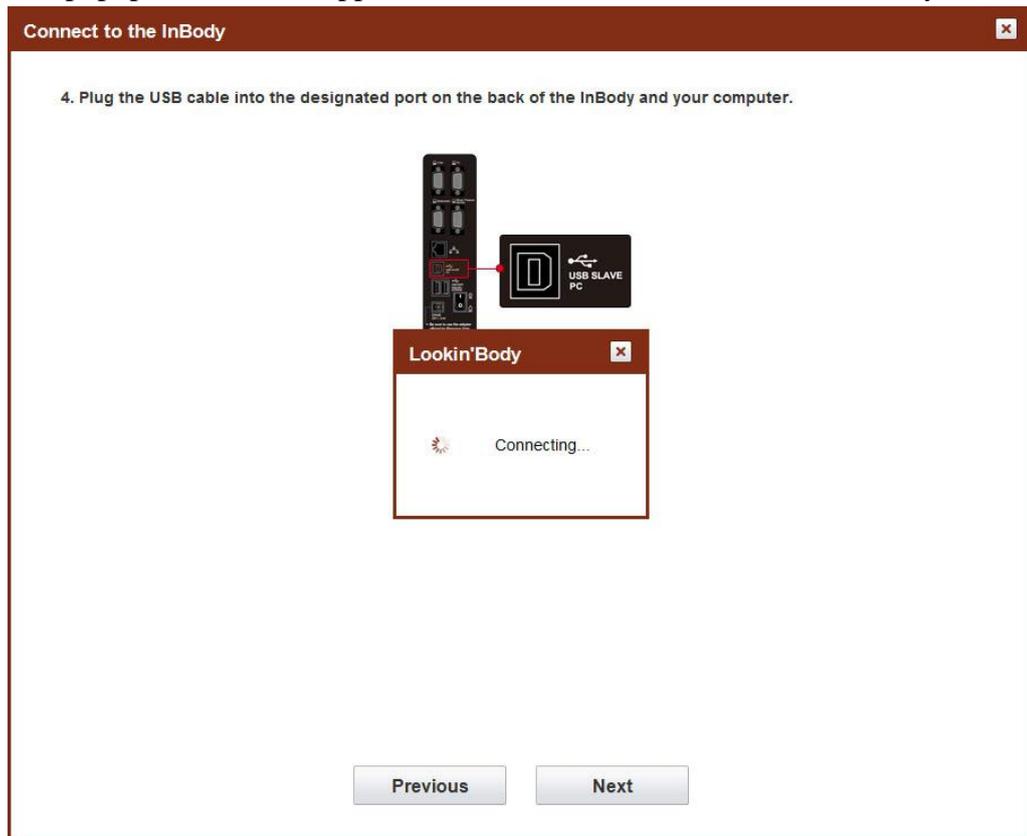


USB Cable

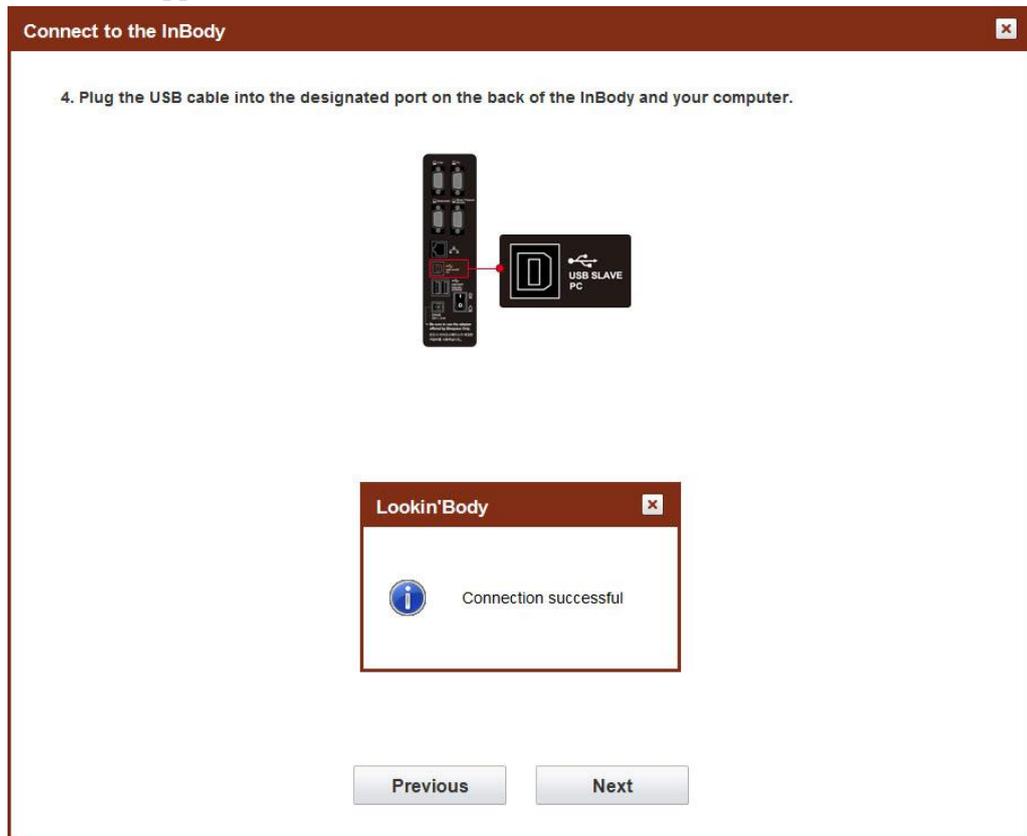
3) Follow the instructions to connect Lookin'Body to an InBody, then press the [Next] button.



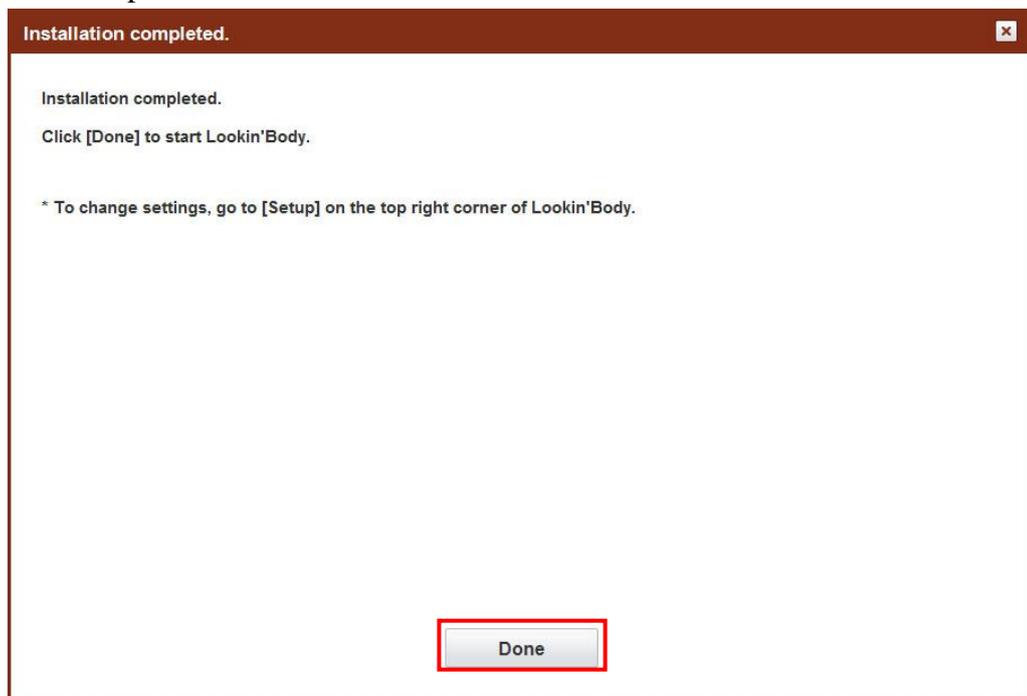
4) A popup window will appear to check the connection with the InBody.



5) When an InBody is connected successfully to Lookin'Body, the popup window below will appear.



6) You have successfully connected an InBody to Lookin'Body. Press the [Done] button to proceed.

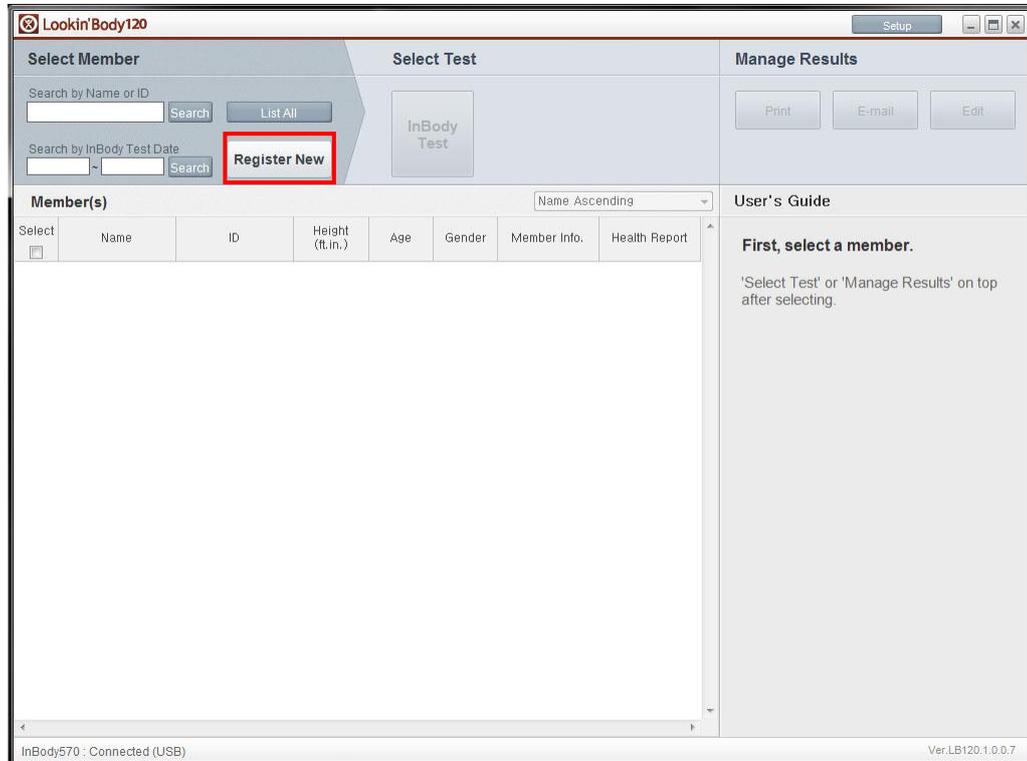


II. Functions

A. Register a New Member

1. Registering a New Member

1) Press the [Register New] button on the top menu.



2) Input all the required information to register a new member.

*ID will be automatically assigned if 'Yes' is selected for 'Auto-assign ID'.

*Optional information is not required to register a new member. To input optional information, press the [Show] button.

The screenshot shows a web application window titled "Register New". The form is divided into two main sections: "Required" and "Optional".

Required Section:

- Name:** A text input field.
- ID:** A text input field containing "130926-1". To its right is a checkmark icon and the text "* Auto-assign ID?". Below this are two radio buttons: "Yes" (selected) and "No". A note below reads: "* Lowercase alphabets and numbers only (1-14 characters)".
- Height:** Two input fields labeled "feet" and "inch".
- Gender:** Two radio buttons: "Male" (selected) and "Female".
- Date of Birth:** Three input fields labeled "Mo.", "Day", and "Yr.". A note below reads: "* For children under 18, input date of birth to determine the exact age..".
- Age:** A text input field.

Optional Section:

The "Optional" section is currently empty, with a "Show" button located at the bottom right of the section.

Footer:

At the bottom of the form, there is a checkbox labeled "Start the InBody Test immediately after registration." which is checked. To its right is a "Register" button.

3) Press the [Register] button. The member will be registered.

*If 'Start the InBody Test immediately after registration.' on the bottom left is selected, it will directly move to the InBody Test menu after registering a member.

*Press the [Print Form] button to print a registration form that allows members to write down their information.

Register New Print Form

Required

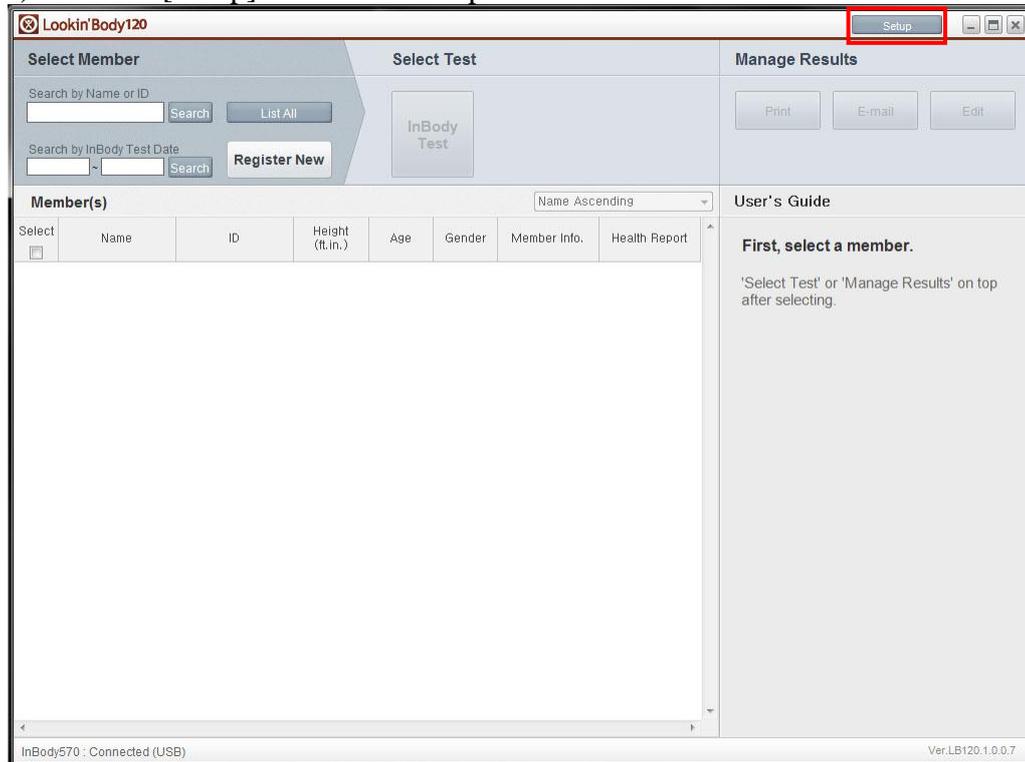
Name	David K. Lee		
ID	130805-1	<input checked="" type="checkbox"/> * Auto-assign ID?	<input checked="" type="radio"/> Yes <input type="radio"/> No
<small>* Lowercase alphabets and numbers only (4-14 characters)</small>			
Height	180	cm	
Gender	<input checked="" type="radio"/> Male <input type="radio"/> Female		
Date of Birth	3	Mo, 10	Day 1987 Yr. <small>* For children under 18, input date of birth to calculate the exact age.</small>
Age	26		

Optional Show

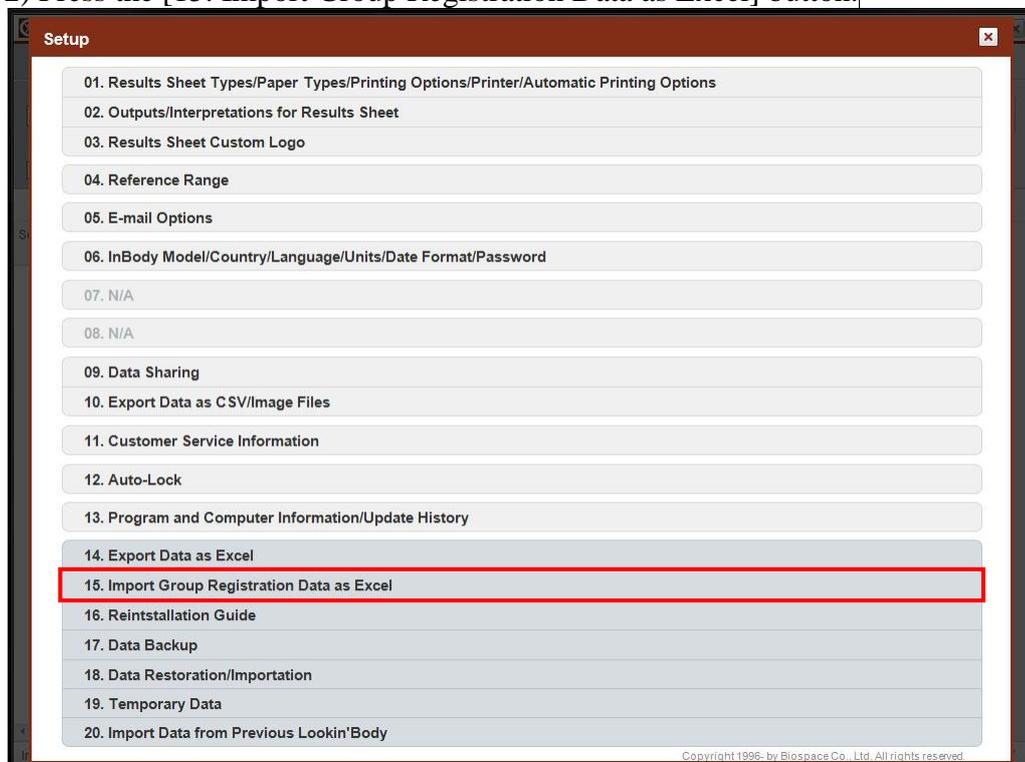
Start the InBody Test immediately after registration. **Register**

2. Register Multiple Members at Once

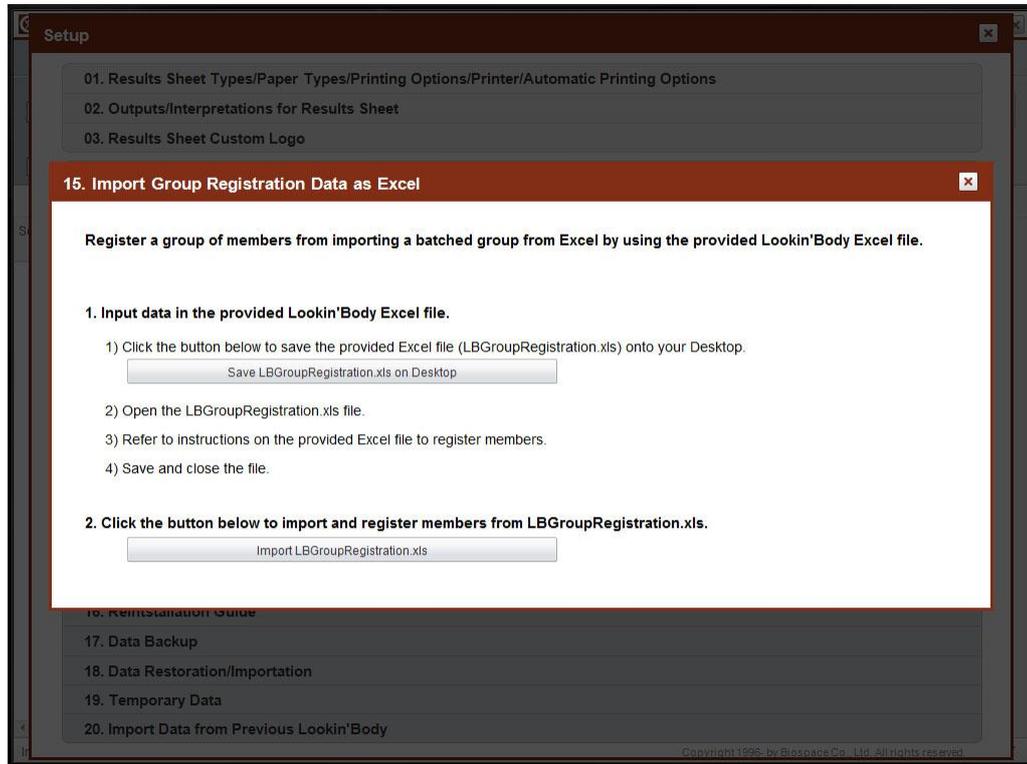
1) Press the [Setup] button on the top menu.



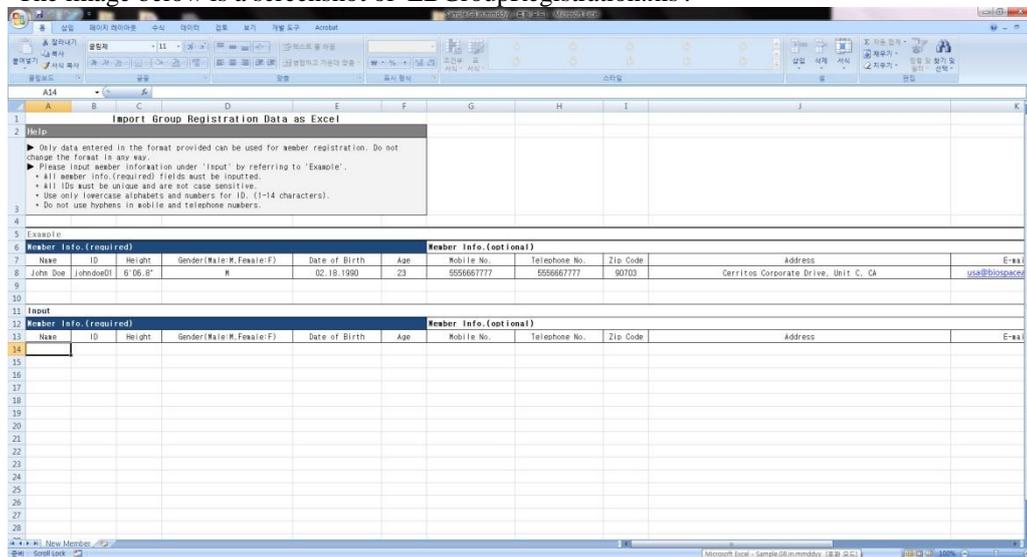
2) Press the [15. Import Group Registration Data as Excel] button.



3) Follow the instructions and enter data into the 'LBGroupRegistration.xls' Excel file.

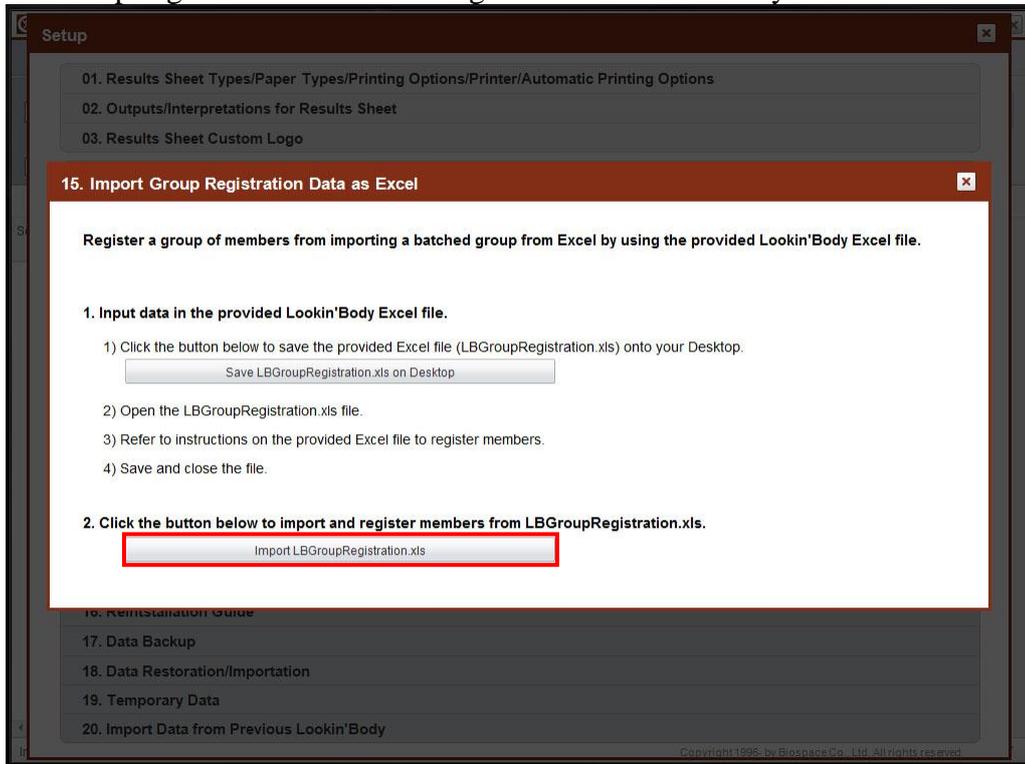


*The image below is a screenshot of 'LBGroupRegistration.xls'.

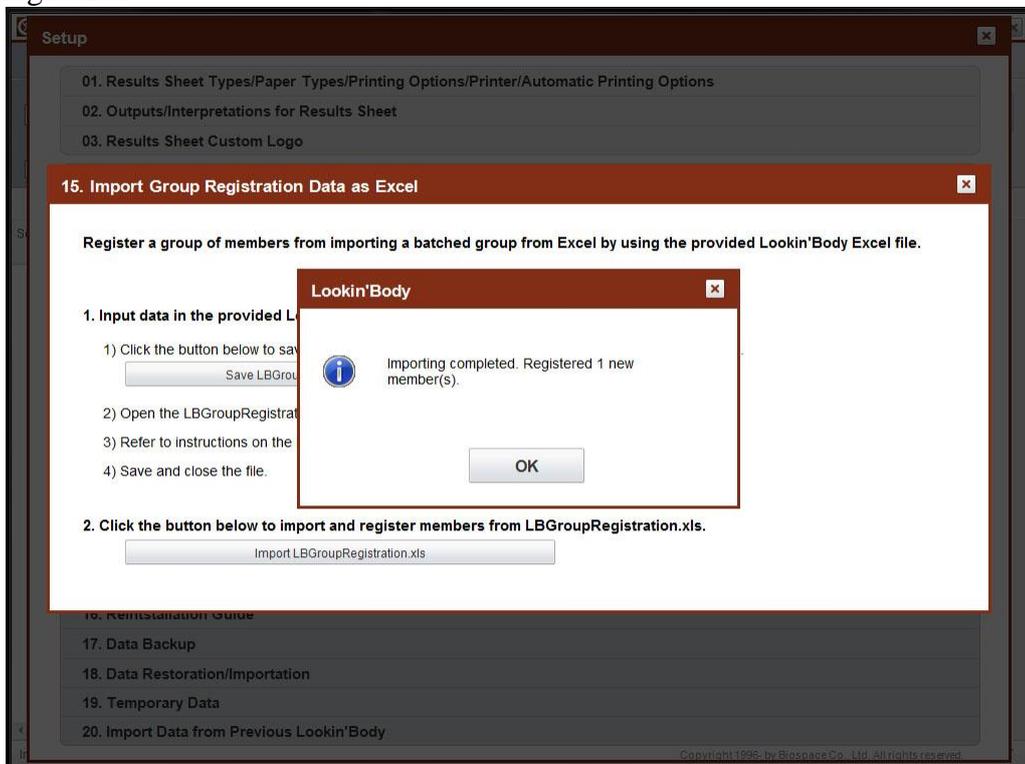


*Lookin'Body120 supports Microsoft Excel 2003 to 2013. 'LBGroupRegistration.xls' may not be compatible with other versions of Excel.

4) Press the [Import LBGGroupRegistration.xls] button. Members on 'LBGroupRegistration.xls' will be registered on Lookin'Body.



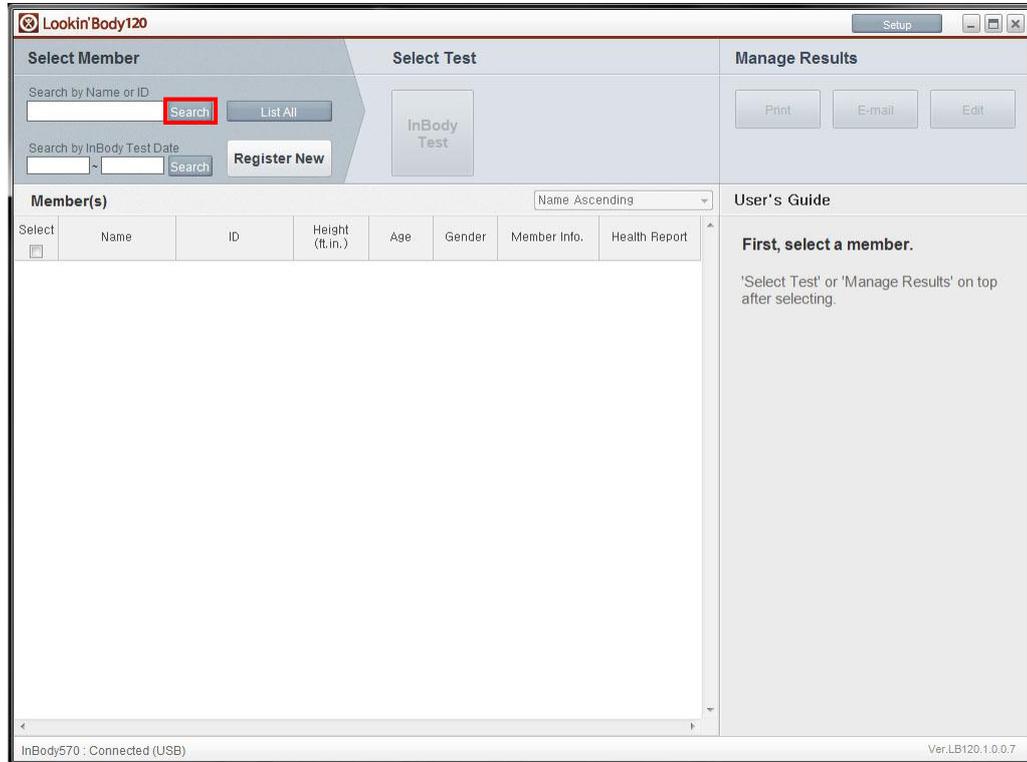
5) The popup window below will appear when all the members are successfully registered.



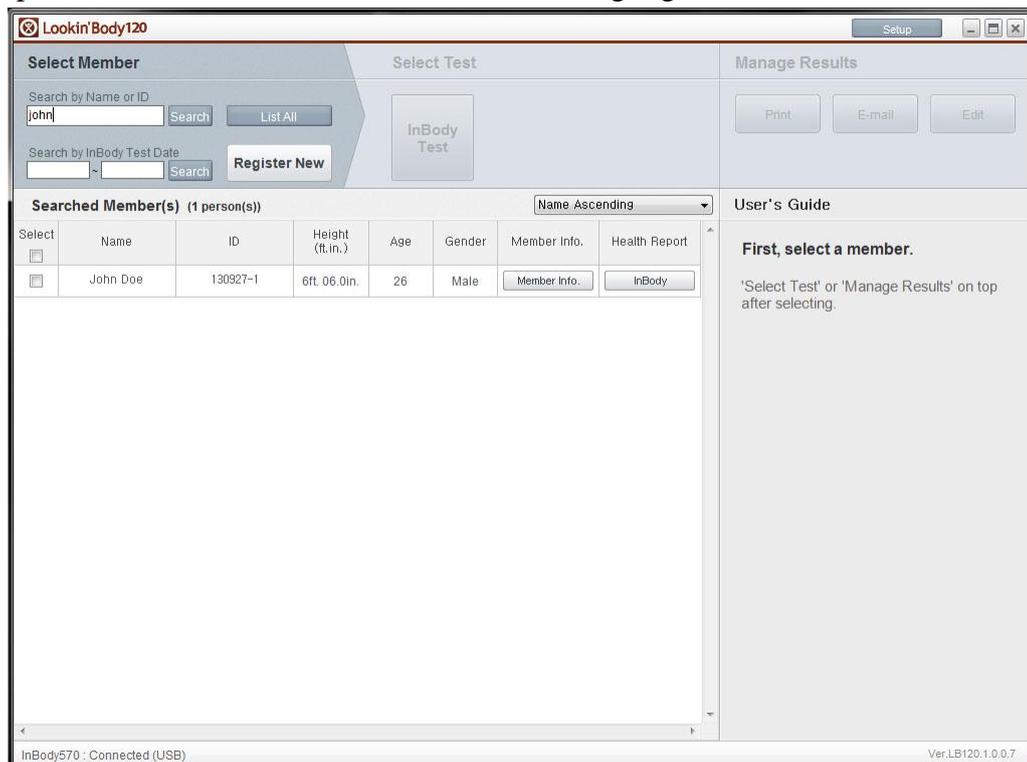
B. Select Member

1. Search by Name or ID

1) Input the name or ID of the member you wish to find. Then press the [Search] button.

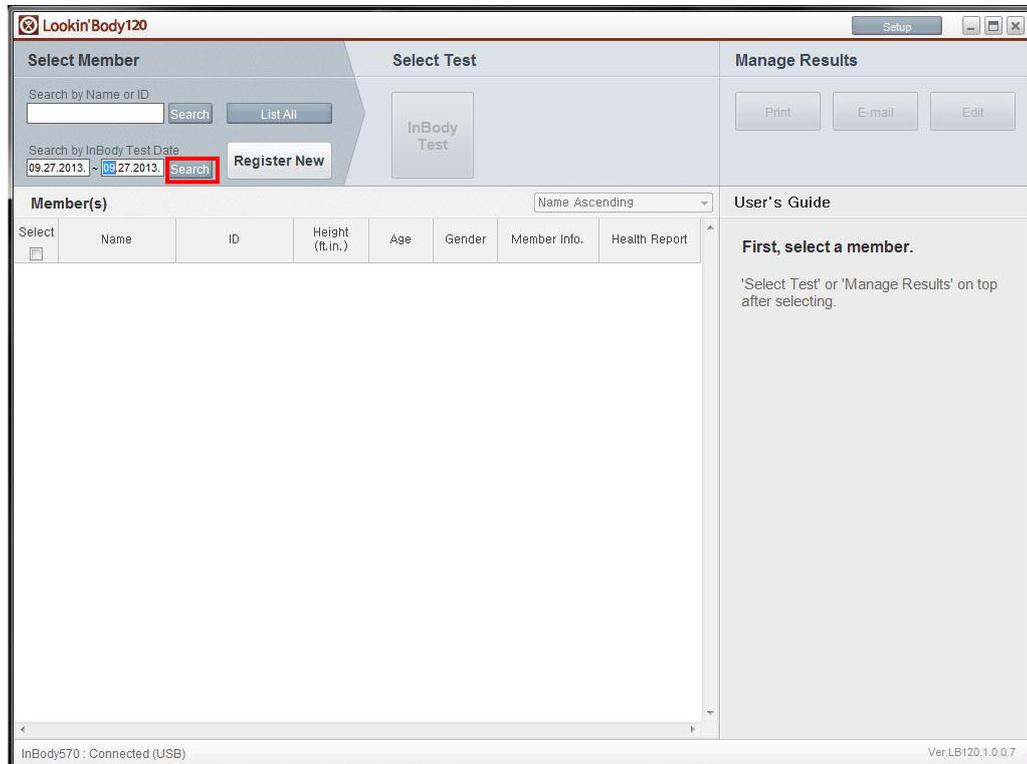


2) Searched members will appear below. Press the checkbox on the left to select specific members. Selected members will be highlighted.



2. Search by InBody Test Date

1) Click the search box. Today's date will appear. Click the date to modify as needed then press the [Search] button.



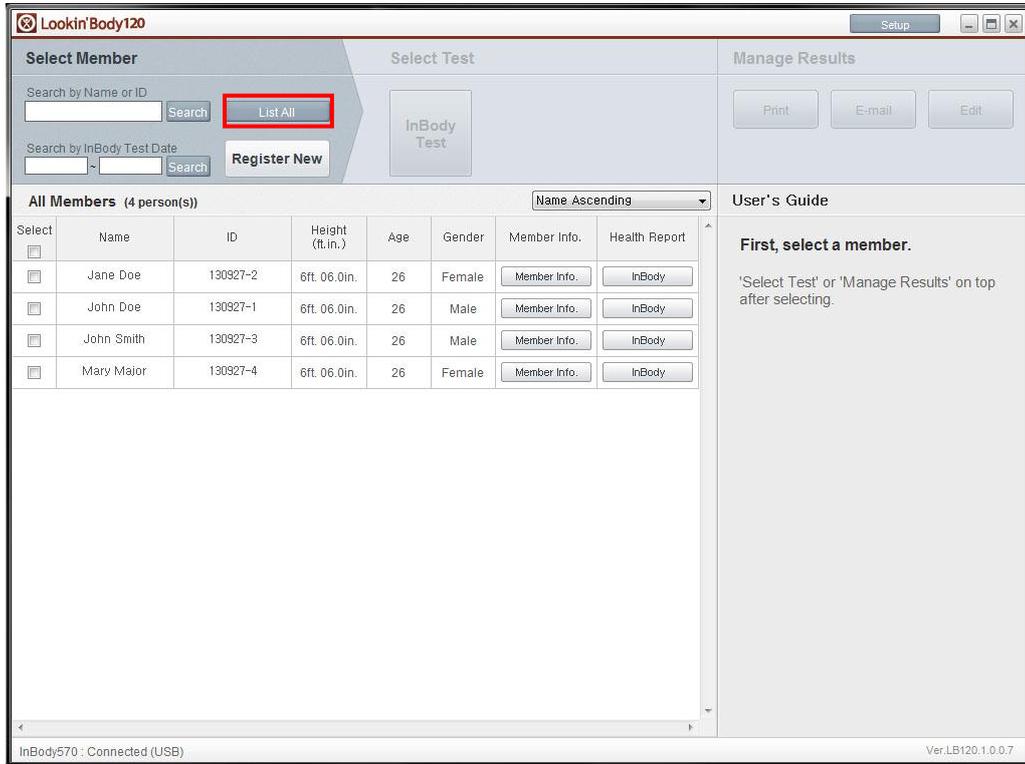
2) Members who took the InBody Test on the specified date or during the searched period of time will appear below. Press the checkbox on the left to select specific members. Selected members will be highlighted.

The screenshot shows the Lookin'Body120 software interface. At the top, there are three main sections: 'Select Member', 'Select Test', and 'Manage Results'. The 'Select Member' section includes search fields for 'Name or ID' and 'InBody Test Date', along with buttons for 'Search', 'List All', and 'Register New'. The 'Select Test' section has a button for 'InBody Test'. The 'Manage Results' section has buttons for 'Print', 'E-mail', and 'Edit'. Below these sections is a table titled 'Searched Member(s) (2 person(s))' with a dropdown menu set to 'Name Ascending'. The table has columns for 'Select', 'Name', 'ID', 'Height (ft.in.)', 'Age', 'Gender', 'Member Info.', and 'Health Report'. Two members are listed: Jane Doe and John Doe. John Doe's row is highlighted, and his 'Select' checkbox is checked. To the right of the table is a 'User's Guide' section with the text: 'First, select a member. 'Select Test' or 'Manage Results' on top after selecting.' At the bottom left, it says 'InBody570 : Connected (USB)' and at the bottom right, it says 'Ver.LB120.1.0.0.7'.

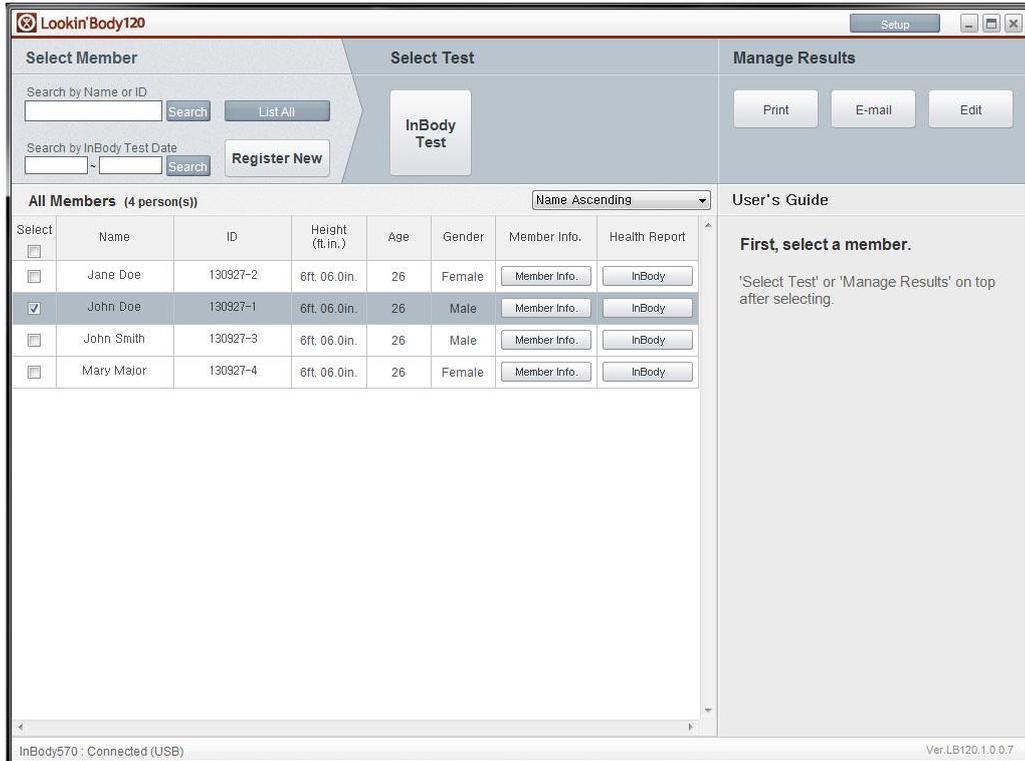
Select	Name	ID	Height (ft.in.)	Age	Gender	Member Info.	Health Report
<input type="checkbox"/>	Jane Doe	130327-2	6ft. 06.0in.	26	Female	Member Info.	InBody
<input checked="" type="checkbox"/>	John Doe	130327-1	6ft. 06.0in.	26	Male	Member Info.	InBody

3. Search with [View All] Button

1) Press the [View All] button on the top menu. All registered members on Lookin'Body120 will appear below.



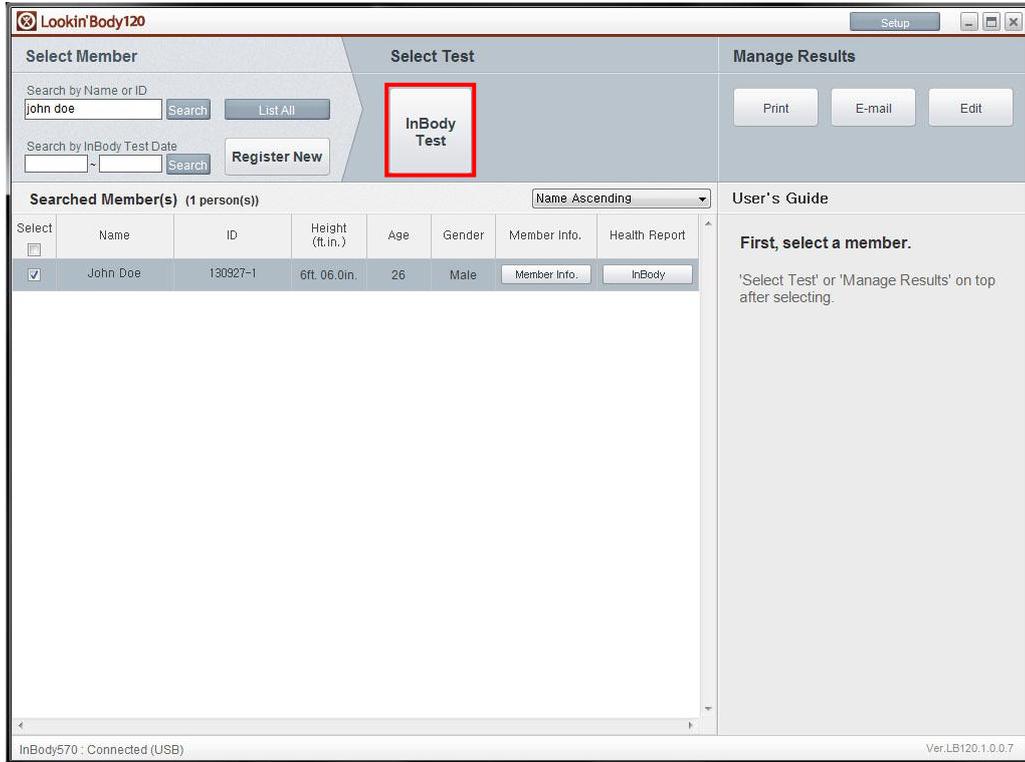
2) Press the checkbox on the left to select specific members. Selected members will be highlighted.



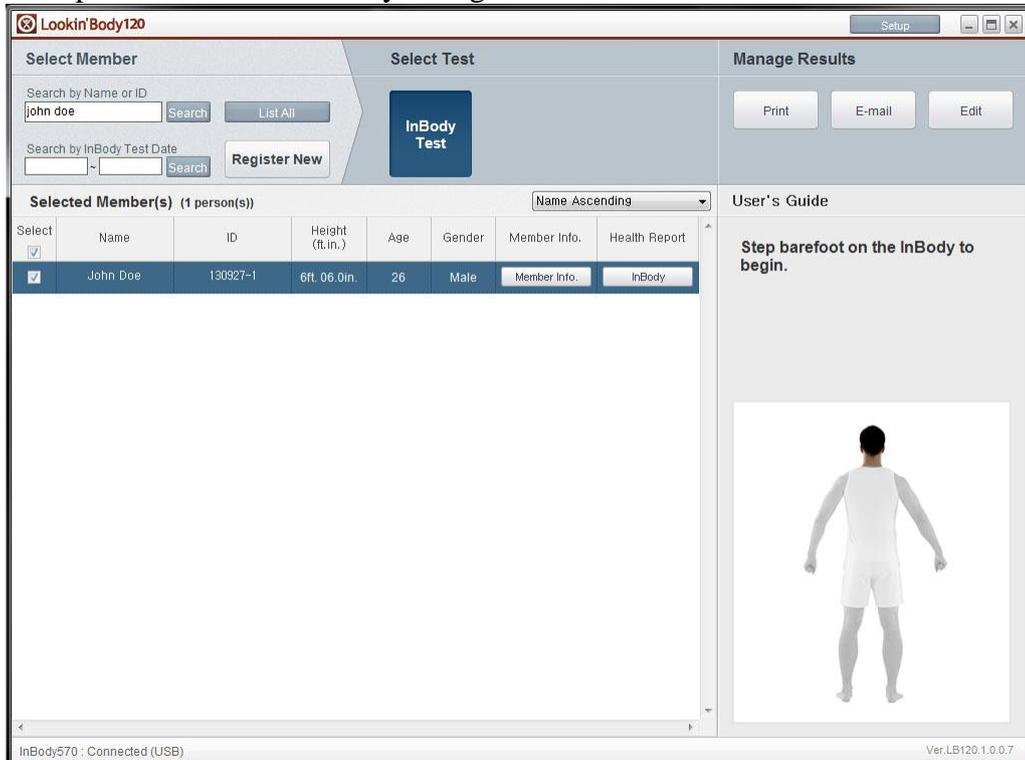
C. InBody Test

1. Test by Selecting a Specific Member

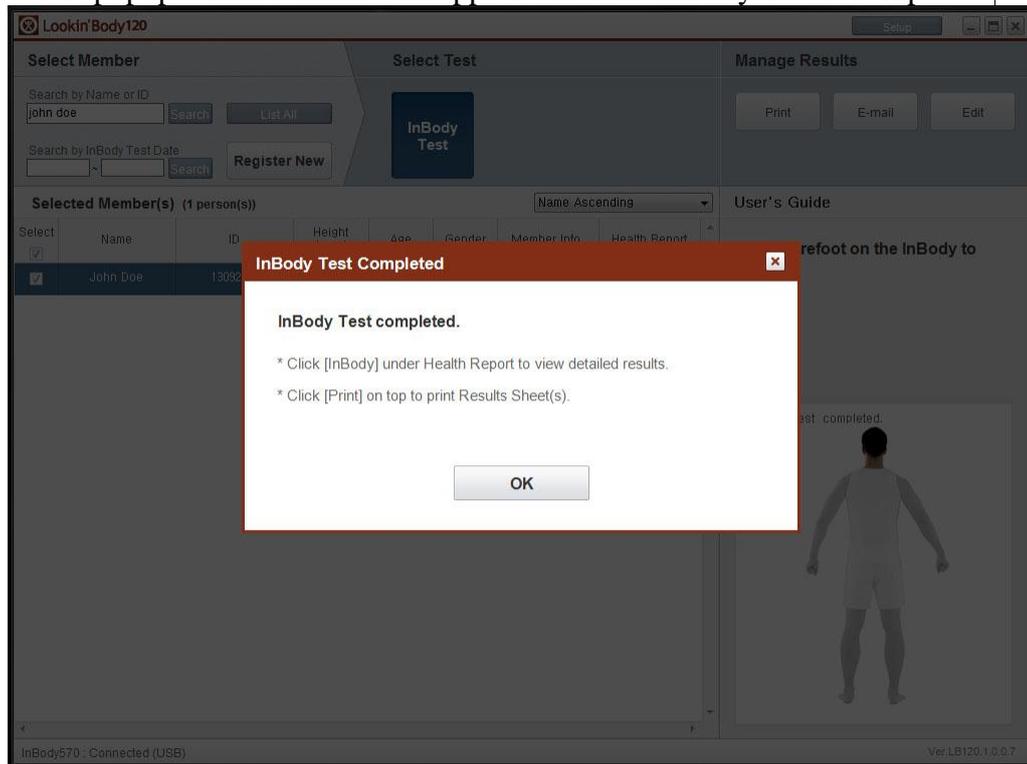
1) Select a member, then press the [InBody] button to begin an InBody test.



2. Step barefoot on the InBody to begin.

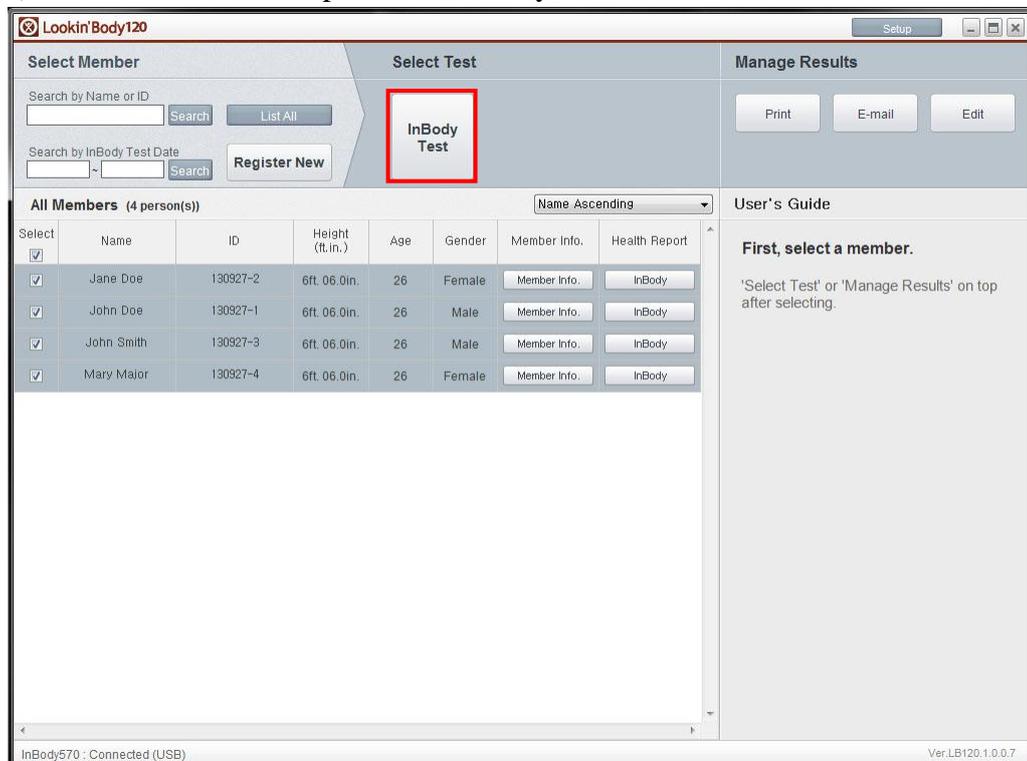


3. The popup window below will appear when the InBody Test is completed.

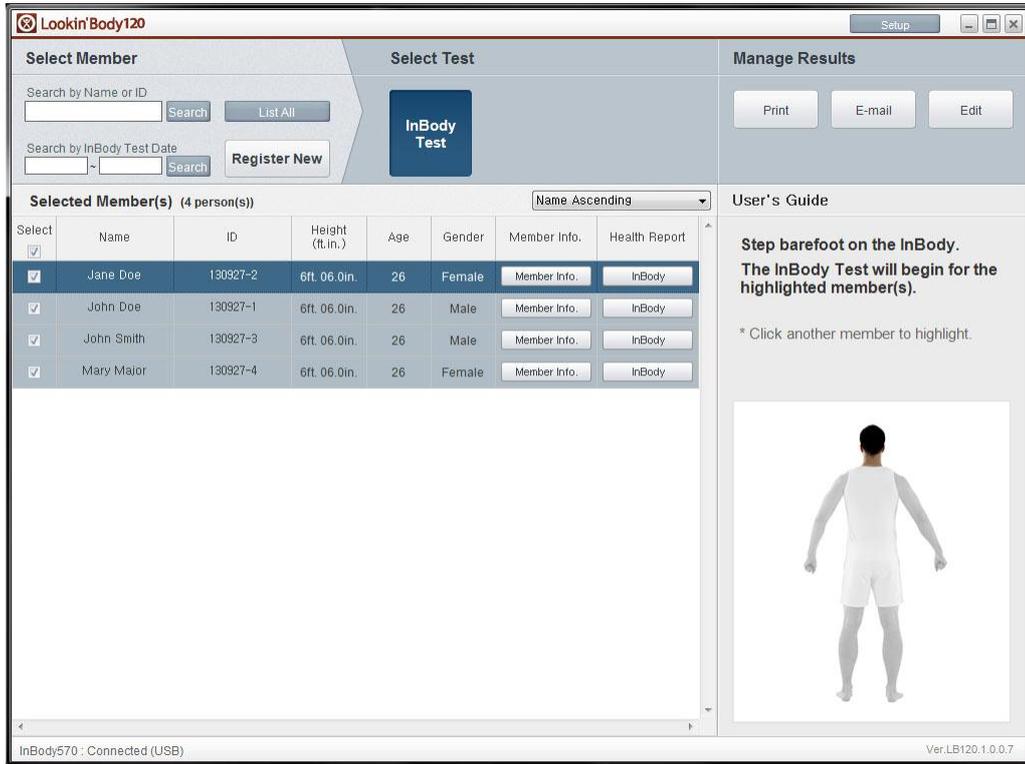


2. Select Multiple Members to Test

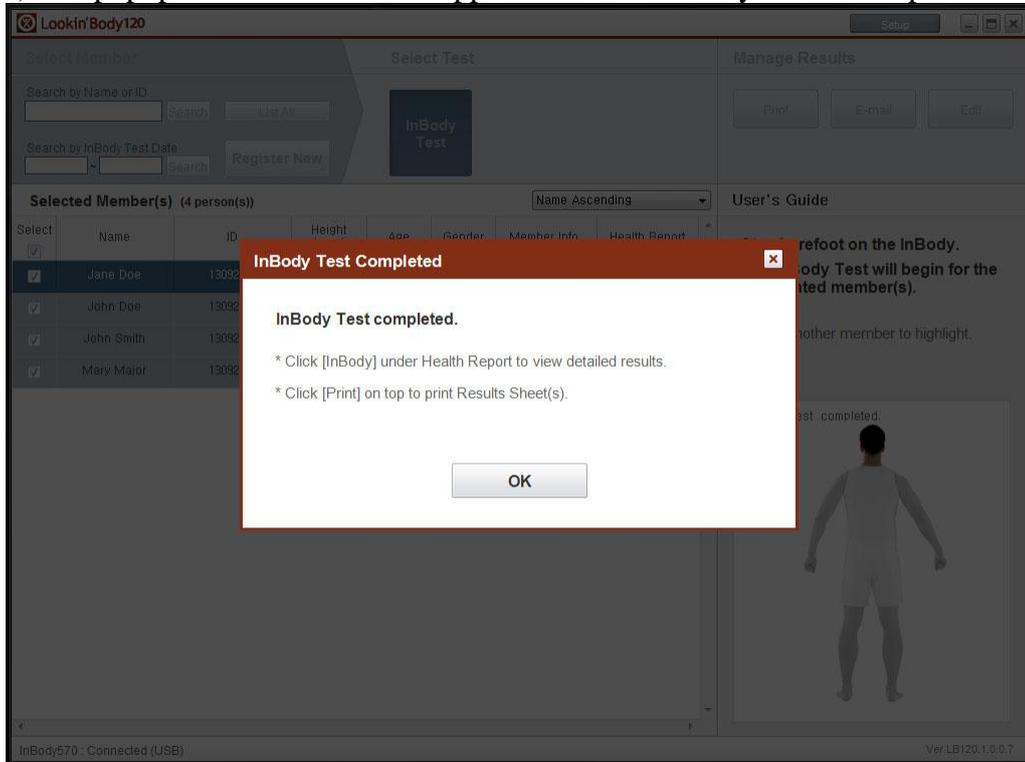
1) Select members, then press the [InBody] button.



- 2) Step barefoot on the InBody. The highlighted member's InBody Test will begin.
 *To test another member, click the member on the list to highlight.



- 3) The popup window below will appear when the InBody Test is completed.



4) Click another member to test. Continue steps 2-3 to test remaining members.

The screenshot shows the Lookin'Body120 software interface. The window title is "Lookin'Body120" and it includes a "Setup" button in the top right corner. The interface is divided into three main sections: "Select Member", "Select Test", and "Manage Results".

Select Member: This section contains search fields for "Search by Name or ID" and "Search by InBody Test Date", along with "Search", "List All", and "Register New" buttons.

Select Test: This section features a large blue button labeled "InBody Test".

Manage Results: This section contains "Print", "E-mail", and "Edit" buttons.

Member List: A table titled "Selected Member(s) (4 person(s))" displays a list of members. The table has columns for "Select", "Name", "ID", "Height (ft.in.)", "Age", "Gender", "Member Info.", and "Health Report". The "John Doe" row is highlighted in blue, indicating it is the selected member for testing.

Select	Name	ID	Height (ft.in.)	Age	Gender	Member Info.	Health Report
<input checked="" type="checkbox"/>	Jane Doe	130927-2	6ft. 06.0in.	26	Female	Member Info.	InBody
<input checked="" type="checkbox"/>	John Doe	130927-1	6ft. 06.0in.	26	Male	Member Info.	InBody
<input checked="" type="checkbox"/>	John Smith	130927-3	6ft. 06.0in.	26	Male	Member Info.	InBody
<input checked="" type="checkbox"/>	Mary Major	130927-4	6ft. 06.0in.	26	Female	Member Info.	InBody

User's Guide: This section provides instructions: "Step barefoot on the InBody. The InBody Test will begin for the highlighted member(s)." and a note: "* Click another member to highlight." Below the text is an image of a person wearing a white InBody testing suit.

At the bottom of the window, the status bar shows "InBody570 : Connected (USB)" on the left and "Ver.LB120.1.0.0.7" on the right.

3. Test without Selecting a Member

1) Run Lookin'Body120.

The screenshot shows the Lookin'Body120 software interface in a state where no member is selected. The window title is "Lookin'Body120" and it includes a "Setup" button in the top right corner.

Select Member: This section contains search fields for "Search by Name or ID" and "Search by InBody Test Date", along with "Search", "List All", and "Register New" buttons.

Select Test: This section features a large grey button labeled "InBody Test".

Manage Results: This section contains "Print", "E-mail", and "Edit" buttons.

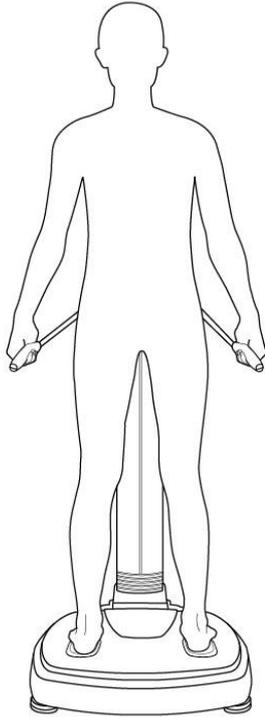
Member List: A table titled "Member(s)" displays a list of members. The table has columns for "Select", "Name", "ID", "Height (ft.in.)", "Age", "Gender", "Member Info.", and "Health Report". The "Select" column for all members is empty, indicating no selection.

Select	Name	ID	Height (ft.in.)	Age	Gender	Member Info.	Health Report
<input type="checkbox"/>							

User's Guide: This section provides instructions: "First, select a member." and a note: "'Select Test' or 'Manage Results' on top after selecting."

At the bottom of the window, the status bar shows "InBody570 : Connected (USB)" on the left and "Ver.LB120.1.0.0.7" on the right.

2) Test on the InBody.



3) When the InBody Test is completed, the popup window will appear on Lookin'Body. Enter all required information, then press the [Save] button. The InBody Test results will be saved.

*Tests in Self Mode without age or gender cannot be saved in Lookin'Body.

Lookin'Body120

Save Test Results

Test results sent from the InBody are listed below.
 Select test results to save in Lookin'Body. Unselected test results will not be saved.

Test results without ID, height, date of birth (or age), and gender will be saved in [Settings]→[19. Temporary Data].

* If the InBody Test were taken without inputting age and gender, the test results cannot be saved in Lookin'Body even if you input age and gender below. Only member information will be saved.

Select	Name	ID	Height (cm)	Date of Birth or Age			Gender	TestDate / Time	
				Date of Birth					Age
				Month	Day	Year			
<input checked="" type="checkbox"/>		123456789	168.00				26.0	Female	08.05.2013. 11:46

Cancel Save

InBody570 : Connected (USB) Ver.LB120.1.0.0.5

D. Blood Pressure Test

*The [Blood Pressure Test] button only appears when the Blood Pressure Monitor is connected to the InBody and the InBody is connected to Lookin'Body.

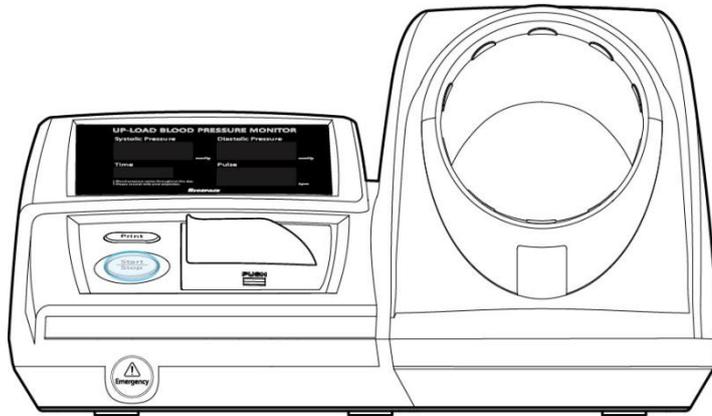
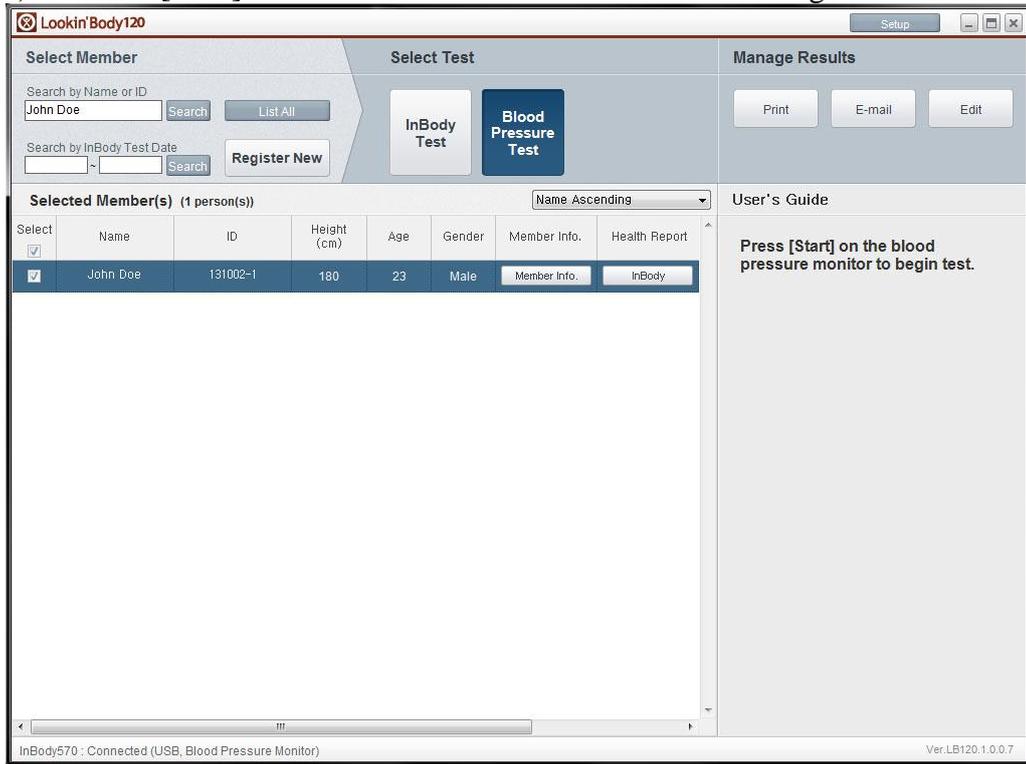
*Always connect a Blood Pressure Monitor from BIOSPACE.

1. Test by Selecting a Specific Member

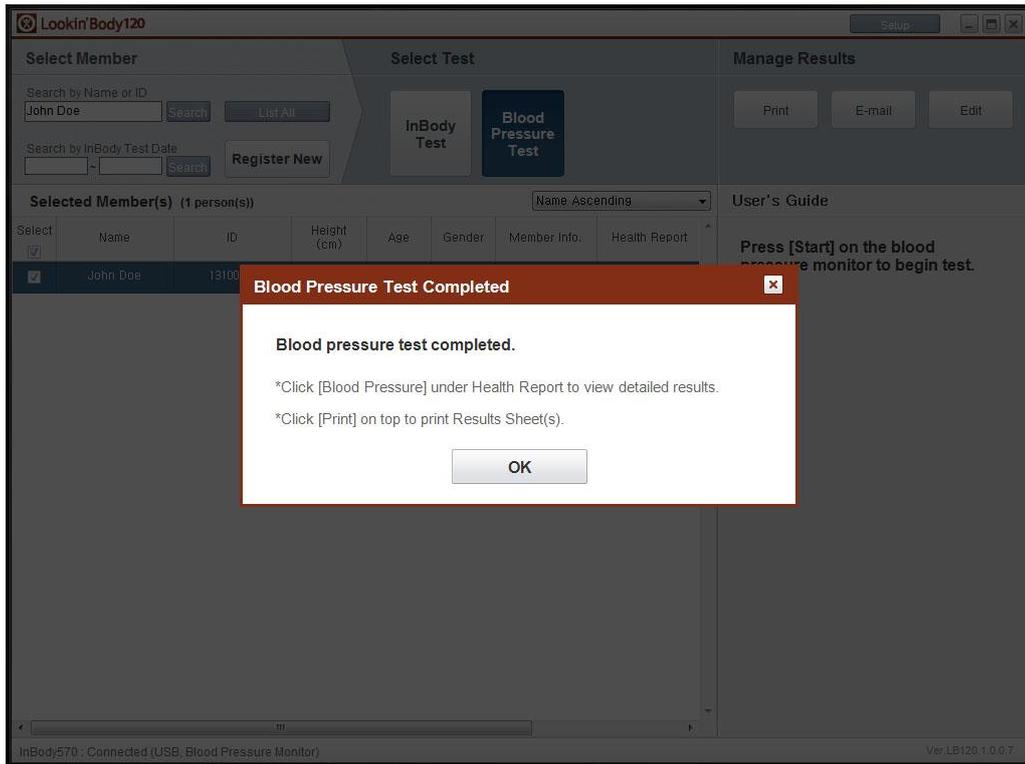
1) Select a member, then press [Blood Pressure Test] button.

The screenshot shows the Lookin'Body120 software interface. The window title is 'Lookin'Body120'. The interface is divided into three main sections: 'Select Member', 'Select Test', and 'Manage Results'.
- **Select Member:** Contains search fields for 'Name or ID' (with 'John Doe' entered) and 'InBody Test Date'. There are 'Search', 'List All', and 'Register New' buttons.
- **Select Test:** Contains two buttons: 'InBody Test' and 'Blood Pressure Test'. The 'Blood Pressure Test' button is highlighted with a red rectangle.
- **Manage Results:** Contains 'Print', 'E-mail', and 'Edit' buttons.
Below the 'Select Member' section is a table titled 'Searched Member(s) (1 person(s))'. The table has columns: Select, Name, ID, Height (cm), Age, Gender, Member Info., and Health Report. One row is visible for 'John Doe' with ID '131002-1', Height '180', Age '23', and Gender 'Male'.
On the right side, there is a 'User's Guide' section with the text: 'First, select a member. 'Select Test' or 'Manage Results' on top after selecting.'
At the bottom of the window, the status bar shows 'InBody570 : Connected (USB, Blood Pressure Monitor)' and 'Ver.LB120.1 0.0.7'.

2) Press the [Start] button on the Blood Pressure Monitor to begin a test.

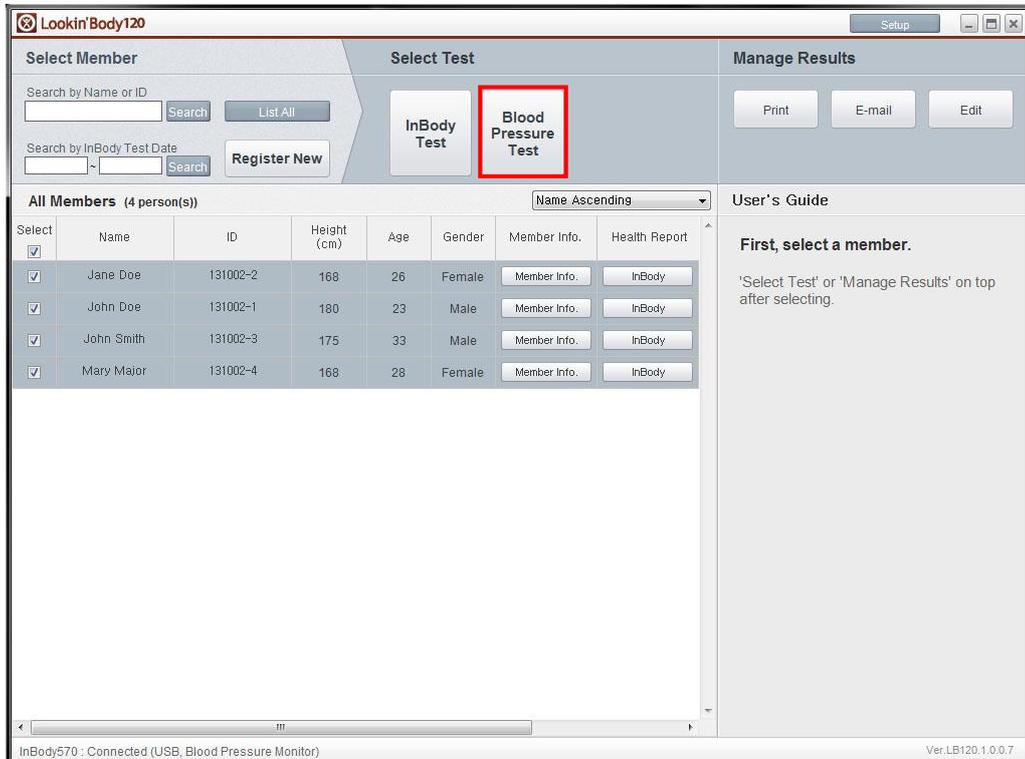


3. The popup window below will appear when the Blood Pressure Test is completed.



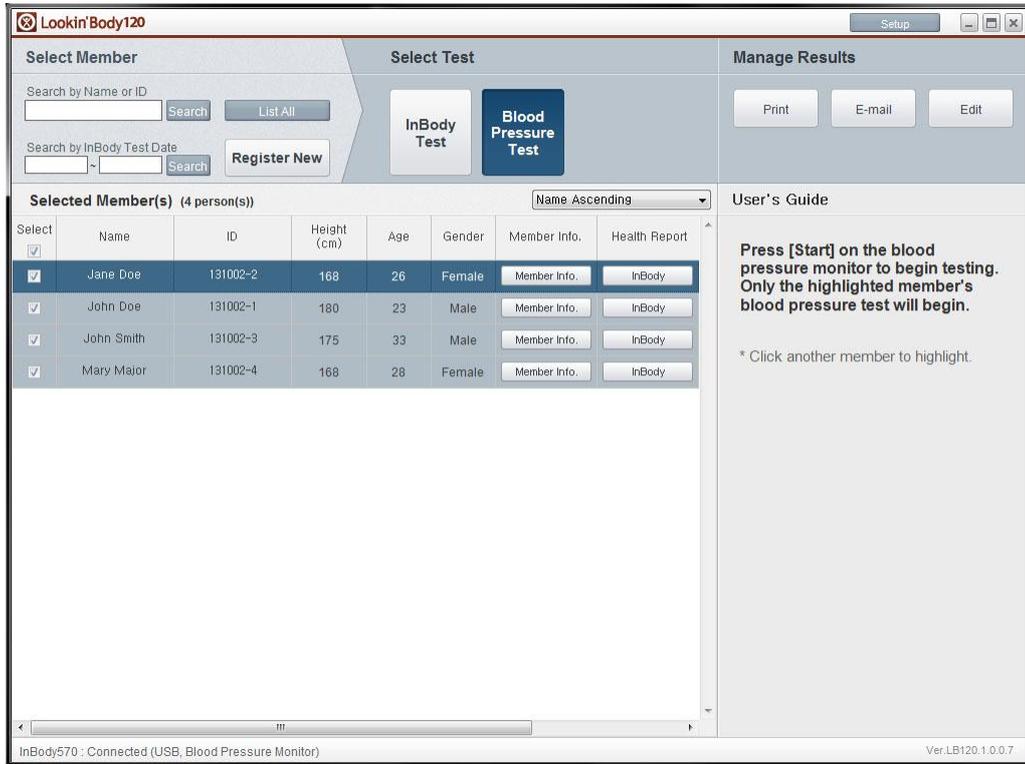
2. Select Multiple Members to Test

1) Select members, then press the [Blood Pressure Test] button.

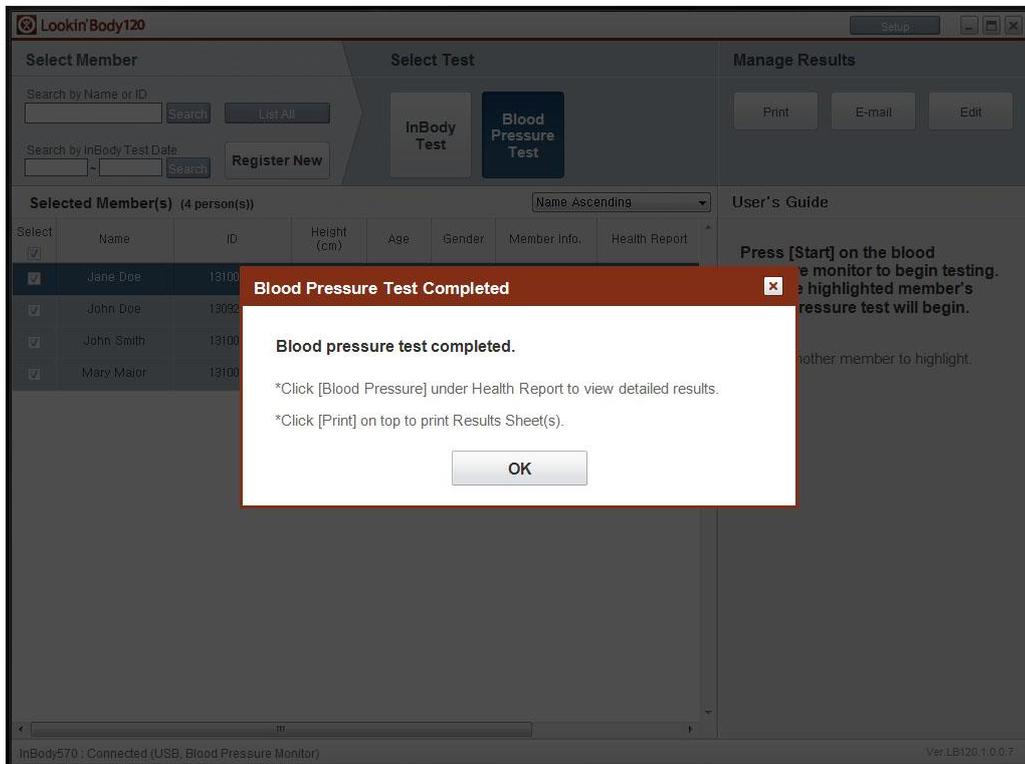


2) Press the [Start] button on the Blood Pressure Monitor. The highlighted member's Blood Pressure Test will begin.

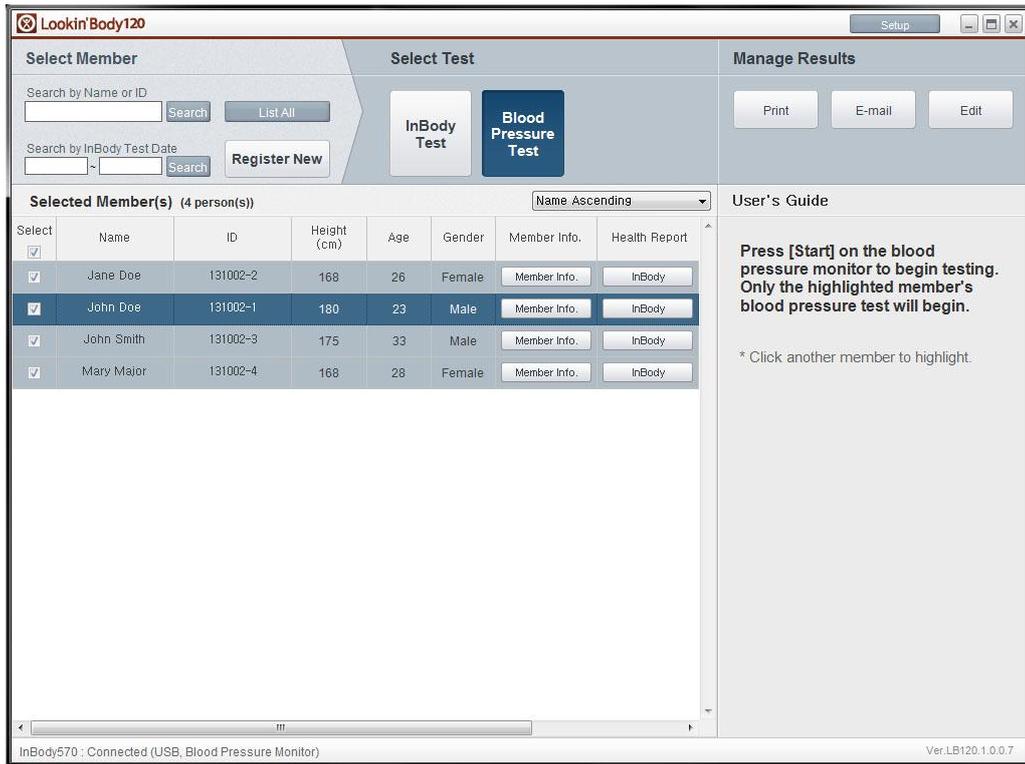
*To test another member, click the member on the list to highlight.



3) The popup window below will appear when the Blood Pressure Test is completed.



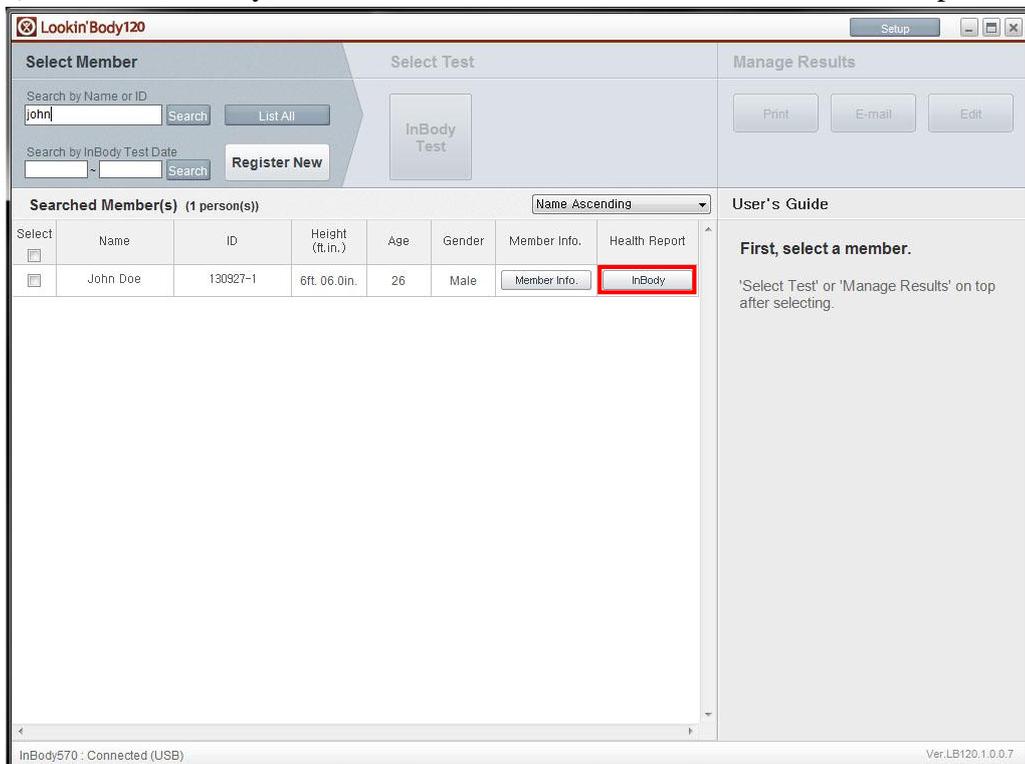
4) Click another member to test. Continue steps 2-3 to test remaining members.



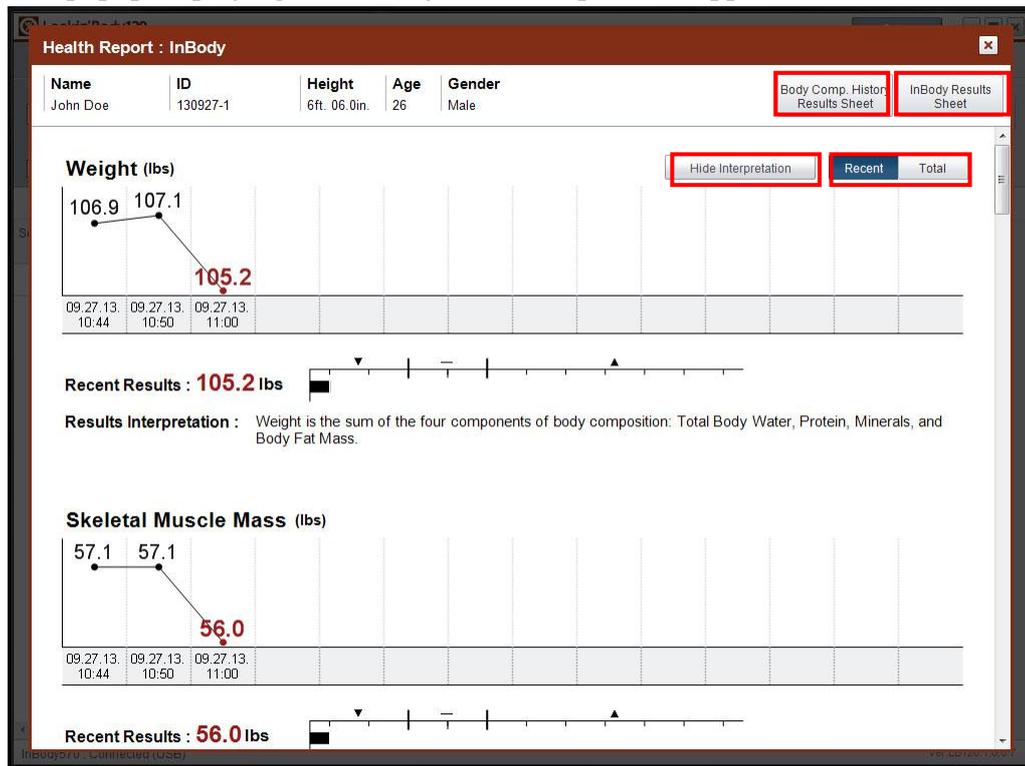
E. Health Report

1. InBody Health Report

1) Press the [InBody] button next to a member to view his/her Health Report.



2) A popup displaying the InBody Health Report will appear.



① [Recent], [Total] button: If the [Recent] button is pressed, the graphs will display the last 14 test results. If the [Total] button is pressed, the graphs will display all test results.

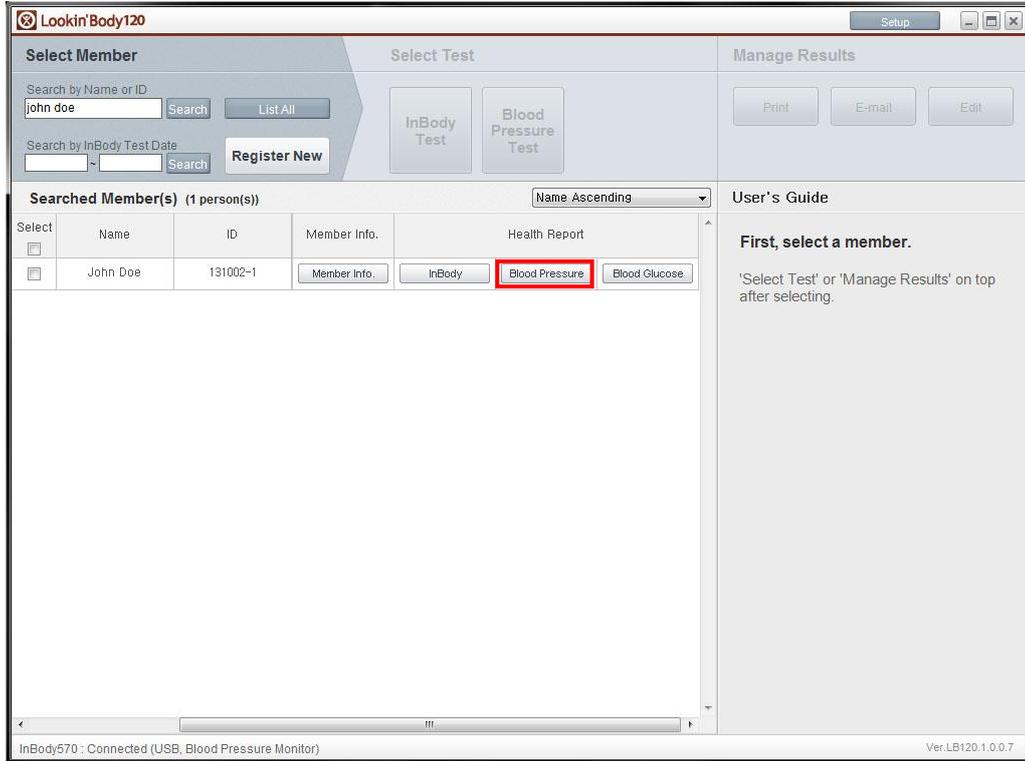
② [Hide Interpretation]/[Show Interpretation] button: Press to hide/show Results Interpretation under the graphs.

③ [Body Comp. History Results Sheet] button: View or print a Body Composition History Results Sheet.

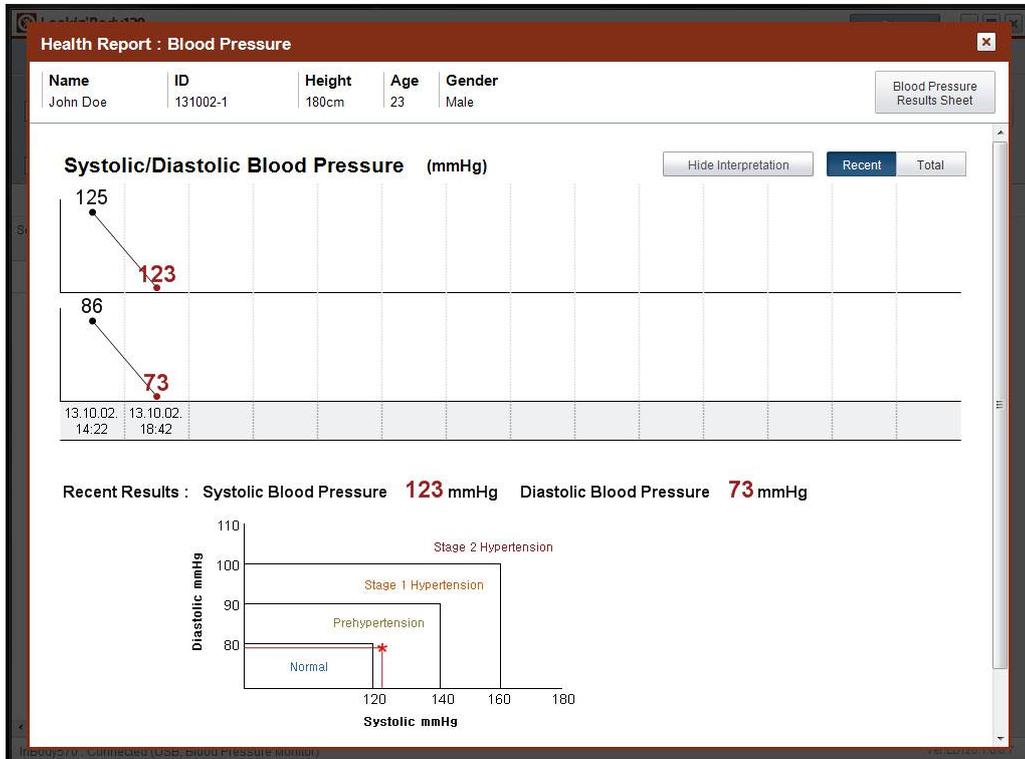
④ [InBody Results Sheet] button: View or print an InBody Results Sheet.

2. Blood Pressure Health Report

1) Press the [Blood Pressure] button next to a member to view his/her Health Report.



2) A popup displaying the Blood Pressure Health Report will appear.



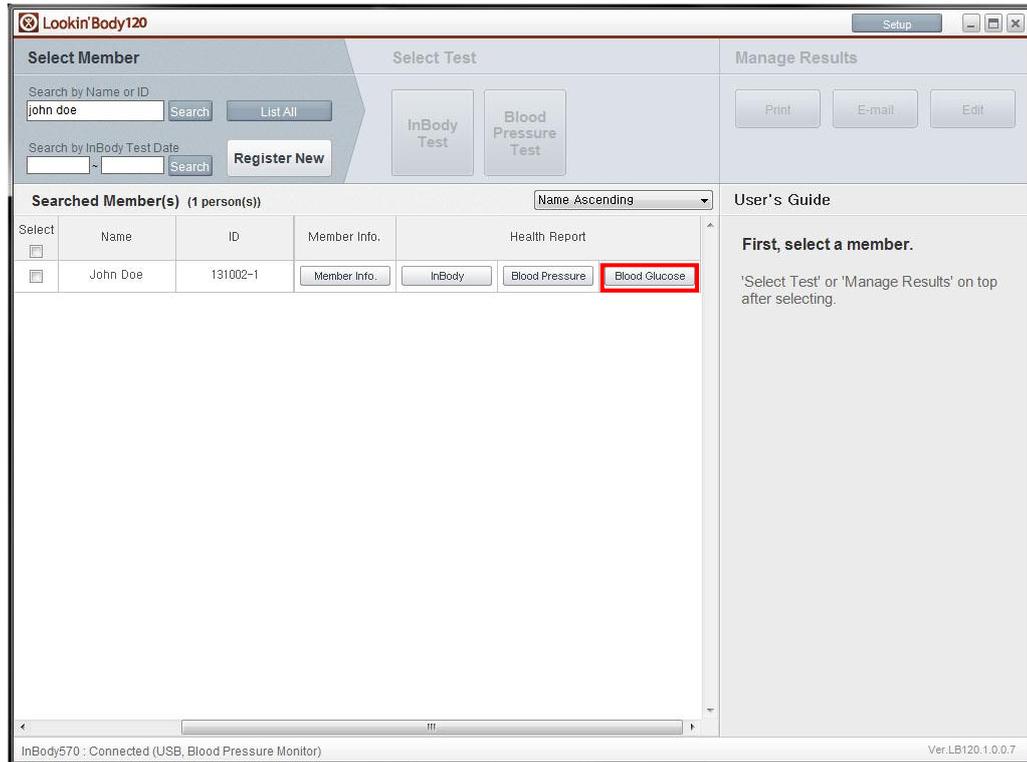
① [Recent], [Total] button: If the [Recent] button is pressed, the graphs will display the last 14 test results. If the [Total] button is pressed, the graphs will display all test

results.

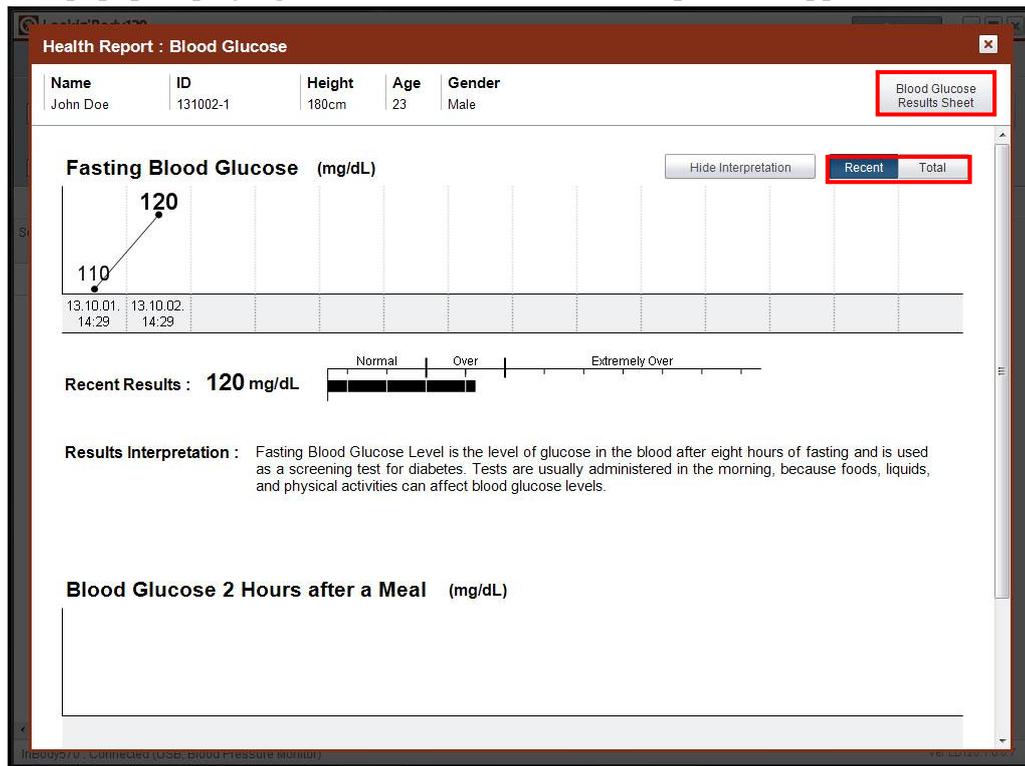
②[Blood Pressure Results Sheet] button: View or print a Blood Pressure Results Sheet.

3. Blood Glucose Health Report

1) Press the [Blood Glucose] button next to a member to view his/her Health Report.



2) A popup displaying the Blood Glucose Health Report will appear.



① [Recent], [Total] button: If the [Recent] button is pressed, the graphs will display the last 14 test results. If the [Total] button is pressed, the graphs will display all test results.

② [Blood Glucose Results Sheet] button: View or print a Blood Glucose Results Sheet.

F. Print Results Sheets

1. Print Manually

1) Search and select desired member, then press the [Print] button.

The screenshot shows the Lookin'Body120 software interface. The window title is "Lookin'Body120". The interface is divided into three main sections: "Select Member", "Select Test", and "Manage Results".

- Select Member:** Contains search fields for "Name or ID" (with "John doe" entered) and "InBody Test Date". Buttons for "Search", "List All", and "Register New" are present.
- Select Test:** Features a large "InBody Test" button.
- Manage Results:** Contains buttons for "Print", "E-mail", and "Edit". The "Print" button is highlighted with a red rectangle.

Below the "Select Member" section, there is a table titled "Searched Member(s) (1 person(s))" with a dropdown menu set to "Name Ascending". The table has the following columns: Select, Name, ID, Height (ft.in.), Age, Gender, Member Info., and Health Report.

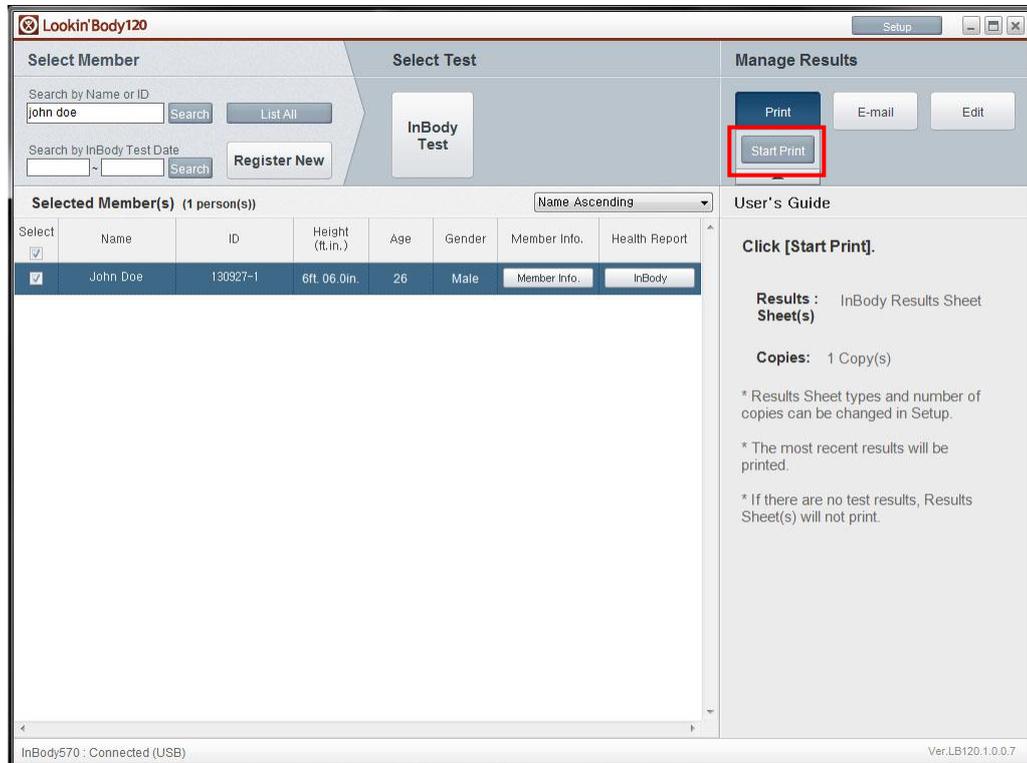
Select	Name	ID	Height (ft.in.)	Age	Gender	Member Info.	Health Report
<input checked="" type="checkbox"/>	John Doe	130927-1	6ft. 06.0in.	26	Male	Member Info.	InBody

On the right side of the interface, there is a "User's Guide" section with the text: "First, select a member. 'Select Test' or 'Manage Results' on top after selecting."

At the bottom of the window, the status bar shows "InBody570 : Connected (USB)" on the left and "Ver. LB120.1 0.0.7" on the right.

2) Press the [Start Print] button to print a results sheet for highlighted members. Details of the type of results sheet and the number of copies printed are shown on the right under 'User's Guide'.

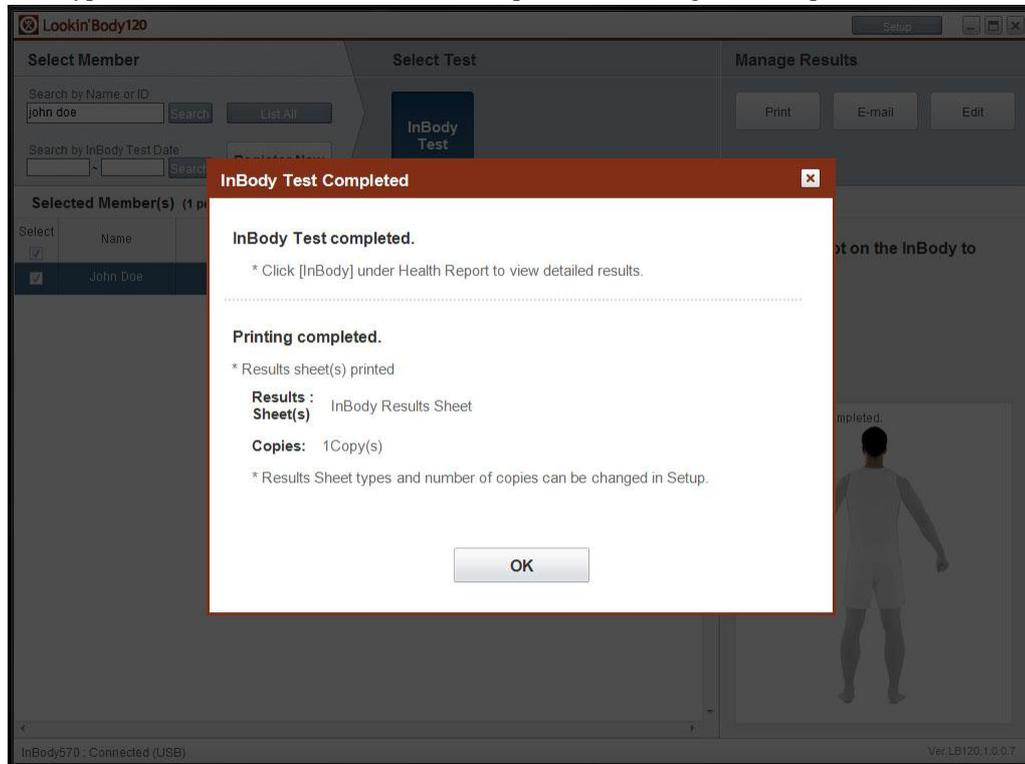
*The type of results sheet and the number of copies can be changed in Setup.



2. Print Automatically

1) The popup window below will appear when the InBody Test is completed. A Results Sheet will print automatically after test completion. The type of results sheet and the number of copies will also appear on screen.

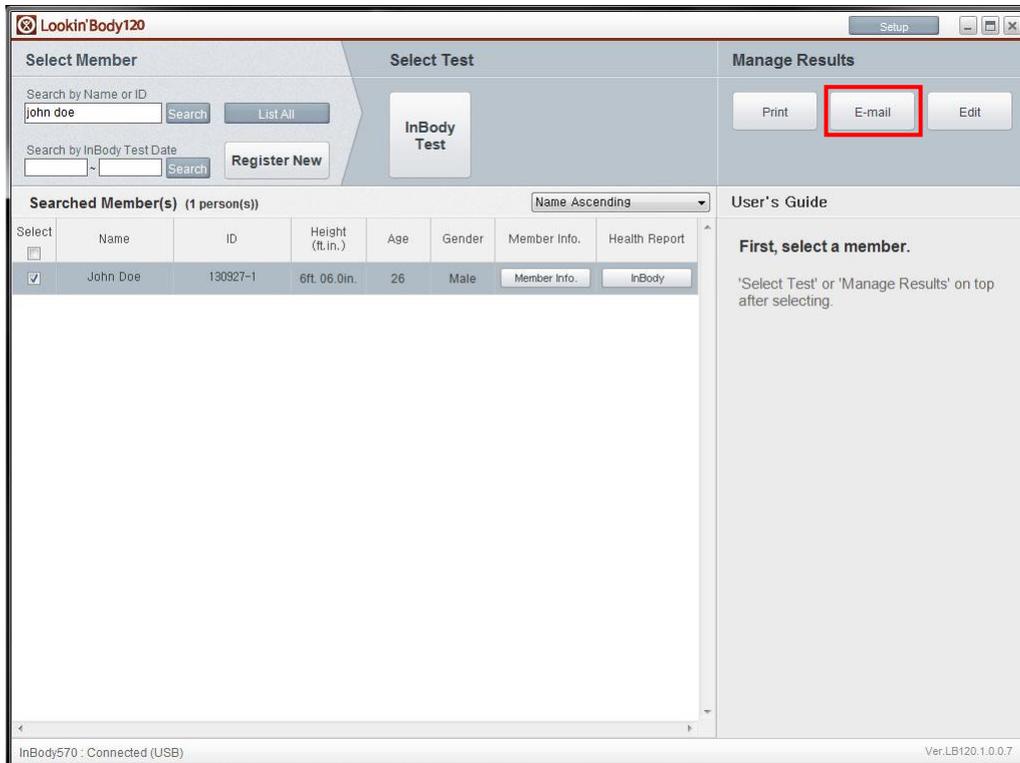
*The type of results sheet and the number of copies can be changed in Setup.



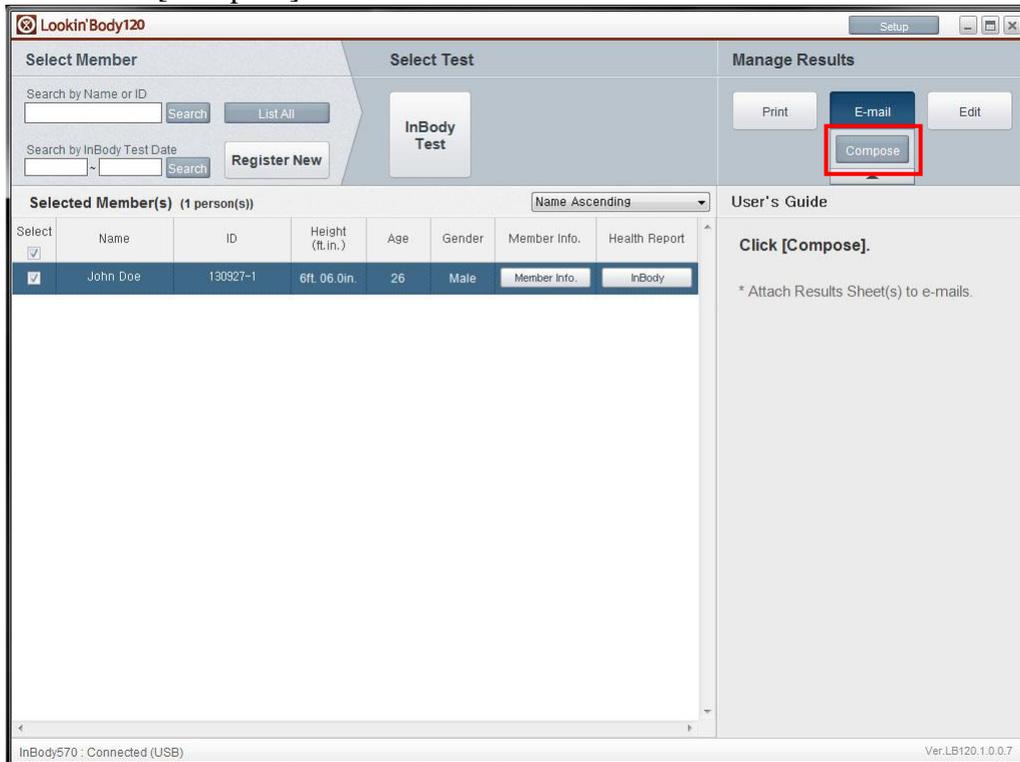
G. Send E-mails

1. Search and select a member, then press the [E-mail] button.

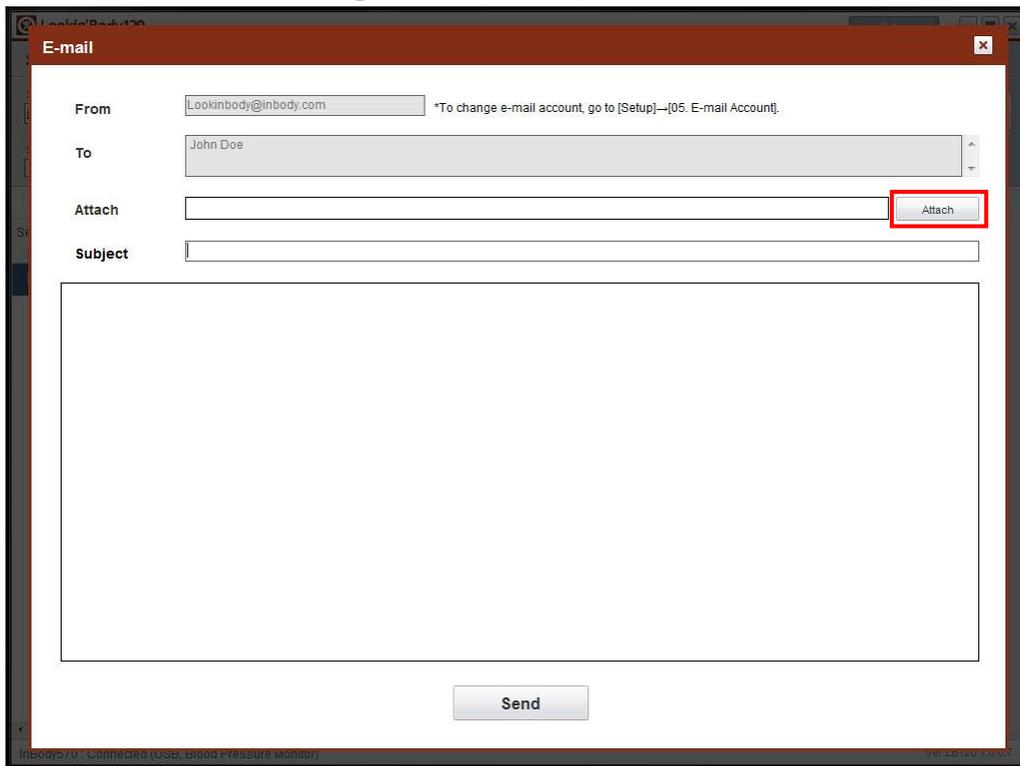
*If the e-mail address of the selected member is not saved, press the [Member Info.] button to enter an e-mail address.



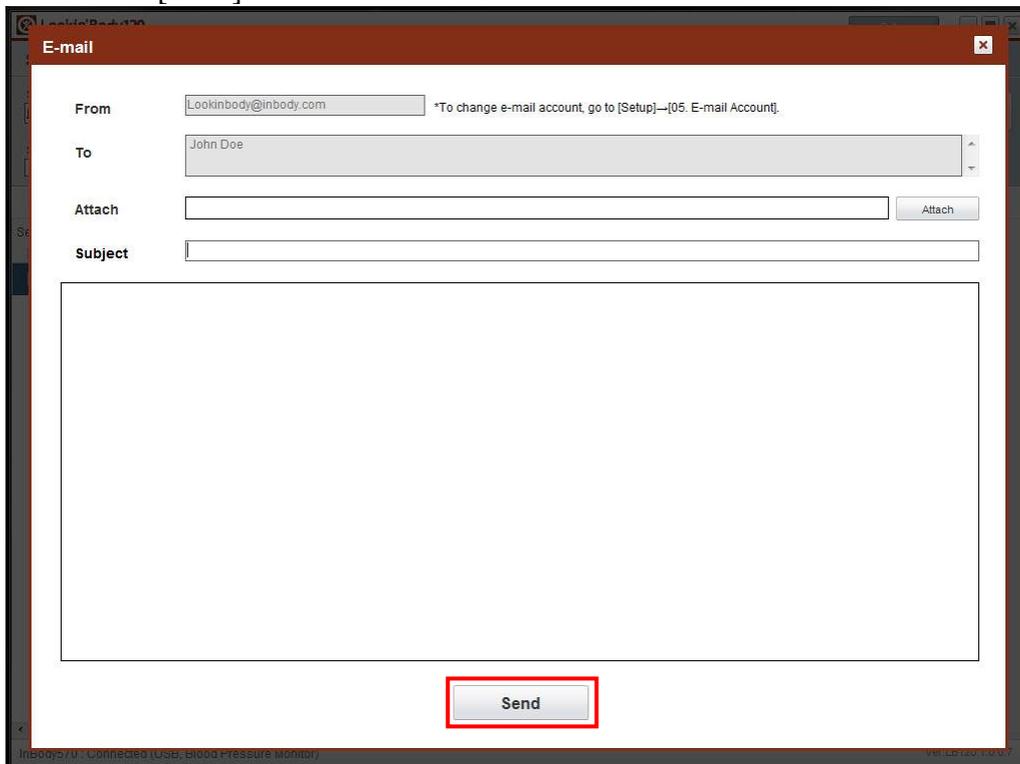
2. Press the [Compose] button.



3. To attach a results sheet, press the [Attach] button and select the results sheet type.



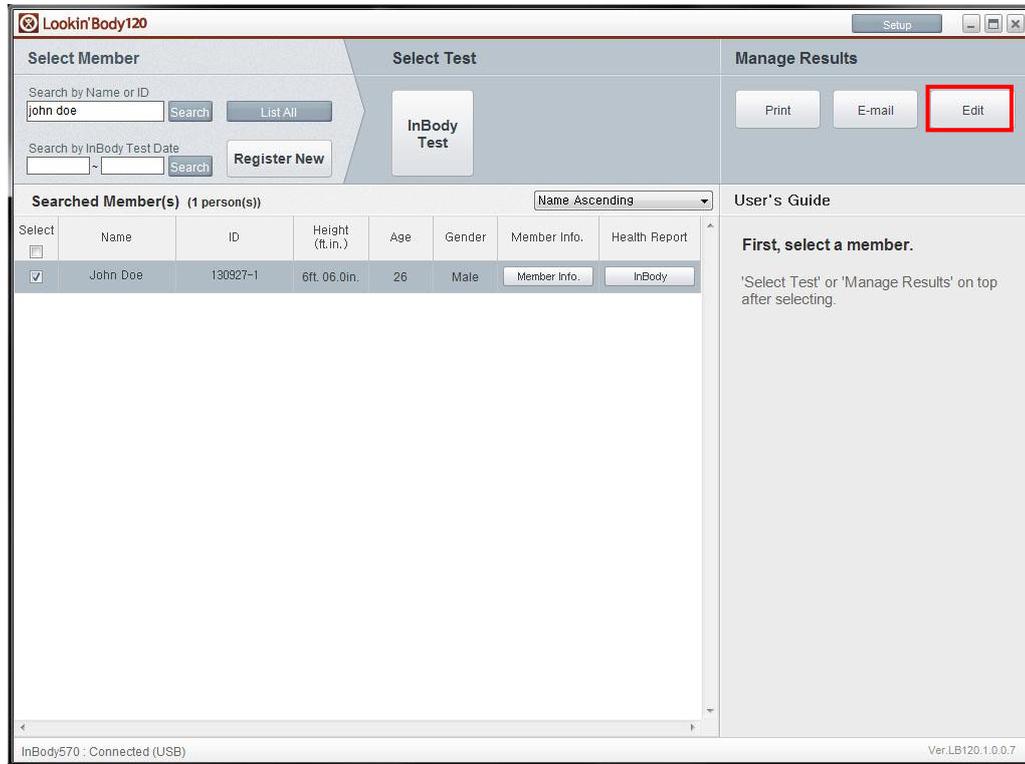
4. Press the [Send] button to send the e-mail.



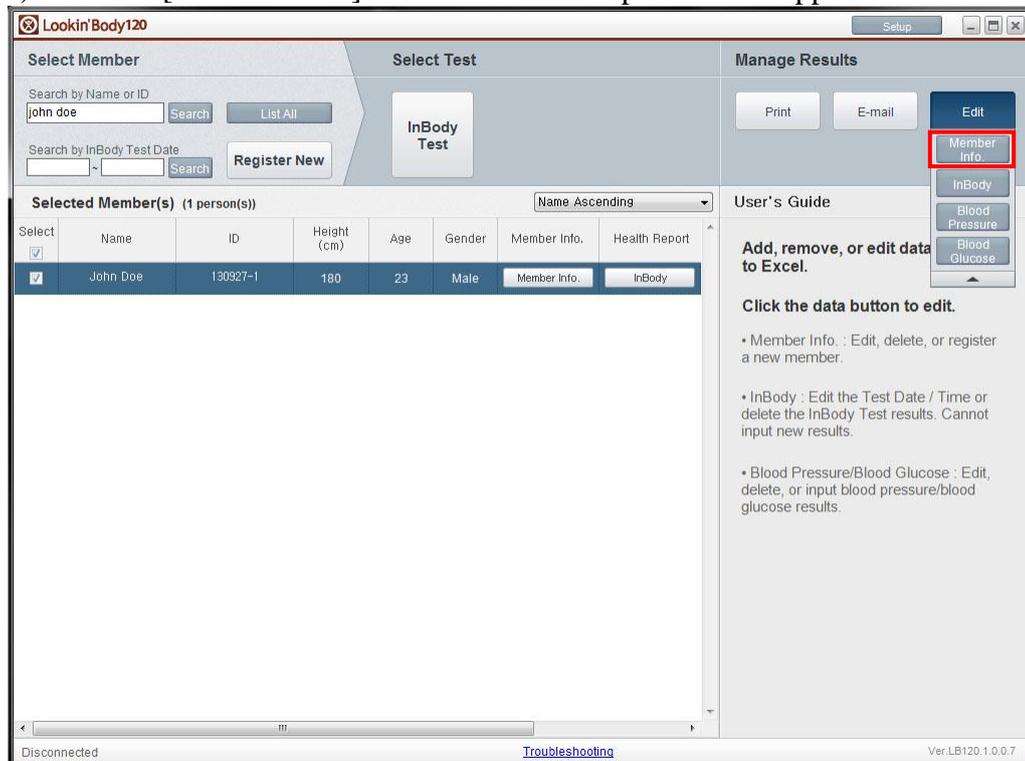
H. Edit Data

1. Member Information

1) Search and select a member, then press the [Edit] button.



2) Press the [Member Info.] button from the drop down that appears.



3) In the screen below, edit, delete, or enter member information similar to Excel.

Edit : Member Info.

Add, remove, or edit data similar to Excel. (Double-click the cell to position cursor.)

- **Register New** : Click an empty cell below and input all required Member Info. (Required) to register a new member.
- **Edit Member Info.** : Click cell to edit data.
- **Delete Member(s)** : Select members then click [Delete] on the top right corner to permanently delete.
(Deleting a member will permanently erase all results. Results cannot be restored)

Select	Member Info. (Required)							Member Info. (Optional)		
	Name	ID	Height	Gender	Date of Birth			Age	Mobile Number	Telephc
					Month	Day	Year			
<input type="checkbox"/>	John Doe	130927-1	6ft. 06.0in.	Male	03	10	1987	26		
<input type="checkbox"/>										
<input type="checkbox"/>										
<input type="checkbox"/>										
<input type="checkbox"/>										
<input type="checkbox"/>										
<input type="checkbox"/>										

Save

4) After editing data, press the [Save] button to save changes.

Edit : Member Info.

Add, remove, or edit data similar to Excel. (Double-click the cell to position cursor.)

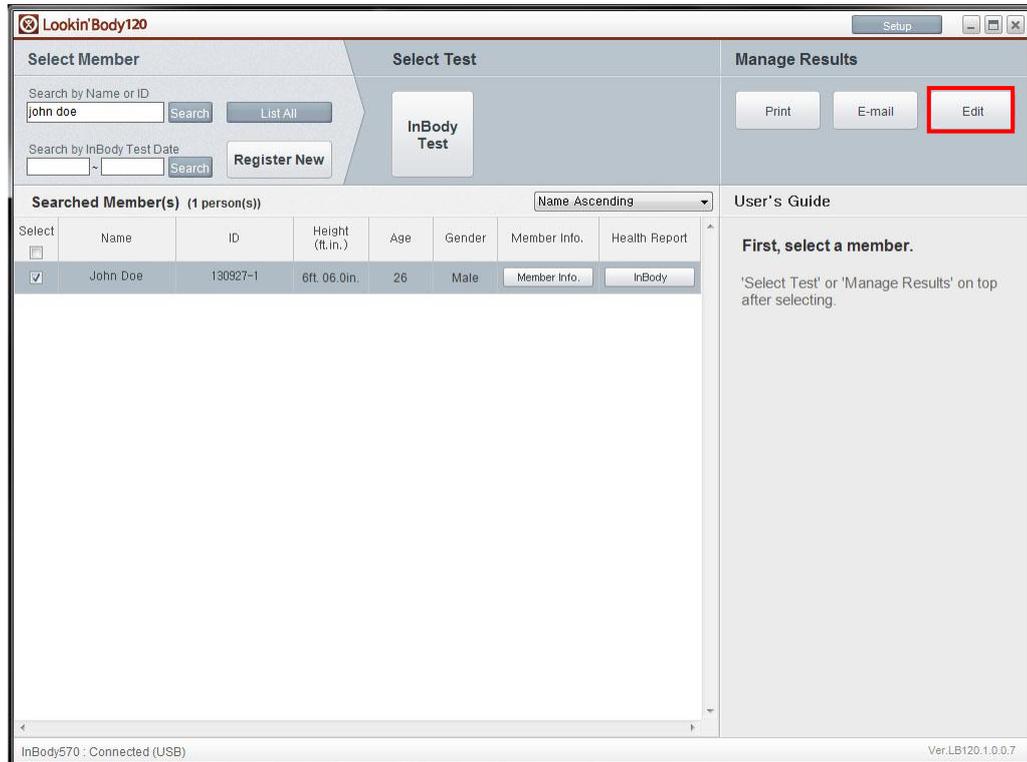
- **Register New** : Click an empty cell below and input all required Member Info. (Required) to register a new member.
- **Edit Member Info.** : Click cell to edit data.
- **Delete Member(s)** : Select members then click [Delete] on the top right corner to permanently delete.
(Deleting a member will permanently erase all results. Results cannot be restored)

Select	Member Info. (Required)							Member Info. (Optional)		
	Name	ID	Height	Gender	Date of Birth			Age	Mobile Number	Telephc
					Month	Day	Year			
<input type="checkbox"/>	John Doe	130927-1	6ft. 06.0in.	Male	03	10	1987	26		
<input type="checkbox"/>										
<input type="checkbox"/>										
<input type="checkbox"/>										
<input type="checkbox"/>										
<input type="checkbox"/>										
<input type="checkbox"/>										

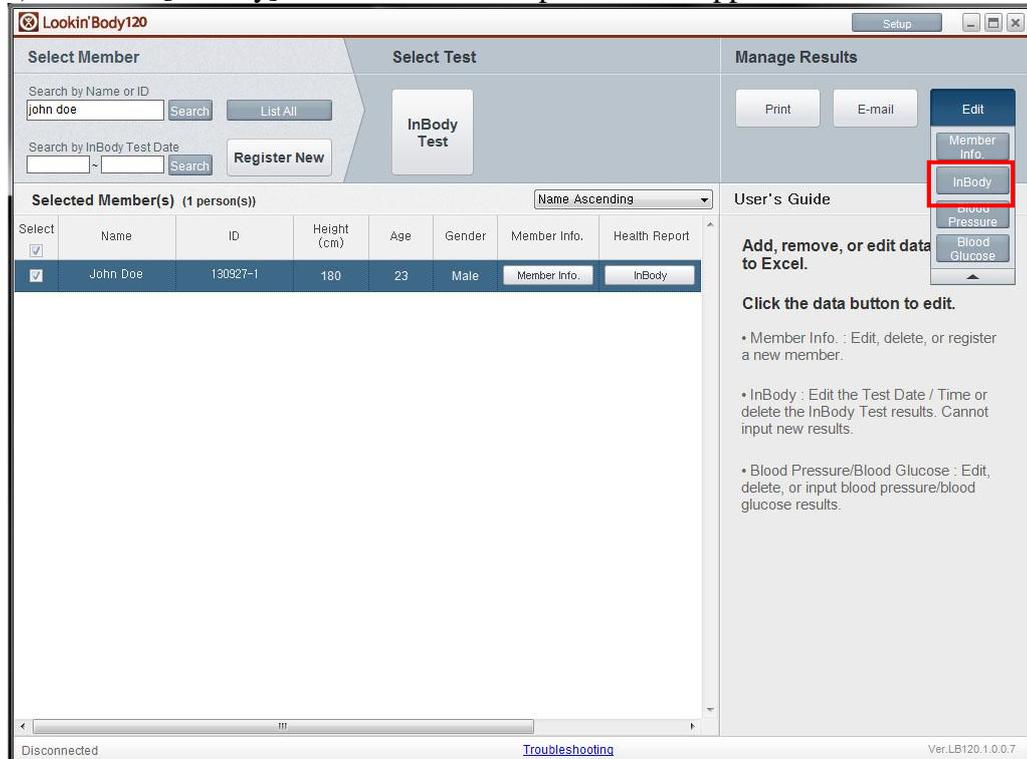
Save

2. InBody Test Results

1) Search and select a member, then press the [Edit] button.

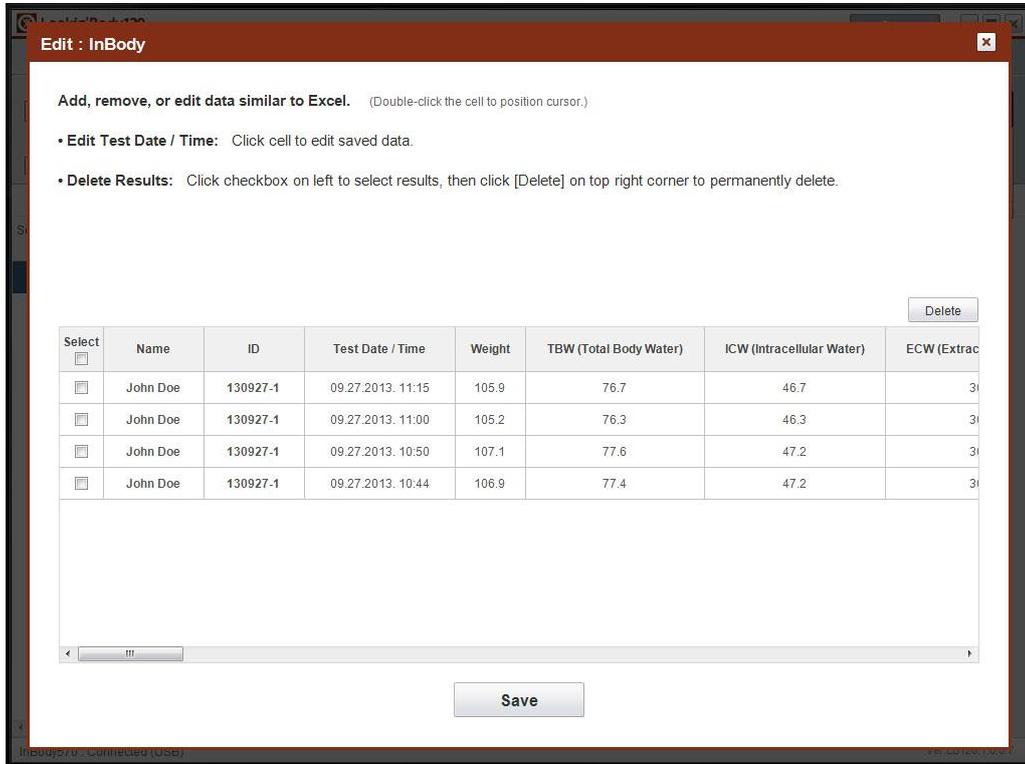


2) Press the [InBody] button from the drop down that appears.

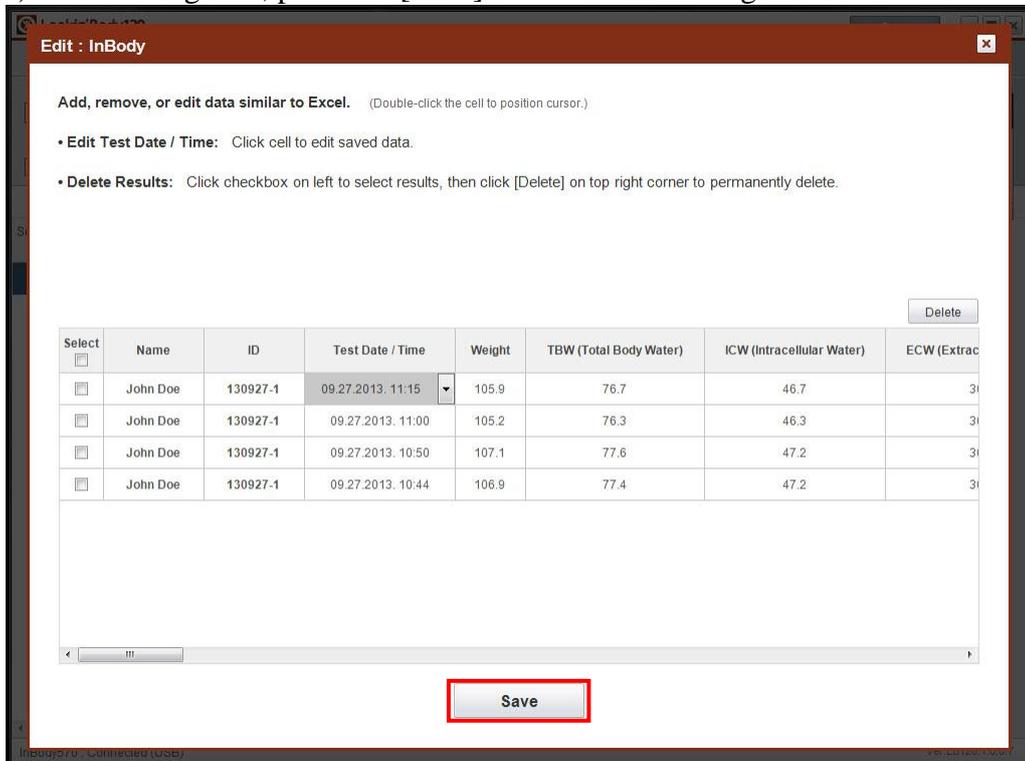


3) In the screen below, edit InBody Test date, time, or delete test results similar to Excel.

*Actual test results cannot be added or edited.

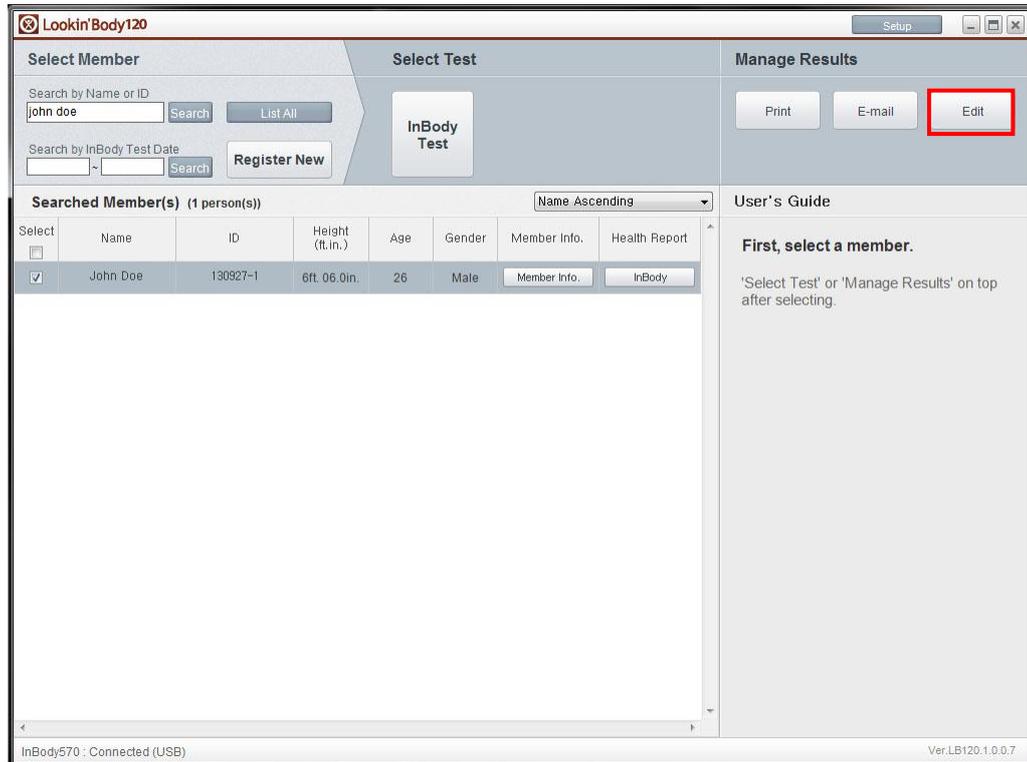


4) After editing data, press the [Save] button to save changes.

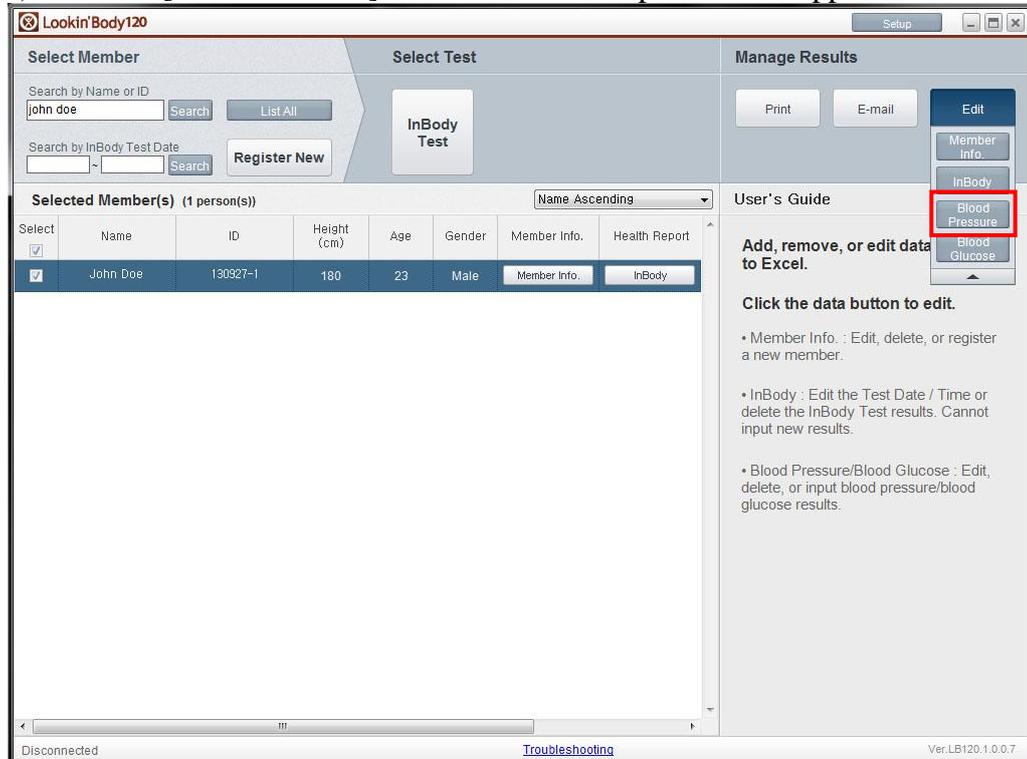


3. Blood Pressure Test Results

1) Search and select a member, then press the [Edit] button.



2) Press the [Blood Pressure] button from the drop down that appears.



3) In the screen below, edit, delete, or enter the blood pressure test results similar to Excel.

Edit : Blood Pressure (Close button)

Add, remove, or edit data similar to Excel. (Double-click the cell to position cursor.)

- Add Results:** Right-click cells under Name, then click [Add Results] to create a new row right below.
- Input Results:** Click cell to input Systolic, Diastolic, and Pulse Rate. Mean Artery Pressure, Pulse Pressure, and Rate Pressure Product will be calculated automatically.
- Edit Results:** Click cell to edit saved data.
- Delete Results:** Click checkbox on left to select results, then click [Delete] on top right corner to permanently delete.

Delete

Select	Name	ID	Blood Pressure Test Date / Time	Sys. (mmHg)	Dia. (mmHg)	Pulse (bpm)	MAP (mmHg)	PP (mmHg)	RPP
<input type="checkbox"/>	John Doe	130927-1	2013.10.02. 18:42	123	73	77	89	50	9471
<input type="checkbox"/>	John Doe	130927-1	2013.10.02. 14:22	125	86	90	99	39	11250

Save

4) After editing data, press the [Save] button to save changes.

Edit : Blood Pressure (Close button)

Add, remove, or edit data similar to Excel. (Double-click the cell to position cursor.)

- Add Results:** Right-click cells under Name, then click [Add Results] to create a new row right below.
- Input Results:** Click cell to input Systolic, Diastolic, and Pulse Rate. Mean Artery Pressure, Pulse Pressure, and Rate Pressure Product will be calculated automatically.
- Edit Results:** Click cell to edit saved data.
- Delete Results:** Click checkbox on left to select results, then click [Delete] on top right corner to permanently delete.

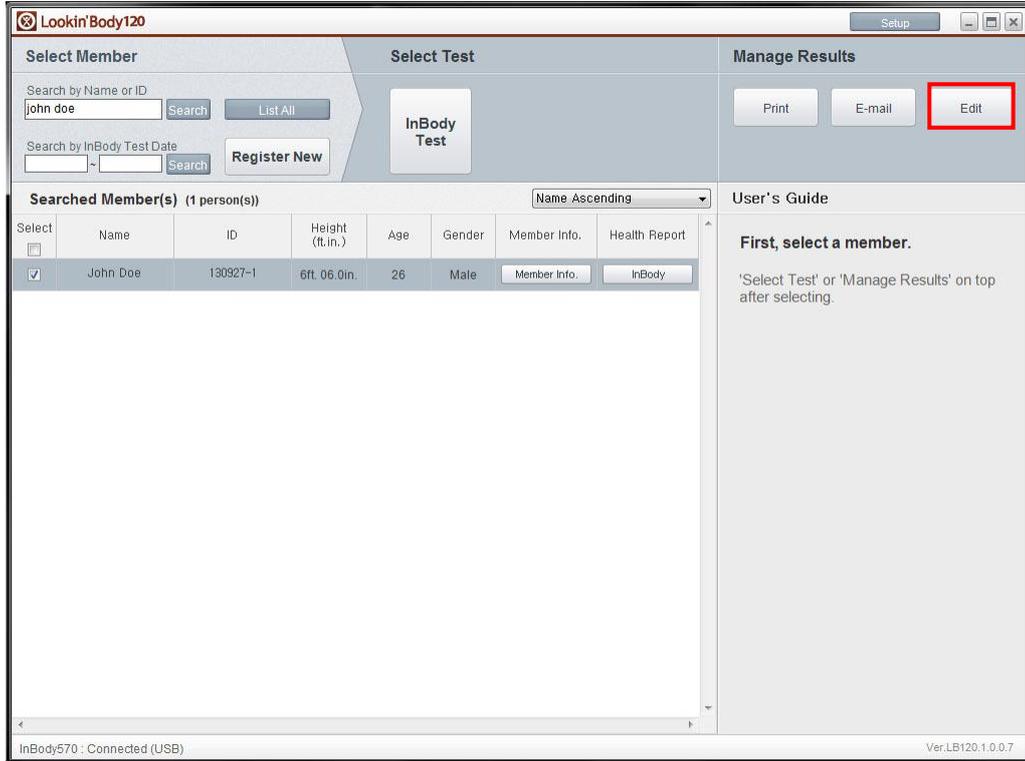
Delete

Select	Name	ID	Blood Pressure Test Date / Time	Sys. (mmHg)	Dia. (mmHg)	Pulse (bpm)	MAP (mmHg)	PP (mmHg)	RPP
<input type="checkbox"/>	John Doe	130927-1	2013.10.02. 18:42	123	73	77	89	50	9471
<input type="checkbox"/>	John Doe	130927-1	2013.10.02. 14:22	125	86	90	99	39	11250

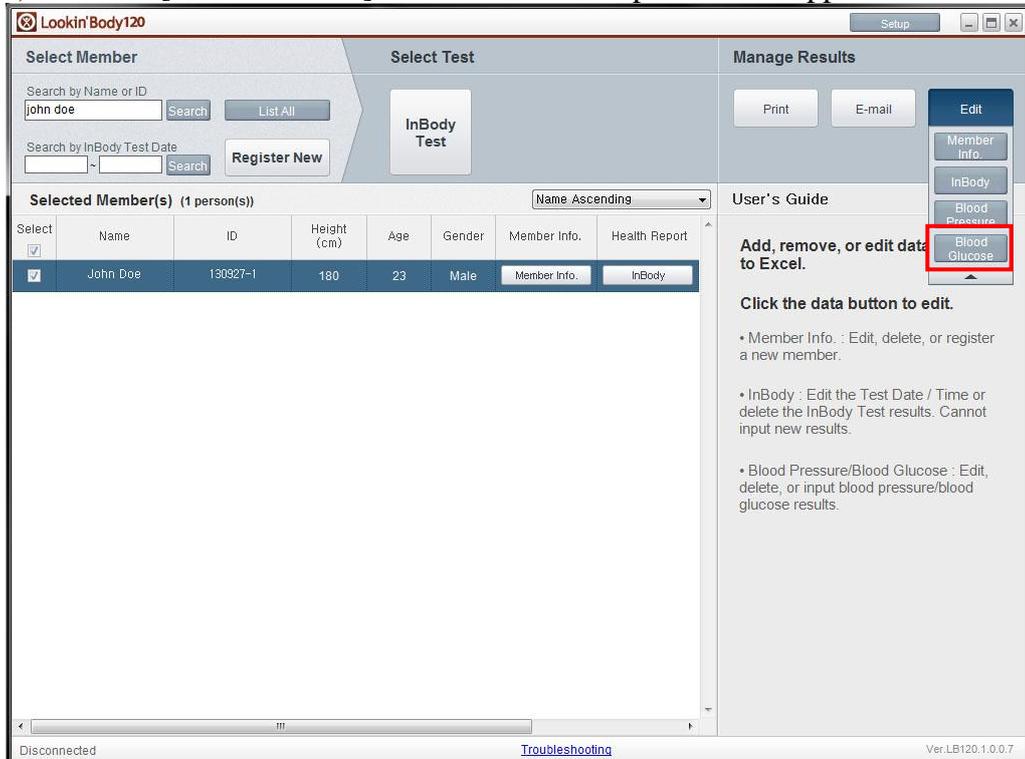
Save

4. Blood Glucose Test Results

1) Search and select a member, then press the [Edit] button.



2) Press the [Blood Glucose] button from the drop down that appears.



3) In the screen below, edit, delete, or enter the blood glucose test results similar to Excel.

Edit : Blood Glucose [Close]

Add, remove, or edit data similar to Excel. (Double-click the cell to position cursor.)

- **Add Results:** Right-click cells under Name, then click [Add Results] to create a new row right below.
- **Input Results:** Click cell to input results.
- **Edit Results:** Click cell to edit saved data.
- **Delete Results:** Click checkbox on left to select results, then click [Delete] on top right corner to permanently delete.

Select	Name	ID	Blood Glucose Test Date / Time	Blood Glucose (mg/dL)	Meal Before Test (Time Lapsed)
<input type="checkbox"/>	John Doe	130927-1	2013.10.02. 14:29	120	Fasting
<input type="checkbox"/>	John Doe	130927-1	2013.10.01. 14:29	110	Fasting

Disconnected | 1100085100000 | 10/2/2013 10:00:00 AM

4) After editing data, press the [Save] button to save changes.

Edit : Blood Glucose [Close]

Add, remove, or edit data similar to Excel. (Double-click the cell to position cursor.)

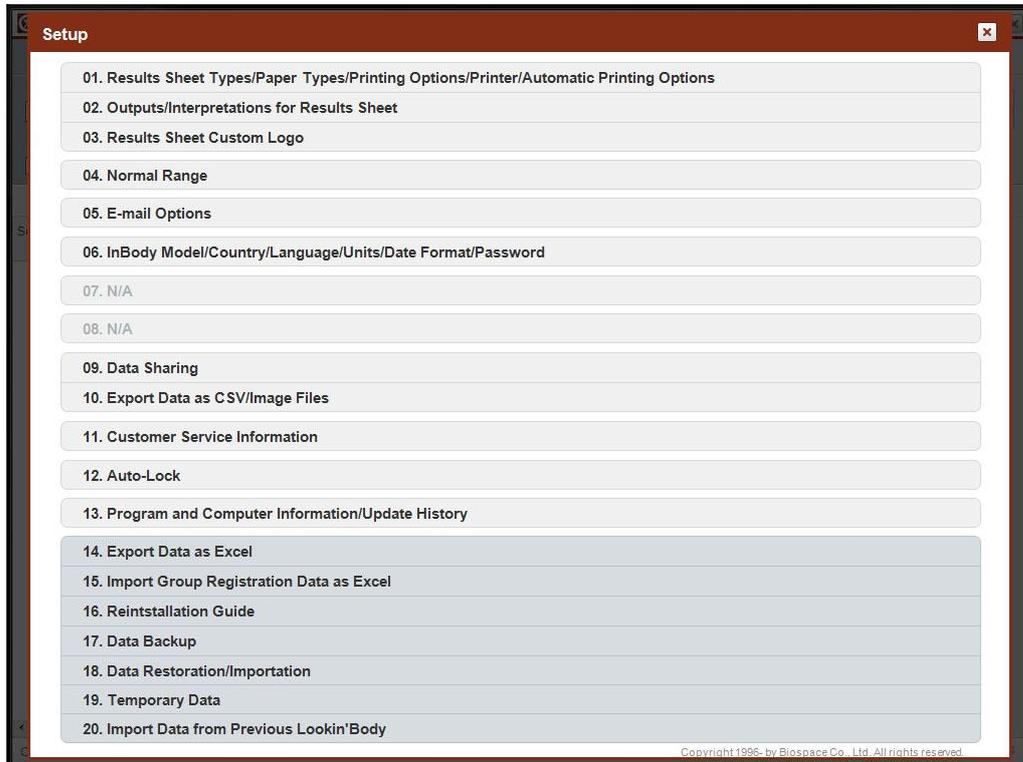
- **Add Results:** Right-click cells under Name, then click [Add Results] to create a new row right below.
- **Input Results:** Click cell to input results.
- **Edit Results:** Click cell to edit saved data.
- **Delete Results:** Click checkbox on left to select results, then click [Delete] on top right corner to permanently delete.

Select	Name	ID	Blood Glucose Test Date / Time	Blood Glucose (mg/dL)	Meal Before Test (Time Lapsed)
<input type="checkbox"/>	John Doe	130927-1	2013.10.02. 14:29	120	Fasting
<input type="checkbox"/>	John Doe	130927-1	2013.10.01. 14:29	110	Fasting

Disconnected | 1100085100000 | 10/2/2013 10:00:00 AM

III. Setup

Press the [Setup] button to access the menu shown below.



1. Results Sheet Types/Paper Types/Printing Options/Printer/Automatic Printing Options

01. Results Sheet Types/Paper Types/Printing Options/Printer/Automatic Printing Options

Select options below.

1. Select Results Sheet type to print.

InBody Results Sheet

This Results Sheet shows InBody Test results with graphs.

***When a member under 18 years old is taking the InBody Test, Would you replace the InBody Results Sheet with InBody Results Sheet for a child?**

Yes, replace the InBody Results Sheet with the InBody Results Sheet for a child

No, do not replace the InBody Results Sheet with the InBody Results Sheet for a child

This Results Sheet shows InBody Test results with graphs including Child Growth Curve.

InBody Results Interpretation

*Only available when the InBody Results Sheet is selected.

This Results Interpretation shows the explanation of the InBody Test results.

Body Composition History Results Sheet

This Results Sheet tracks body compositional change (Weight, Skeletal Muscle Mass, Body Fat Mass, Percent Body Fat, ECW Ratio, and Leg Lean Mass).

***Select the body composition history graph type.**

Recent
(A cumulative graph that shows the progress over 15 most recent results.)

Total
(A cumulative graph that shows the progress from first test results to the most recent results.)

Blood Pressure Results Sheet

*If automatic printing option is enabled under '5. Select whether to print Results Sheets automatically after each InBody Test' below, this Results Sheet will be printed automatically after the InBody Test.

This Results Sheet shows blood pressure test results with graphs.

Blood Glucose Results Sheet

*If automatic printing option is enabled under '5. Select whether to print Results Sheets automatically after each InBody Test' below, this Results Sheet will be printed automatically after the InBody Test.

This Results Sheet shows blood glucose test results with graphs.

2. Select the paper type to print.

Blank A4 Paper : Results Sheet(s) will be printed on the blank A4 paper.

InBody Paper : Results Sheet(s) will be printed on the InBody paper. Framework is color-printed.

*To adjust print alignment, click [Printing Alignment].

3. Select number of copies to print.

1 copy 2 copies

4. Select a printer.

Samsung Universal Print Driver

5. Select whether to print Results Sheets automatically after each InBody Test.

Print automatically

Do not print automatically

Save

① Results sheet types: Select the type(s) of results sheet to print. Press the [Example] button to view a sample results sheet.

- ② Paper type: Select the type of paper to print the selected Results Sheets on.
- ③ Printing Alignment: Adjust printing alignment.
- ④ Number of Copies: Select the number of copies to print.
- ⑤ Printer: Select a printer to use.
- ⑥ Automatic printing option: Select whether to print results sheets automatically after each InBody Test.

2. Outputs/Interpretations for Results Sheet

Select checkbox on the left to select outputs/interpretation printed on the results sheet.

*If the Results Sheet for Children is selected in [01. Results Sheet Types/Paper Types/Printing Options/Printer/Automatic Printing Options] of Setup, outputs/interpretations for the Results Sheet for Children can be selected as well.

02. Outputs/Interpretations for Results Sheet

Select outputs/interpretations to print on the right side of the Results Sheet. Bracketed values show required space. Check Output is a result of the InBody Test. Interpretation is an explanation of the output.

InBody **Biospace**

Free Space 17

Restore InBody Default

InBody Score Output[10] : This score shows the evaluation of your body composition, which includes muscle, fat, and water in the body.

Body Type Output[21] : The body type based on BMI and Percent Body Fat.

Weight Control Output[10] : See how your body measures up to the recommended Weight, Muscle Mass, and Body Fat Mass for a good balance. Blank spaces will be available for use if values are not printed.

With Values Without Values

Weight Control

Target Weight	75.0 kg
Weight Control	0.0 kg
Fat Control	0.0 kg
Muscle Control	0.0 kg

Weight Control

Target Weight	
Weight Control	
Fat Control	
Muscle Control	

Nutrition Evaluation Output[9] : Evaluates whether the amount of Protein, Minerals, and Body Fat is adequately distributed in the body. Check marks can be omitted per preference.

With Check Marks Without Check Marks

Nutrition Evaluation

Protein	<input checked="" type="checkbox"/> Normal <input type="checkbox"/> Deficient
Minerals	<input checked="" type="checkbox"/> Normal <input type="checkbox"/> Deficient
Body Fat	<input checked="" type="checkbox"/> Normal <input type="checkbox"/> Deficient <input type="checkbox"/> Excessive

Nutrition Evaluation

Protein	<input type="checkbox"/> Normal <input type="checkbox"/> Deficient
Minerals	<input type="checkbox"/> Normal <input type="checkbox"/> Deficient
Body Fat	<input type="checkbox"/> Normal <input type="checkbox"/> Deficient <input type="checkbox"/> Excessive

Obesity Evaluation Output[9] : Evaluates obesity based on BMI and Percent Body Fat. Check marks can be omitted per preference.

With Check Marks Without Check Marks

Obesity Evaluation

3. Results Sheet Custom Logo

03. Results Sheet Custom Logo

The top right corner is available for custom logo use.
Select logo option.

Load logo from the InBody. Text-only logo No logo

Load

Preview

Lookin'Body

ID	Height	Age	Gender	Date/Time
SAMPLE	180cm	22	Male	2013.04.29 11:33

Body Composition Analysis

	Water	Total Body Water	Lean Body Mass	Weight
Intracellular Water (i)	33.1	51.7	71.2	
Extracellular Water (e)	18.6			

Segmental Fat Analysis

Right Arm	(0.29)4.0%
Left Arm	(0.26)3.7%

Save

① Load logo from the InBody: When the InBody is connected to Lookin'Body, select 'Load logo from the InBody' to import the logo used on the InBody.

② Text-only logo: Input custom text as logo.

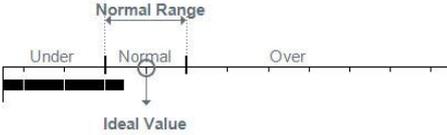
③ No logo: Logo will not be printed on the Results Sheet.

4. Normal Range

04. Normal Range

Set normal ranges below. The graph will be drawn accordingly.

• **Normal Range/Ideal Value**



• **BMI (kg/m²)**

– **Normal Range**

Option 1 (18.5 ~ 25.0) * Recommended by WHO.

Option 2 (18.5 ~ 23.0) * Recommended by WHO.

Option 3 18.5 ~ (Min 23 / Max 29)

– **Ideal Value** (Ideal BMI value may shift the ideal weight value.)

Option 1 Male 22 / Female 21.5

Option 2 Male 22 / Female 21

• **Percent Body Fat (%)** (Ideal values of percent body fat are 15% for male and 23% for female.)

– **Normal Range**

Male ~ (Min 5 / Max 14) (Min 10 / Max 50)

Female ~ (Min 5 / Max 22) (Min 24 / Max 50)

• **Waist-Hip Ratio** (Ideal WHR value is the normal range median.)

– **Normal Range**

Male ~ (Min 0.5) (Max 1.5)

Female ~ (Min 0.5) (Max 1.5)

Standard Child Growth Curve

The Growth Graph on the InBody Results Sheet for Children compares the height and weight among peers of the same age group.

Select standard child growth curve within the Growth Graph to compare with different peers.

Select the standard child growth curve type.

WHO UK



① BMI normal range/ideal value: Set the normal range for BMI, and ideal BMI value.

② Percent Body Fat normal range: Set the normal range for Percent Body Fat.

③ Waist-Hip Ratio normal range: Set the normal range for Waist-Hip Ratio.

④ Standard child growth curve: When printing the Results Sheet for Children, select the standard child growth curve for the Growth Graph.

5. E-mail Options

05. E-mail Options

Set an account to send e-mails.

1. Select account.

InBody account: E-mail using the account provided by BIOSPACE.
LookinBody@inbody.com is the default e-mail shown to members and cannot be changed.

User account: E-mail using your own account. Information below is required.

2. Input the required information.

• **Host**
* Example : mail.inbody.com

• **User**
* Example : LookinBody@inbody.com
* This e-mail address will be shown to your members.

• **Name**
* Example : InBody
* This user name will be shown to your members.

• **Password**

• **Port**
* Example : 587

• **Secure Connection** Use Do not use

To e-mail using the account provided by BIOSPACE, select 'InBody Account'. To e-mail using a personal account, select 'User Account' and enter your e-mail account information.

6. Country/Language/Units/Date Format/Password

The screenshot shows a window titled "06. InBody Model/Country/Language/Units/Date Format/Password". It contains the following configuration options:

- Select the InBody model.** A dropdown menu with "InBody570" selected.
- Select country.** A dropdown menu with "UK" selected.
- Select language.** A dropdown menu with "English" selected.
- Select unit.** Two radio buttons: "kg/cm" (selected) and "lbs/ft.in.".
- Select date format.** Three radio buttons: "Year.Month.Day." (selected), "Month.Day.Year.", and "Day.Month.Year.".
- Click the button below to set a password.** Two buttons: "Set Password for Setup" and "Set Master Password".
- Set Password for Setup:** Set a password to prevent unauthorized access to the Setup.
- Set Master Password:** Set a master password to enhance data security.
- Save:** A button at the bottom center.

① Country: Select country.

② Language: Select language.

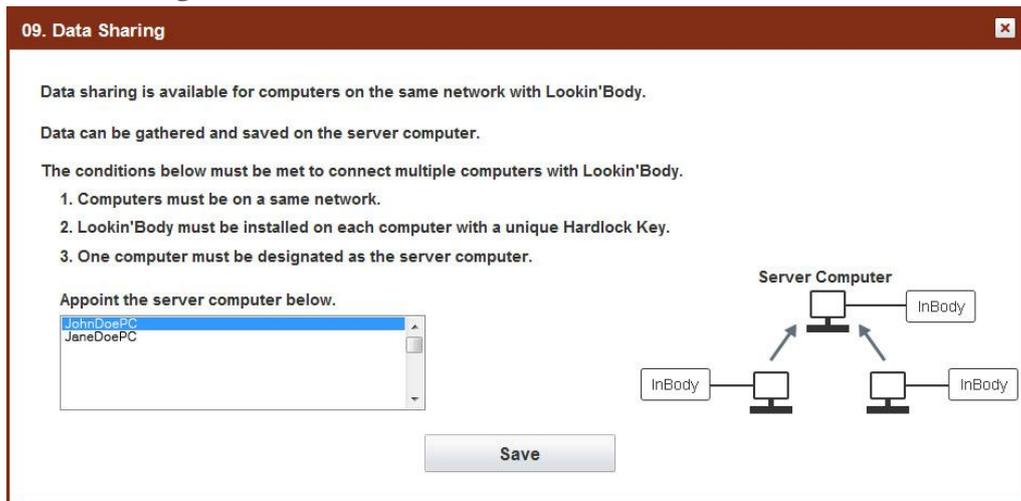
③ Units: Select measurement units for test results.

④ Date format: Select date format.

⑤ Set password for Setup: Set a password to prevent unauthorized access to Setup.

⑥ Set master password: Set a master password to enhance data security. The password is required when exporting or backing up data.

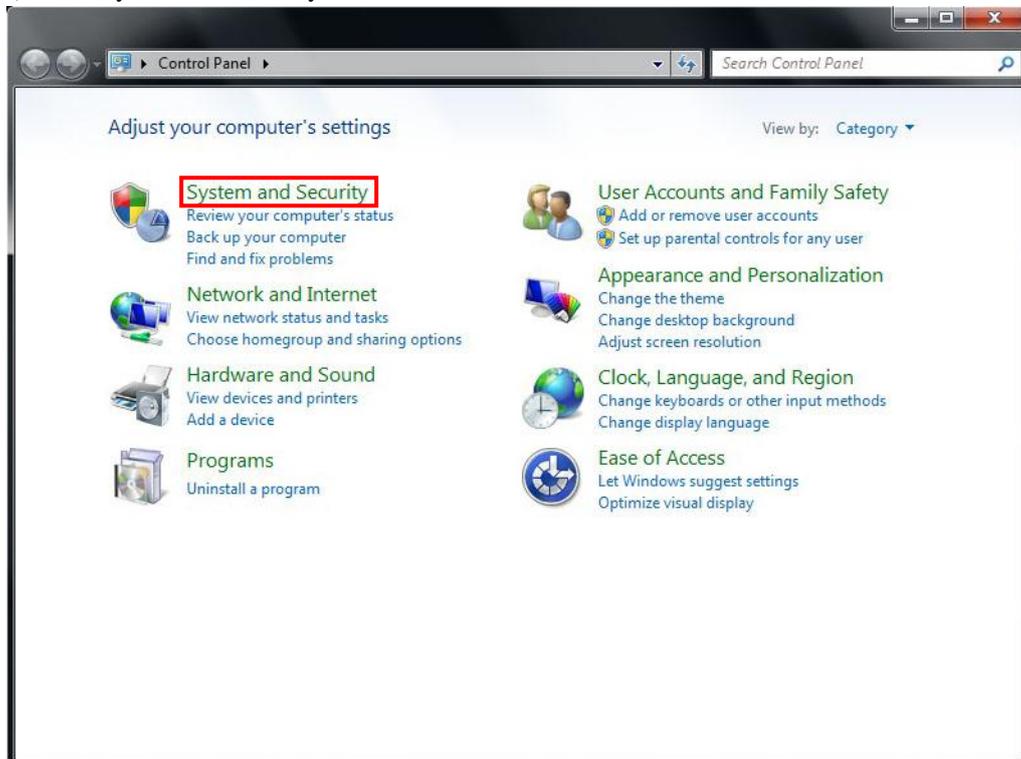
9. Data Sharing



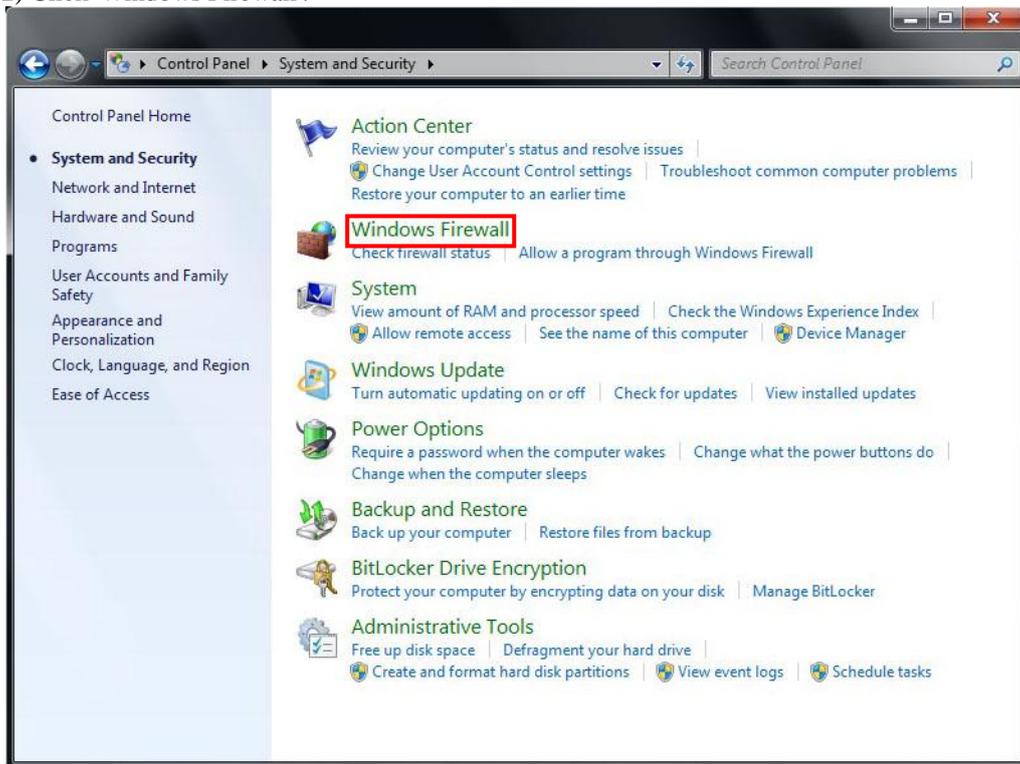
Connected computers with Lookin'Body can share data. Connected computers must designate one computer as the server computer.

* Windows Firewall may prevent Data Sharing from working properly. Follow the instructions below to turn off the Windows Firewall. BIOSPACE is not responsible for any problems that arise from turning off Windows Firewall.

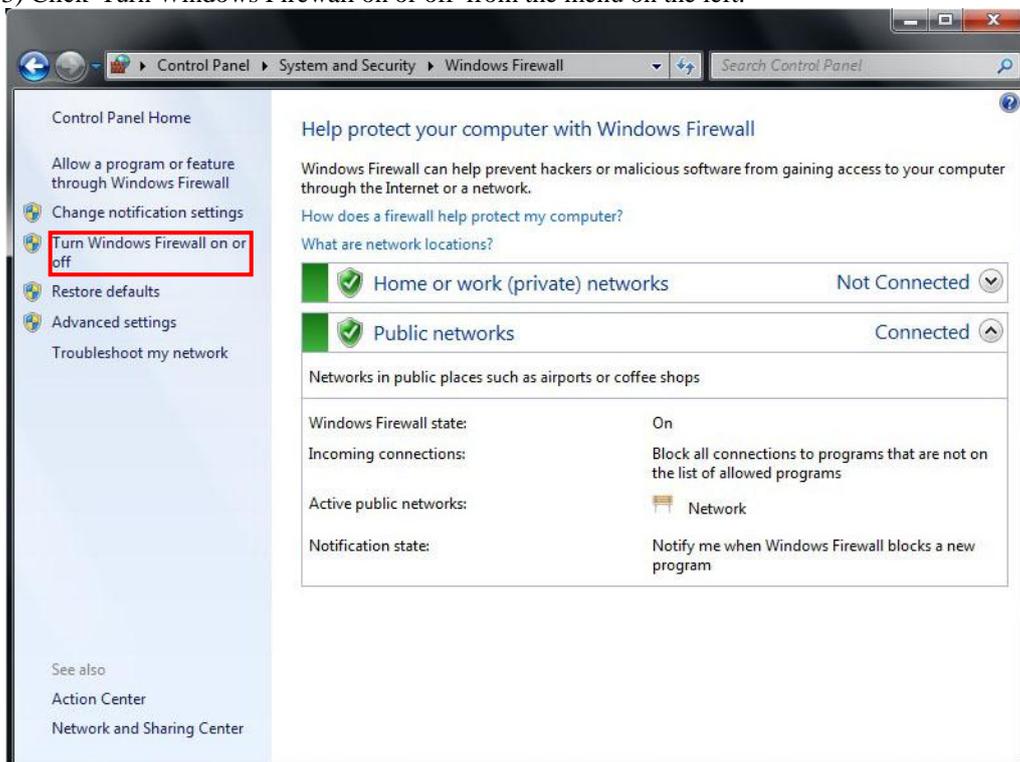
1) Click 'System and Security' of the Control Panel.



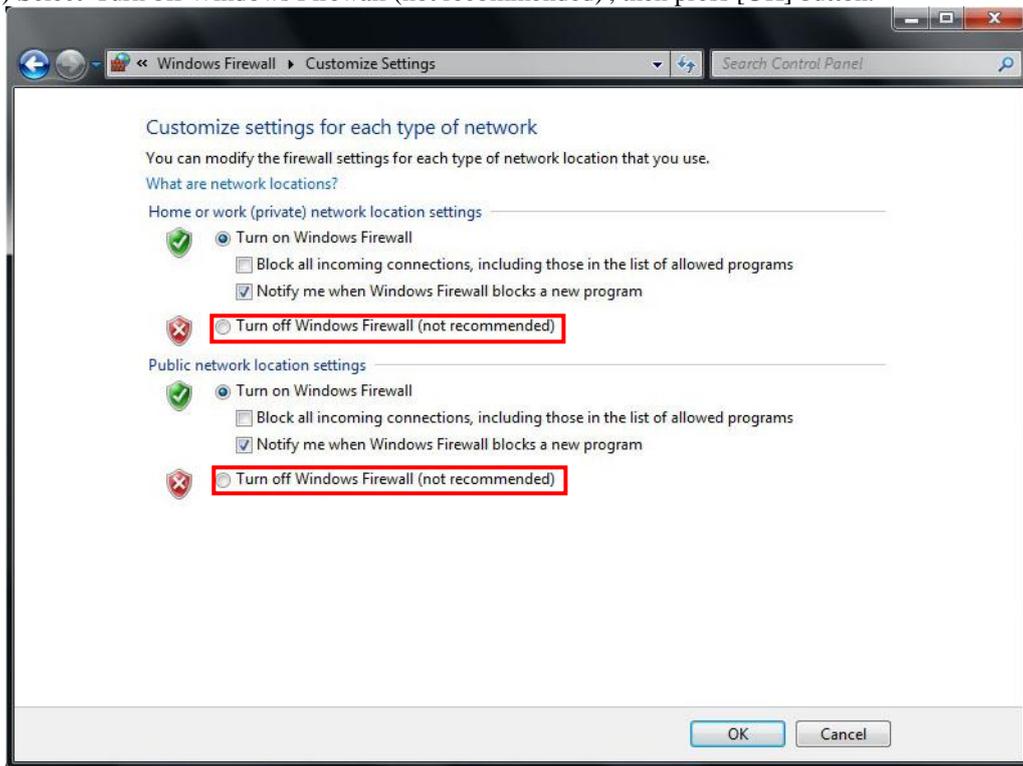
2) Click 'Windows Firewall'.



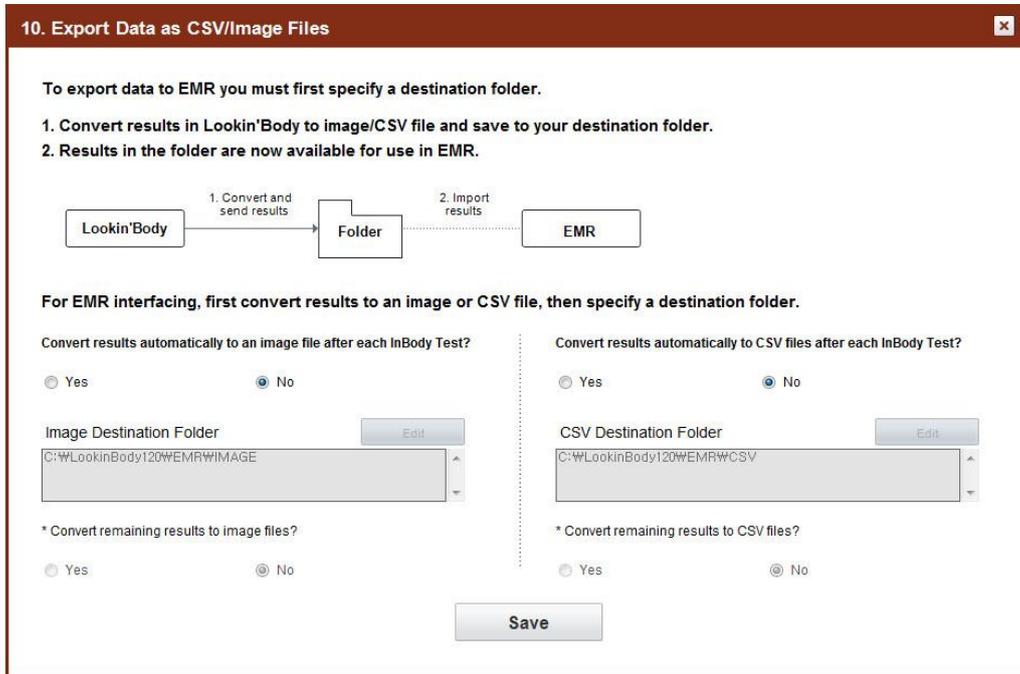
3) Click 'Turn Windows Firewall on or off' from the menu on the left.



4) Select 'Turn off Windows Firewall (not recommended)', then press [OK] button.

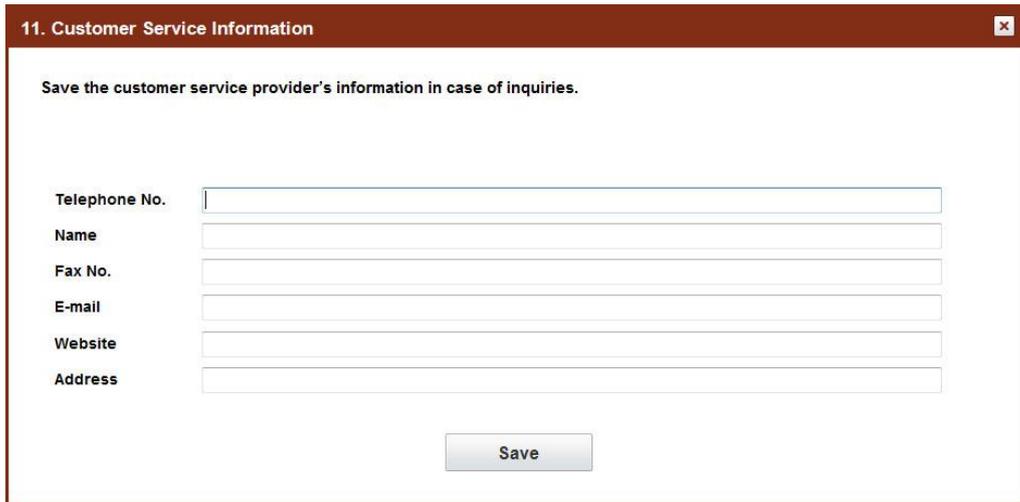


10. Export Data as CSV/Image Files



Export test results as CSV/image files.

11. Customer Service Information



11. Customer Service Information

Save the customer service provider's information in case of inquiries.

Telephone No.

Name

Fax No.

E-mail

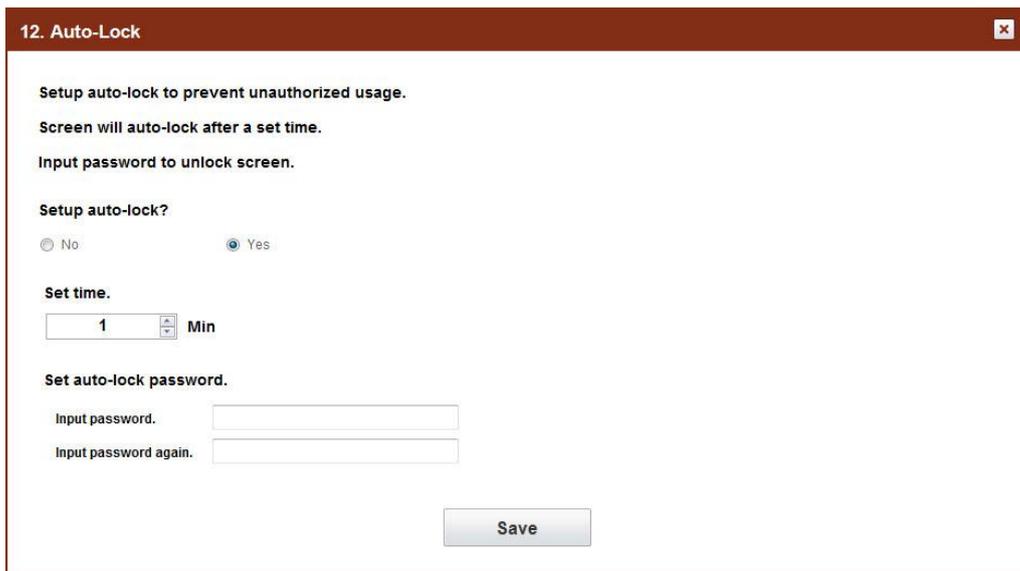
Website

Address

Save

Save the customer service provider's information for future reference.

12. Auto-Lock



12. Auto-Lock

Setup auto-lock to prevent unauthorized usage.
Screen will auto-lock after a set time.
Input password to unlock screen.

Setup auto-lock?

No Yes

Set time.

Min

Set auto-lock password.

Input password.

Input password again.

Save

Set an auto-lock to prevent unauthorized usage. Screen will auto-lock after a set time and the password will be required to unlock the screen.

13. Program and Computer Information/Update History



Check the program version, computer name and IP address, and update history.

14. Export Data as Excel



Export data saved in Lookin'Body as Excel.

15. Import Group Registration Data as Excel

15. Import Group Registration Data as Excel

Register a group of members from importing a batched group from Excel by using the provided Lookin'Body Excel file.

1. Input data in the provided Lookin'Body Excel file.

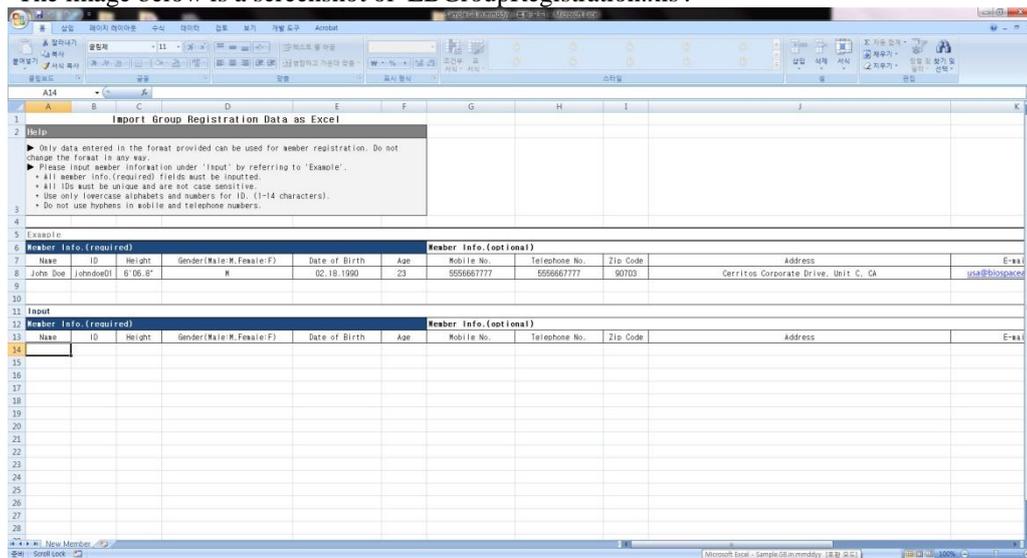
- 1) Click the button below to save the provided Excel file (LBGroupRegistration.xls) onto your Desktop.

- 2) Open the LBGroupRegistration.xls file.
- 3) Refer to instructions on the provided Excel file to register members.
- 4) Save and close the file.

2. Click the button below to import and register members from LBGroupRegistration.xls.

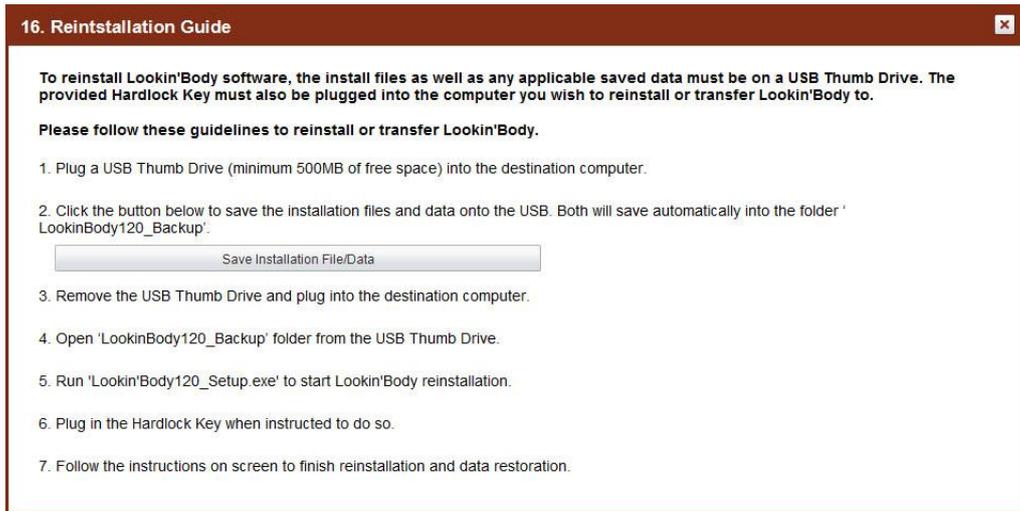
Register a group of members by entering member information on the provided Lookin'Body Excel file and importing said file on Lookin'Body.

*The image below is a screenshot of 'LBGroupRegistration.xls'.



*Lookin'Body120 supports Microsoft Excel 2003 to 2013. 'LBGroupRegistration.xls' may not be compatible with other versions of Excel.

16. Reinstallation Guide



To reinstall Lookin'Body software,

- 1) Plug a USB Thumb Drive (minimum 500MB of free space) into the destination computer.
- 2) Press the [Save Installation File/Data] button to save the installation files and data onto the USB. Both will save automatically into the folder 'LookinBody120_Backup'.
- 3) Remove the USB Thumb Drive and plug into the destination computer.
- 4) Open 'LookinBody120_Backup' folder from the USB Thumb Drive.
- 5) Run 'Lookin'Body120_Setup.exe' to start Lookin'Body reinstallation.
- 6) Plug in the Hardlock Key when instructed to do so.
- 7) Follow the instructions on screen to finish reinstallation and data restoration.

17. Data Backup



Press the [Data Backup] button to backup Lookin'Body data. Data can be used when reformatting, transferring data, or reinstalling Lookin'Body.

18. Data Restoration/Importation

18. Data Restoration/Importation ✕

Data Restoration will restore member information, test results, and user settings from a previous Lookin'Body backup file. Data Importation will import saved data from the InBody by using a USB Thumb Drive.

1. Restore data from a previous Lookin'Body backup file

- 1) Click [Data Restoration/Importation] below.
- 2) Select the folder that has the backup file.

2. Import data saved from the InBody by using the USB Thumb Drive

- 1) Click [Data Restoration/Importation] below.
- 2) Select the USB Thumb Drive used to export data from the InBody. Click the 'inbody' folder, then select the 'lookinbody' folder.

Click the button below to restore data.

Restore data from a previous Lookin'Body backup file.

19. Temporary Data

19. Temporary Data ✕

Temporarily saved test results are shown below

To save test results in Lookin'Body

1. Input ID, height, date of birth (or age), and gender.
2. Click the checkbox on the left to select data, then click [Save] at the bottom.

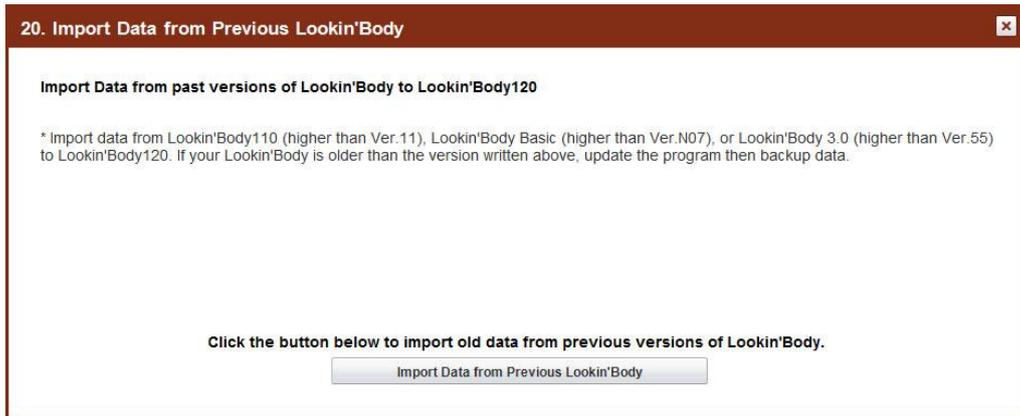
*If the InBody Test was taken without entering age or gender, the results cannot be saved. Only member information will be saved.

To delete temporary data, select the checkboxes respective to said data, then click the [Delete] located on the top right corner.

Select	Name	ID	Height (ft.in.)	Date of Birth or Age				Gender	Test Date / Time
				Date of Birth			Age		
				Month	Day	Year			
<input type="checkbox"/>									

Results that are missing required information to be saved as a result on Lookin'Body are stored here temporarily. Enter missing required information to save on Lookin'Body.

20. Import Data from Previous Lookin'Body



Import data from Lookin'Body110 (higher than Ver.11), Lookin'Body Basic (higher than Ver.N07), or Lookin'Body 3.0 (higher than Ver.55) to Lookin'Body120.

IV. Specification

A. Lookin'Body120

1. Functions

Member Management	Save, search, edit member information Print results sheets and e-mail
Body Composition Data Management	View body composition data Manage data
Blood Pressure Test Data Management	Save test results when connected to the Blood Pressure Monitor from Biospace Co., Ltd Input blood pressure test results View or edit data Blood pressure test results interpretation Manage data
Blood Glucose Test Data Management	Input blood glucose test results View or edit data Blood glucose test results interpretation Manage data
Other Functions	Data sharing (for computers on a same network) Export data as CSV/Image files Lookin'Body S Automatic updates Export data as Excel Data backup & restoration
Results Sheet	InBody Results Sheet - InBody Results Sheet - InBody Results Sheet for Children - Body Composition History Results Sheet - InBody Results Interpretation Blood Pressure Results Sheet - Blood Pressure Results Sheet Blood Glucose Results Sheet - Blood Glucose Results Sheet

2. System Requirements

Operating System	Microsoft Windows XP SP3/ Windows Vista SP1/ Windows 7 (32bit/64bit)/ Windows 8 (32bit/64bit)
Processor	1.7GHz or faster processor recommended
Hard Disk	1GB or greater HDD free space
Memory	1GB RAM or greater
Resolution	1024 x 768
Input Device	Keyboard, mouse
Connection Method	Serial (RS-232C) USB LAN Wi-Fi Bluetooth

* Specifications can be changed without a prior notice.

B. Lookin'Body Bluetooth Dongle (InBT-USB)

USB Version	Supports USB 2.0 full speed
Bluetooth Version	Bluetooth Version 2.1 + EDR, Class 1
Antenna Type	Antenna embedded
Frequency Range	2.4GHz ISM
Operating Range	Up to 100m without any interference, 10-20m for indoor use with interference
Transmission Intensity	+17 dBm
Reception Intensity	-86 dBm
Supporting Service	Serial Port Protocol (SPP), Dial-up Networking Profile (DUN), OBEX Object Push, Profile (OPP), OBEX File Transfer Profile (FTP), Human Interface Device Profile (HID), Phone Book Access Profile (PBAP), Health Device Profile (HDP), Device Identification Profile (DI), Service Discovery Protocol (SDP)

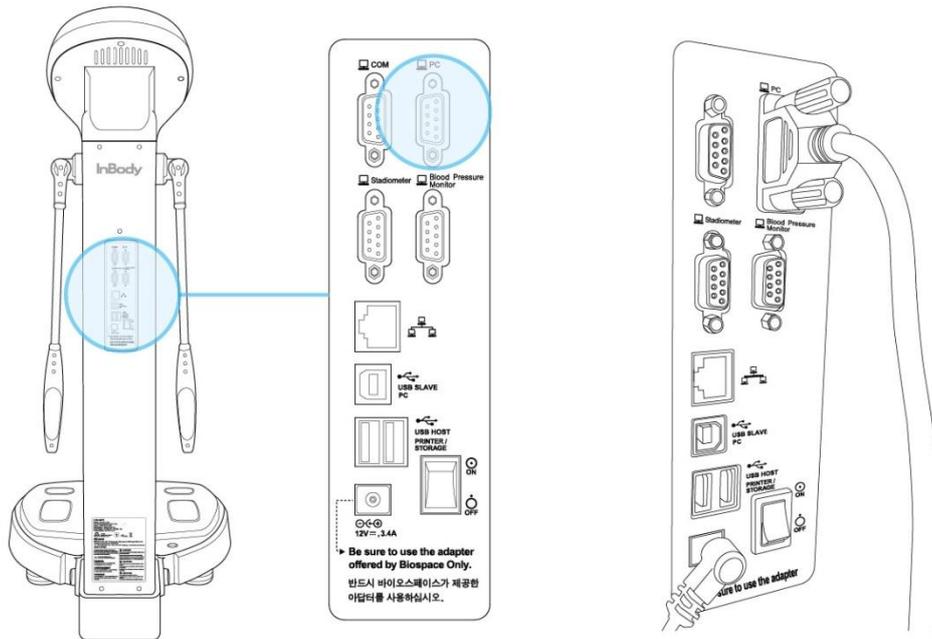
V. Appendix

A. Connecting Lookin'Body120 to the InBody570

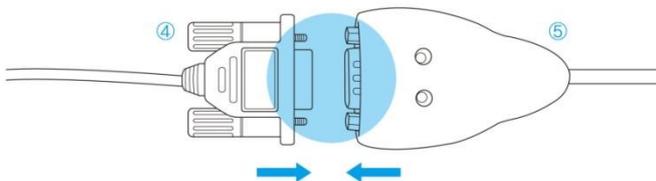
1. Serial

*Serial cable is optional.

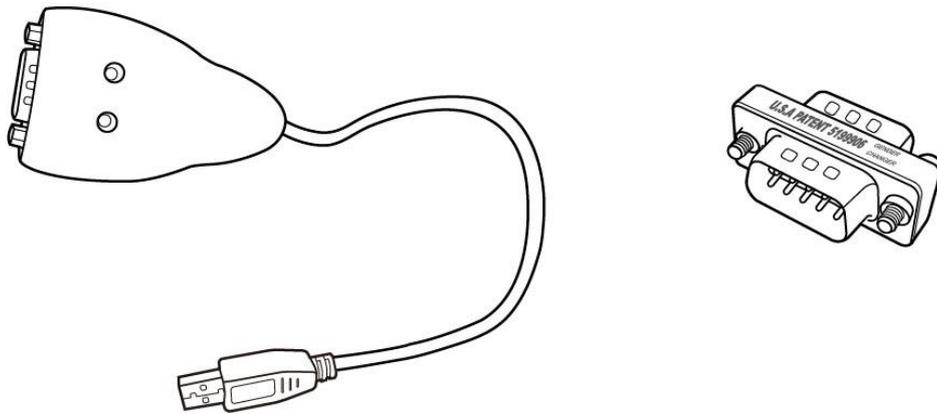
1) Plug the serial cable into the designated port on the back of the InBody.



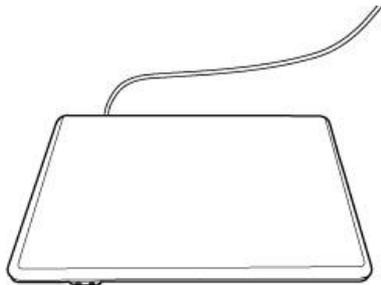
*If your computer or laptop does not have the serial port, you may need to use a Serial to USB Converter. Connect the serial cable to the Serial to USB Converter and plug the other end of the serial cable into the designated port on the back of the InBody.



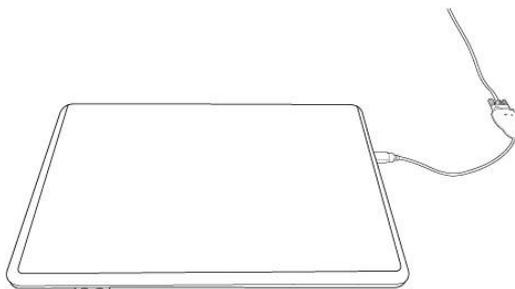
*If the gender of the serial port of your computer or laptop is not correct, you may need to use a Serial to USB Converter or Serial Gender Converter.



2) Plug the other end of the serial cable into the serial port of your computer or laptop.



*When using a Serial to USB Converter, plug the USB end of the Serial to USB Converter into the USB port of your computer or laptop.



3) Check if the connection is completed like the picture below.

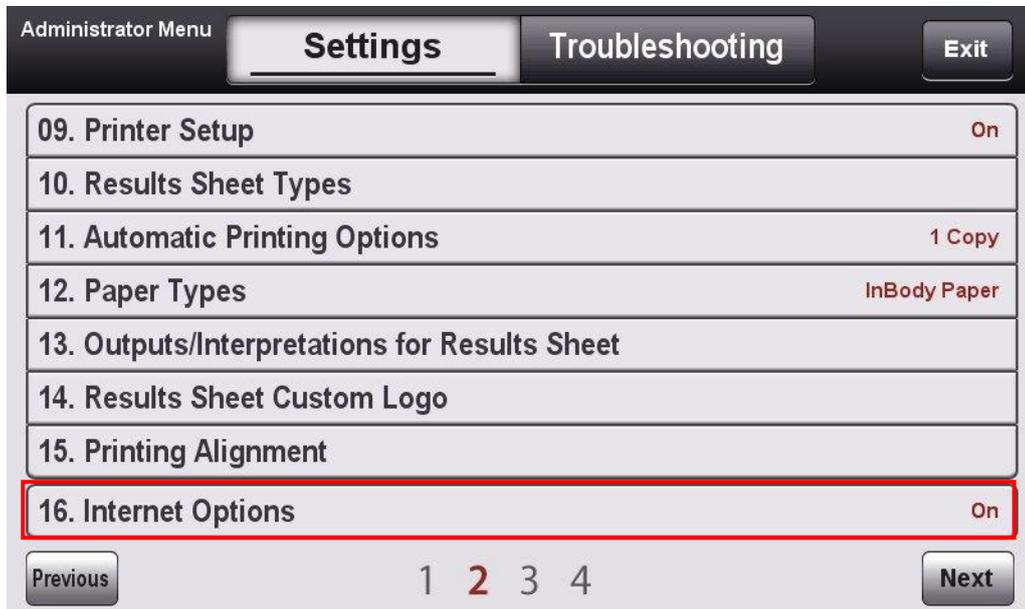


2. LAN

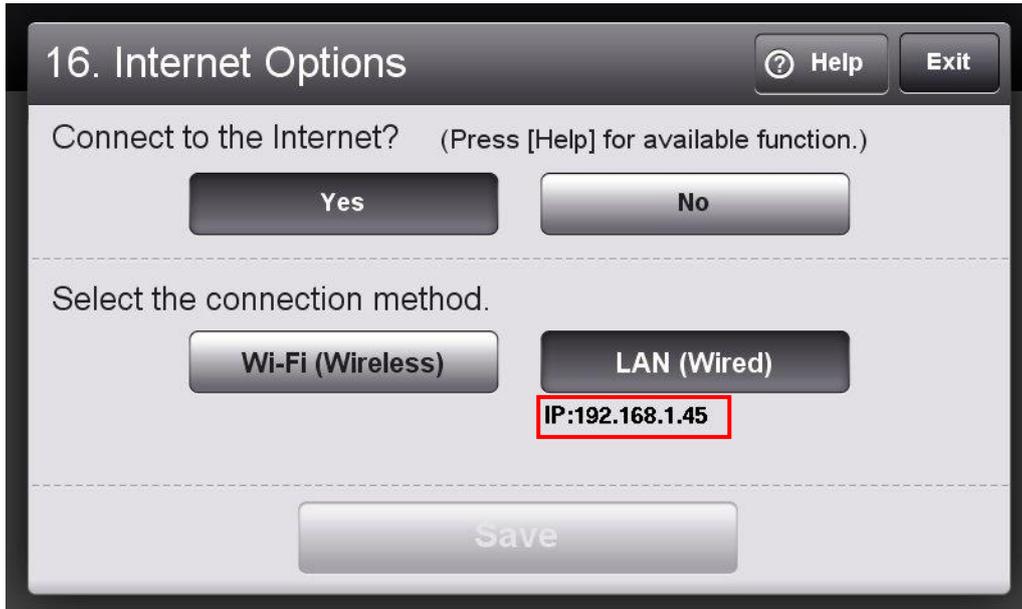
1) Connect the computer or laptop to your Internet network.

2) Connect the InBody to the same Internet network using [LAN (Wired)]. Go to the InBody's Administrator Menu → [Setup] → [16. Internet Options].

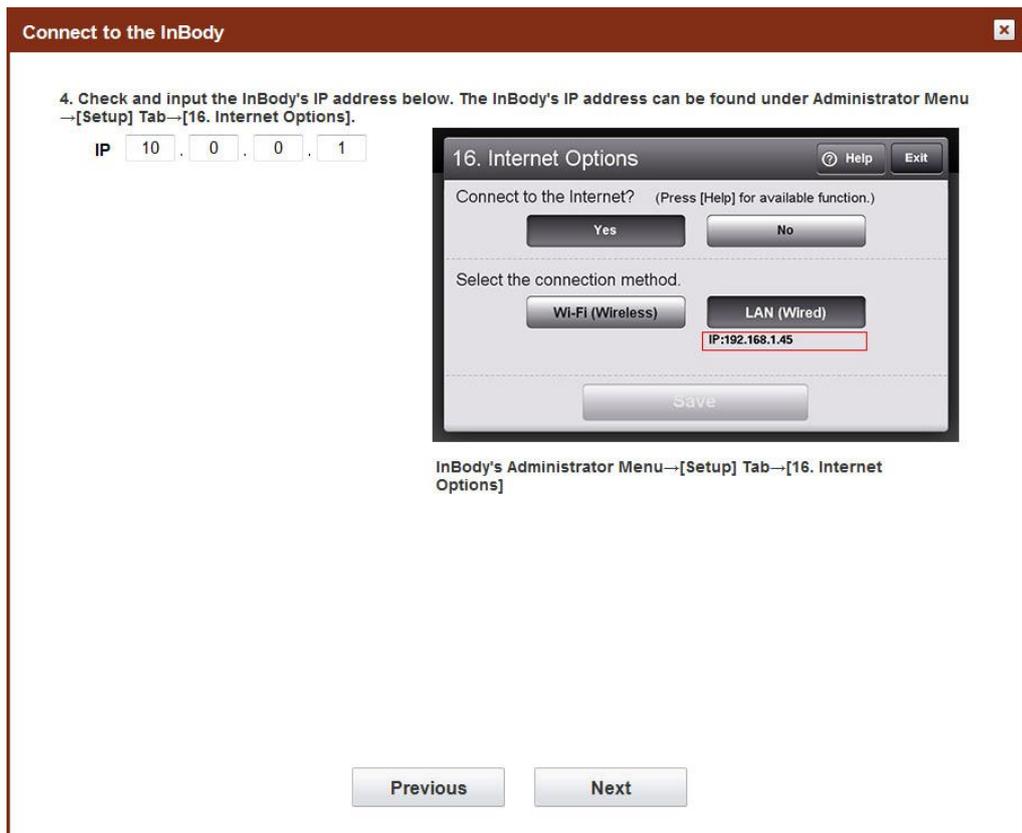
*The InBody and the computer or laptop must be connected to the same network.



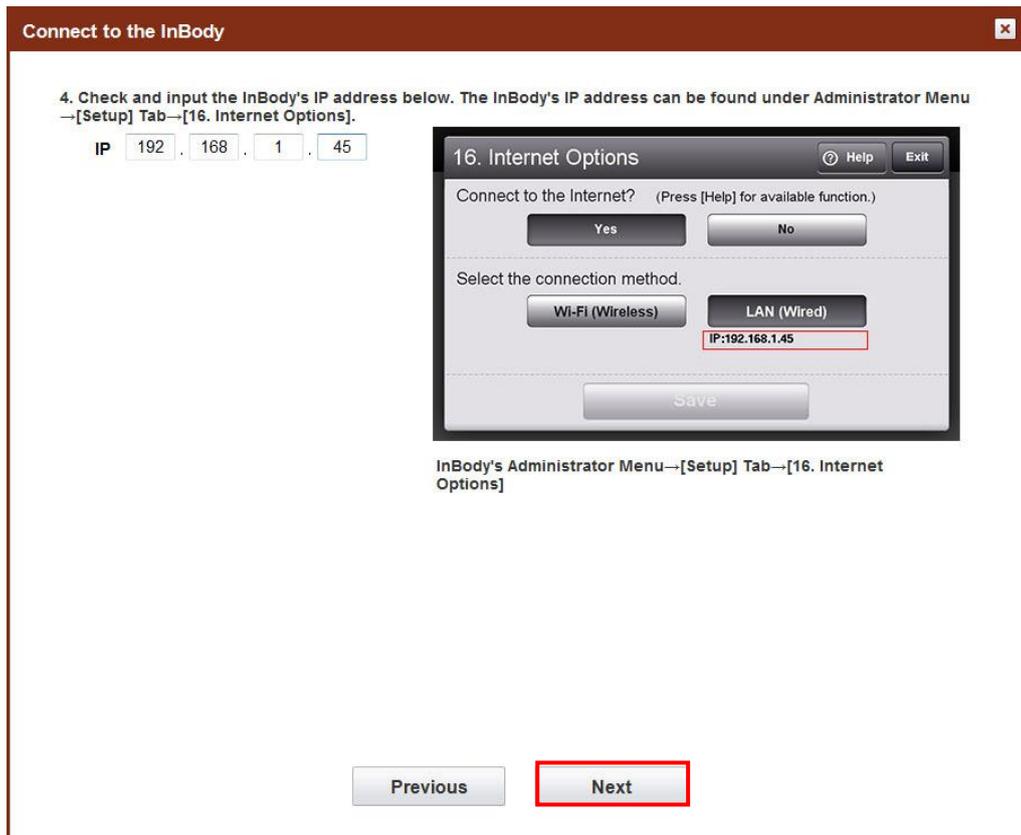
3) Check the InBody's IP as shown in the picture below.



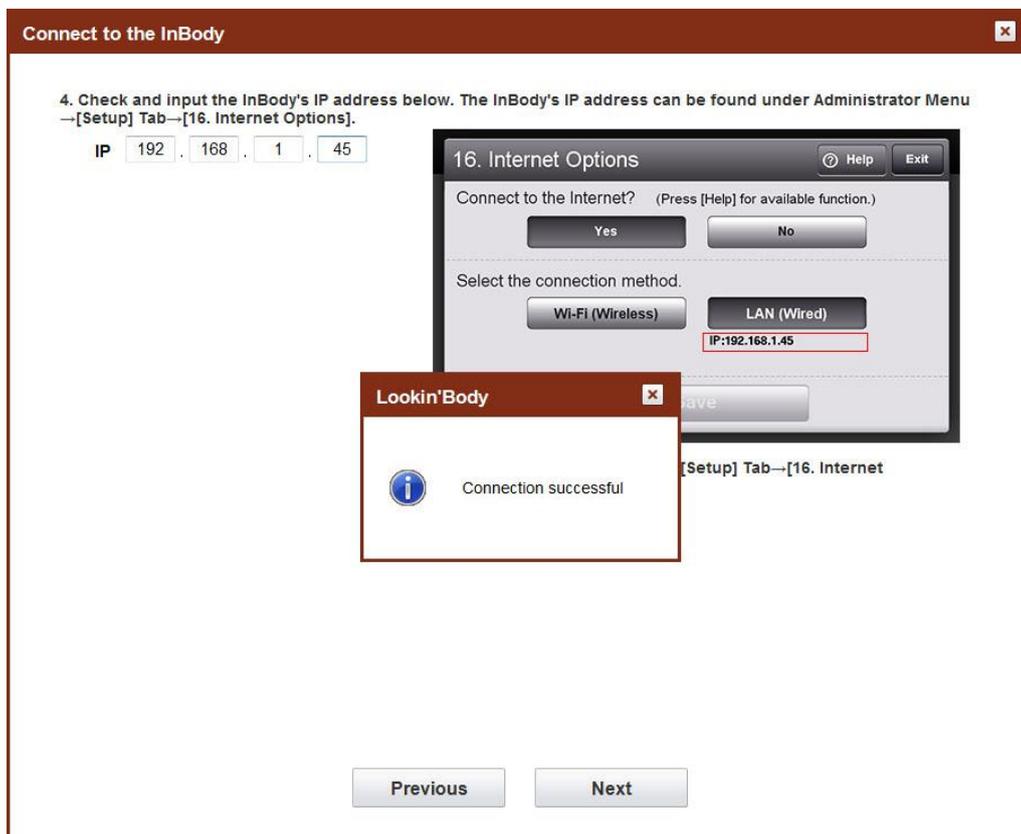
4) When installing Lookin'Body120, input your InBody's IP when the screen below is shown.



5) Press the [Next] button to check the connection with the InBody.

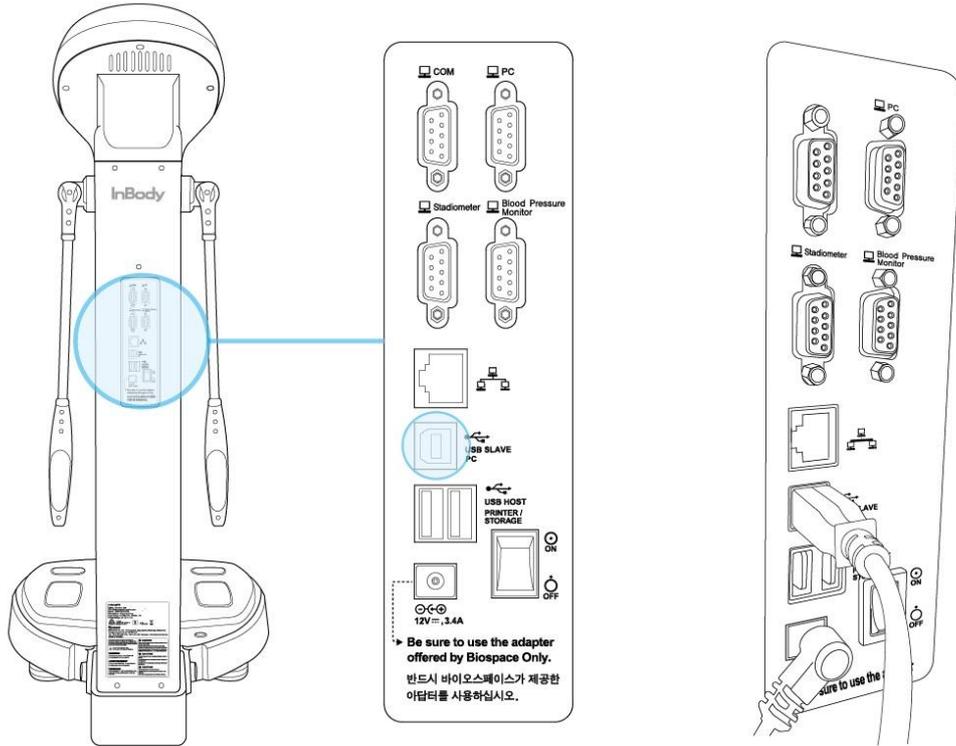


6) When the InBody is connected to Lookin'Body, the popup window below will be appear.

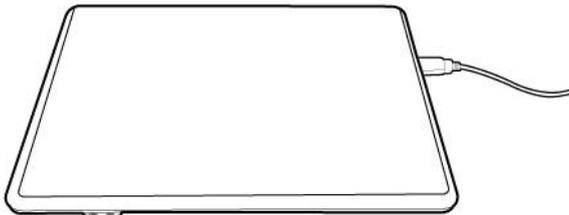


3. USB

1) Plug the USB slave end of the USB cable into the designated port on the back of the InBody.



2) Plug the USB host end of the USB cable into the USB port of your computer or laptop.

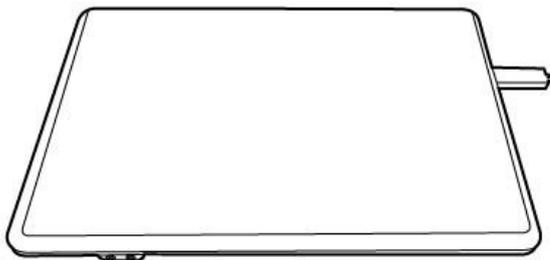
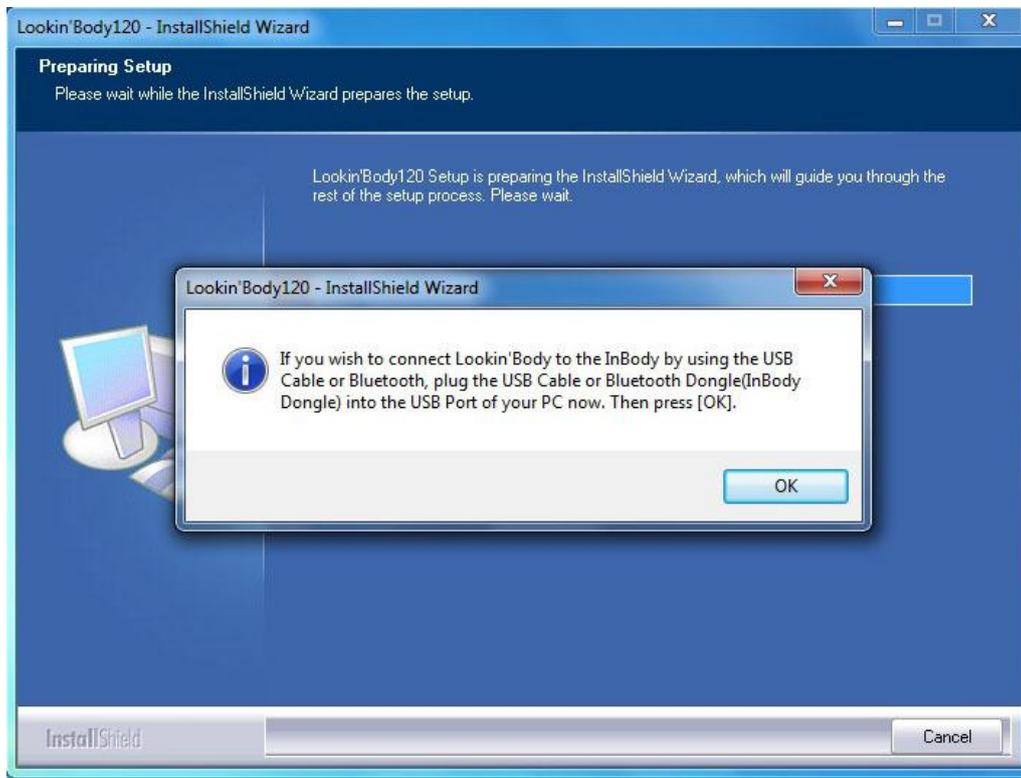


3) Check if the connection is completed like the picture below.

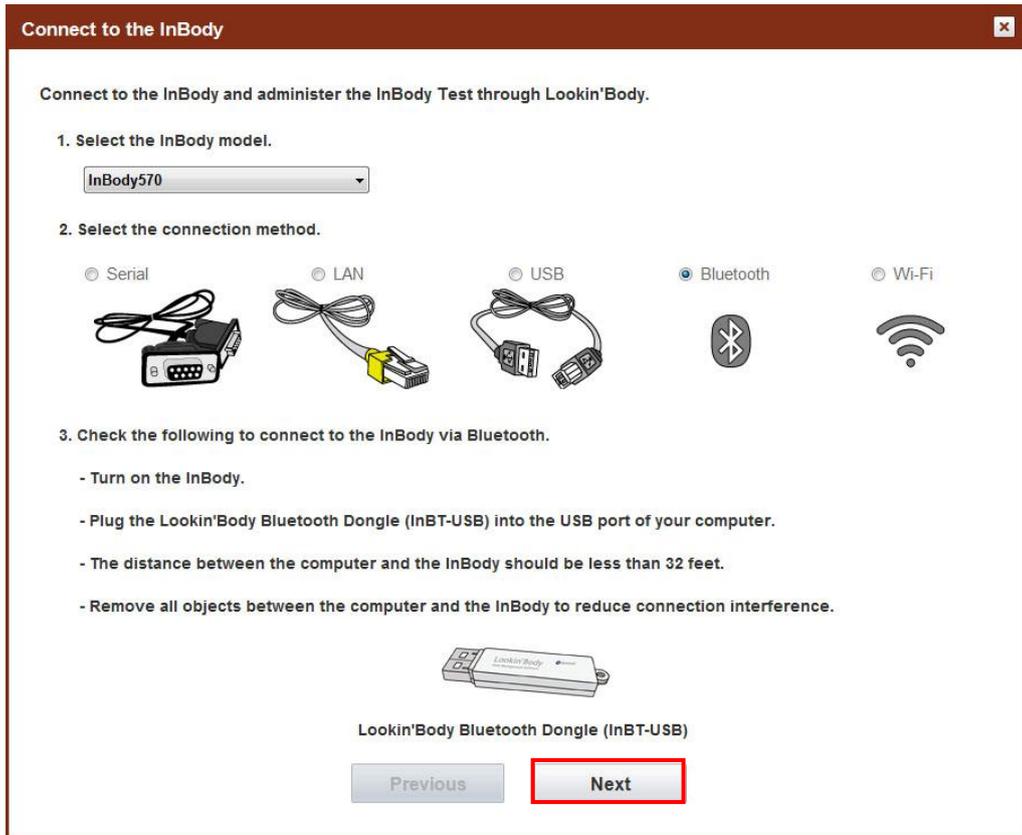


4. Bluetooth

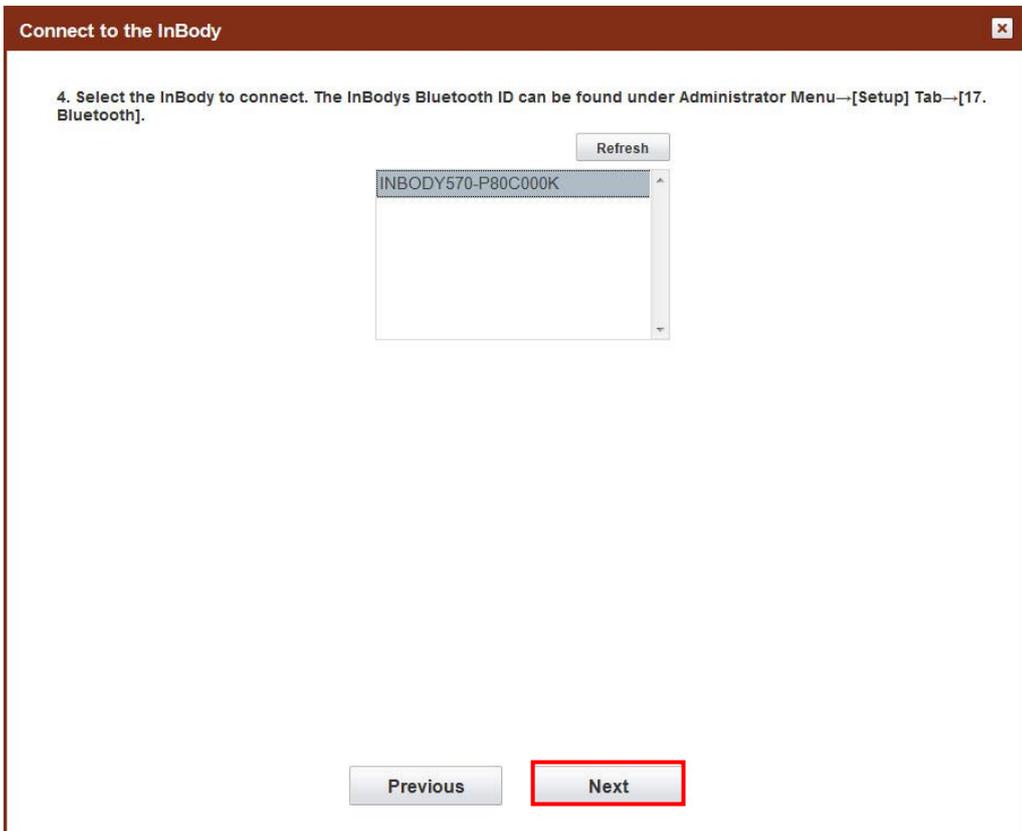
1) When installing Lookin'Body120, plug the Lookin'Body Bluetooth Dongle (InBT-USB) into the USB port of your computer or laptop when the screen below is shown.



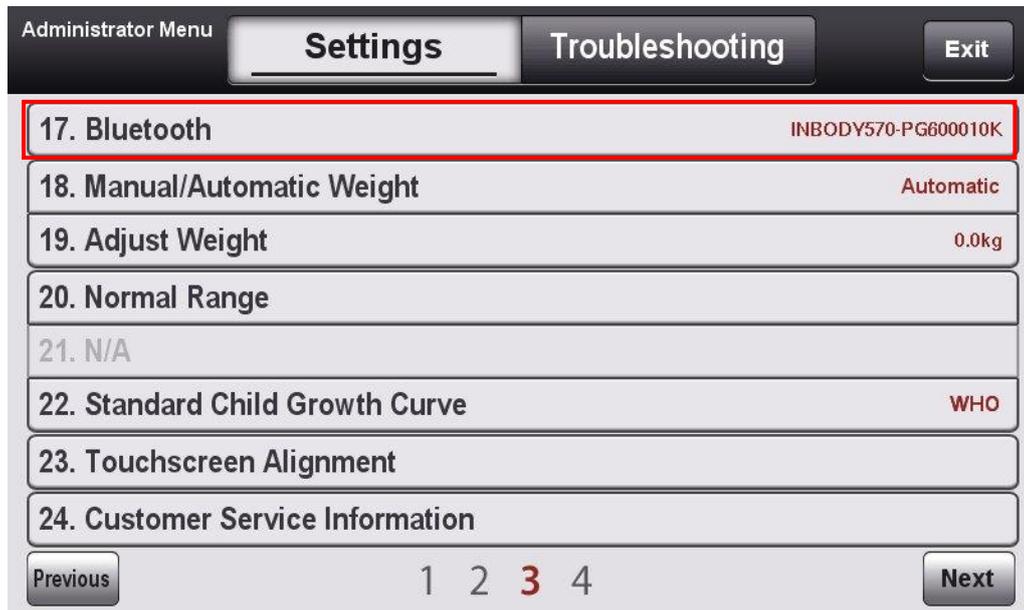
2) Select 'Bluetooth', then press the [Next] button if the screen below appears.



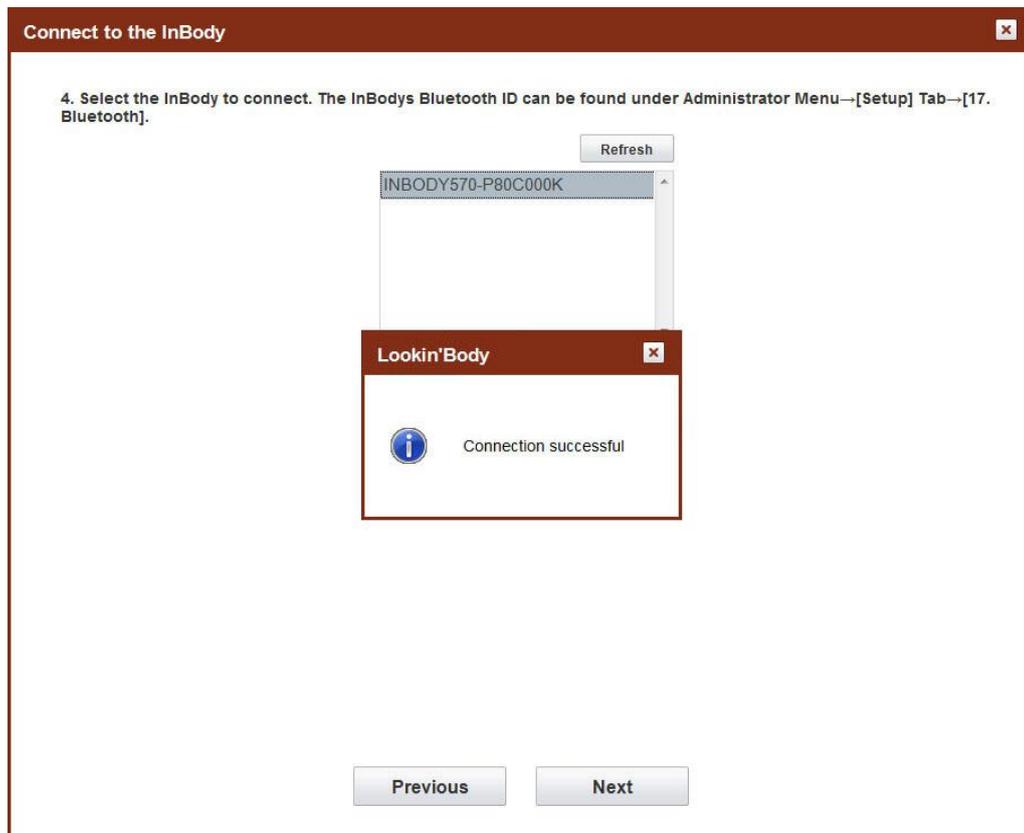
3) Wait until Lookin'Body searches for the InBody to connect. Select the InBody to connect to from the list, then press the [Next] button.



* To check the Bluetooth ID of the InBody, go to the InBody's Administrator Menu→[Setup]→[17. Bluetooth].



4) When the InBody is connected to Lookin'Body, the popup window below will appear.

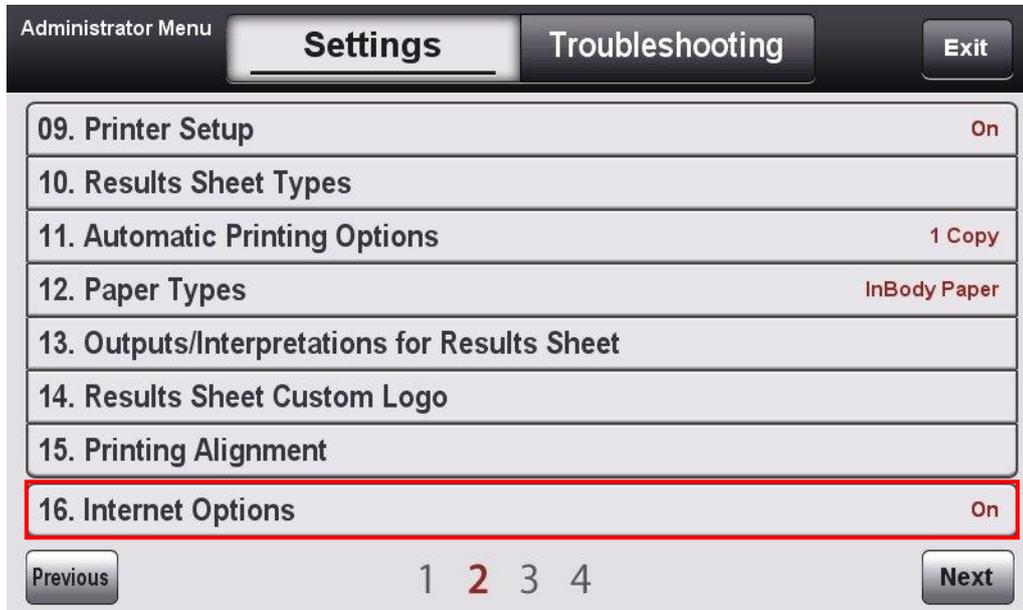


5. Wi-Fi

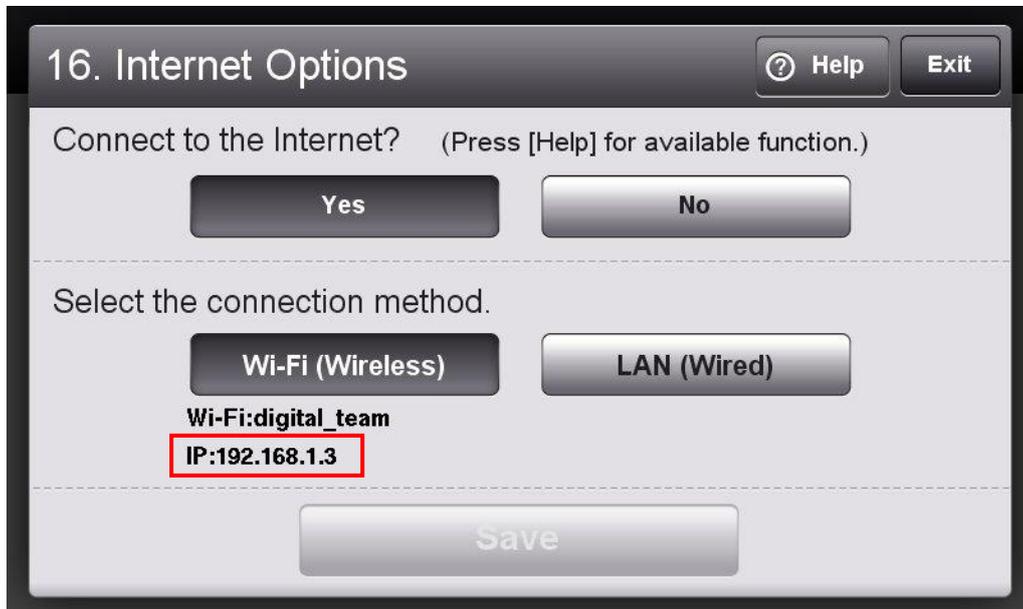
1) Connect the computer or laptop to the Internet.

2) Connect the InBody to the Internet using [Wi-Fi (Wireless)]. Go to the InBody's Administrator Menu→[Setup]→[16. Internet Options].

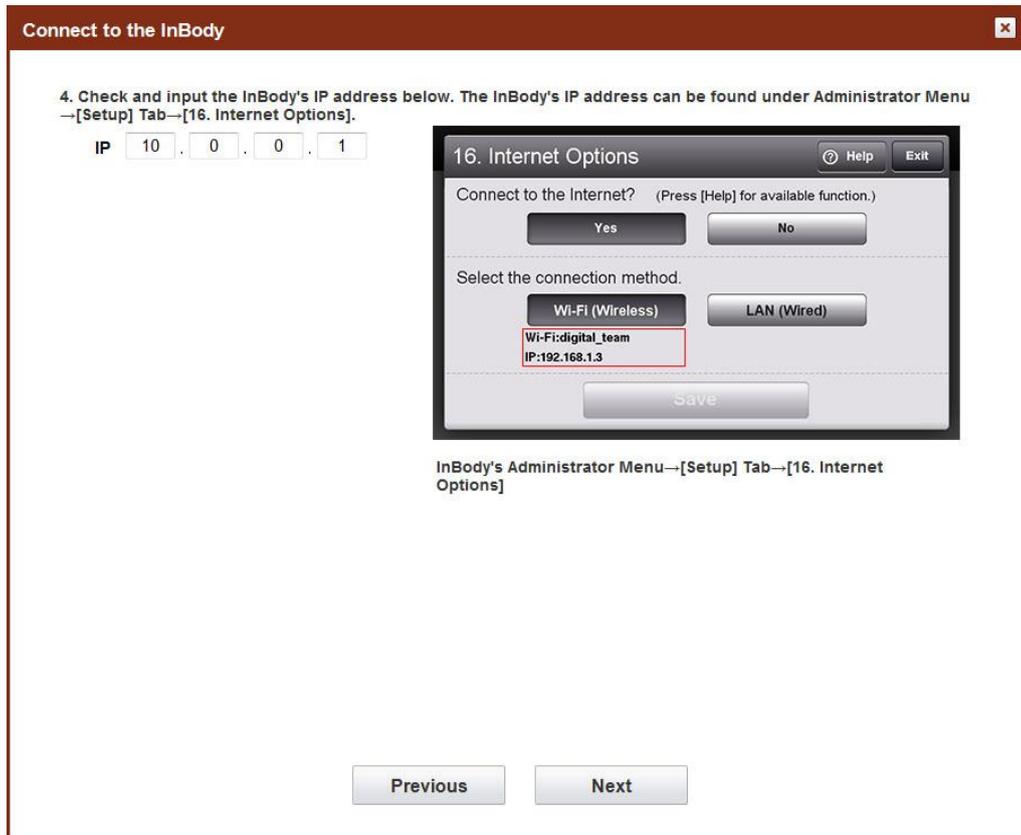
*The InBody and the computer or laptop must be connected to the same network.



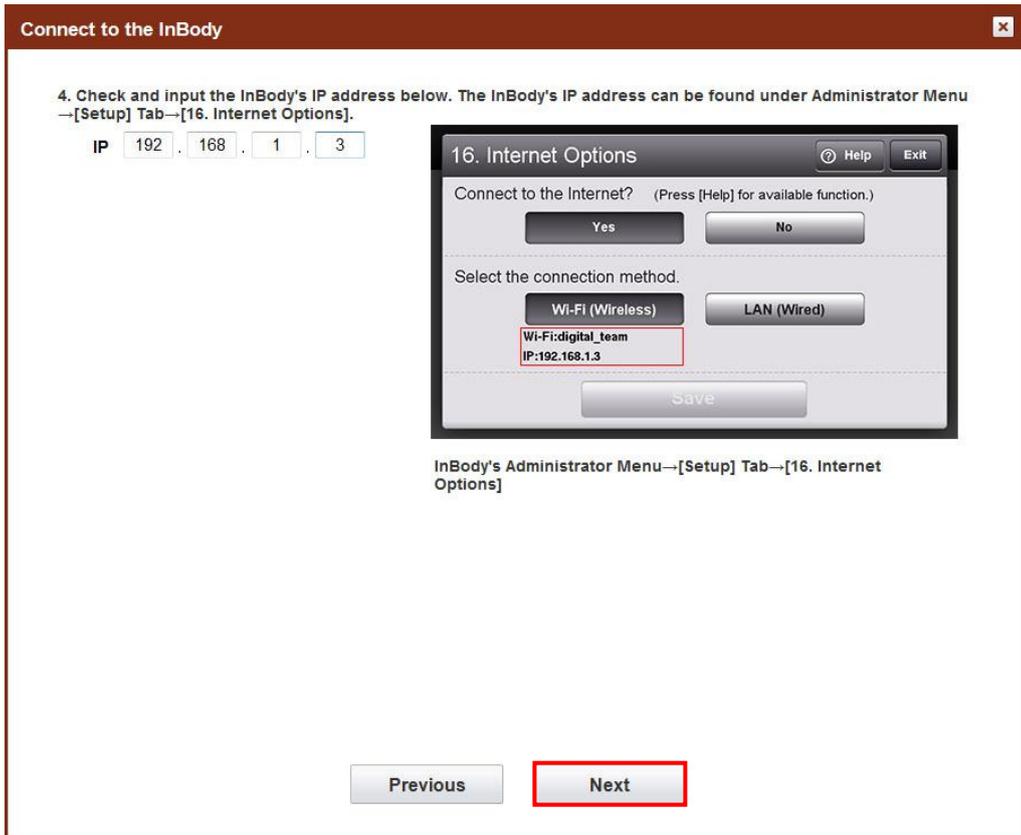
3) Check the InBody's IP as shown in the picture below.



4) When installing Lookin'Body120, input your InBody's IP when the screen below is shown.



5) Press the [Next] button to check the connection with the InBody.



6) When the InBody is connected to Lookin'Body, the popup window below will appear.

